**Supplementary Table:** Questionnaire items for variables assessed in the Child Nutrition Questionnaire and Computer-assisted Telephone Interview (CATI)

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| **Scale** | **Items**  | **Score****Range** |
| **DIETARY INTAKE SCORES** |
| **Fruit intake** (3-items) | (1) Consumption of fruit at recess/lunch/after school, (2) Variety of fruits consumed yesterday, (3) Usual serves of fruit per day | 0 - 16 |
| **Vegetable intake**(3-items) | (1) Consumption of vegetables at recess/lunch/after school(2) variety of vegetables consumed yesterday(3) usual serves of vegetables per day | 0 - 13 |
| **Healthy behaviours** (5-items) | No. times p/week: (1) Eat breakfast, (2) Carry water bottle, (3) Help with groceries, (4) Help prepare dinner, (5) Eat dinner with family | 4 – 20 |
| **INTRAPERSONAL (CHILD)** |
| **Self-efficacy for healthy eating**(6-items) | 1. I could eat healthy foods if friends didn’t
2. I could eat healthy foods if others made fun
3. I could eat healthy foods if parents didn’t encourage
4. I could eat healthy foods when out with friends
5. I could choose healthy option when eating takeaway
6. I care a lot about eating healthy foods
 | 6 - 30 |
| **Attitude to fruit a**(5-items) | 1. Eating fruit makes me feel healthy
2. I like the taste of most fruit
3. Fruit is an easy snack
4. I like tasting new fruits
5. It is cheaper to buy fruit than chips/choc
 | 5 - 25 |
| **Attitude to vegetables a**(4-items) | 1. Eating veg makes me feel healthy
2. I like the taste of many vegetables
3. I like tasting new veg
4. It is easy to prepare veg
 | 4 - 20 |
| **Cooking skills** (2 items) | 1. Your child has developed basic cooking skills.
2. Your child has very good cooking skills. For instance, could cook an evening meal
 | 2 - 8 |
| **PARENT** |  |
| **Parent fruit & vegetable intake a** (2-items) | How many serves of fruit/vegetables do you usually eat each day? | - |
| **Parents nutrition knowledge b**(8-items) | 1. Milk and milk products like cheese and yoghurt are the best sources of iron
2. Meat, chicken, fish and eggs should make up the largest part of the diet
3. A diet high in fruit & vegetables & low in salt may prevent high blood pressure
4. Salt-reduced foods are healthier than foods containing a lot of salt
5. Dietary fibre can help prevent constipation
6. Meat, chicken and fish are the best sources of calcium
7. Saturated fats are found in butter and lard
8. A diet high in saturated fat can help prevent heart disease
 | 0 - 8 |
| **Parent health consideration**(6-items) | 1. You think it is important to have a healthy diet
2. You think it is important that your child has a healthy diet
3. Your child eating fruit and vegetables is a high priority for you
4. You feel that it is important to teach your child about healthy eating
5. You talk to your child about healthy eating
6. You encourage your child to make healthy food choices
 | 4 - 24 |
| **Parent self-efficacy for healthy eating**(4 items) | How confident are you that you could:1. Shop regularly for healthy, nutritious food?
2. Prepare and cook healthy nutritious foods for your family?
3. Choose healthy foods when eating out or buying takeaway with your family?
4. Find time to prepare healthy meals for your family even when very busy?
 | 4 - 16 |
| **Barriers to healthy eating**(5 items) | How much do the following interfere/prevent you/ your family eating a healthy diet?1. Lack of cooking or food preparation skills
2. Lack of knowledge on what to buy
3. Lack of motivation to buy or eat healthy foods
4. You don’t have time to shop for, or prepare and cook healthy foods
5. Your kitchen isn’t very well set-up so it isn’t easy to prepare family
 | 4 - 20 |
| **Parent cooking skills** (2 items) | 1. You have good cooking skills
2. You enjoy cooking
 | 2 - 8 |
| **Authoritative parenting d**(6 items) | How much are the following statements just like your mum?1. She gives reasons for the rules she makes
2. She is interested in what I am learning at school
3. She praises me for doing a good job on things
4. She believes in having rules and sticking to them
5. She listens to what I have to say
6. She makes it clear how I should behave
 | 6 - 24 |
| **Non-authoritative parenting d**(3-items) | How much are the following statements just like your mum?1. She wants to decide everything for me
2. She is always telling me what to do
3. She expects me to be good at everything I do
 | 3 - 12 |
| **Monitoring e** (4-items) | How often do you keep track of the:1. Sweets that your child eats?
2. Snack food that your child eats?
3. High-fat foods that your child eats?
4. Sweetened beverages that your child consumes?
 | 4 - 20 |
| **Restriction e**(6-items) | 1. You have to watch out that your child does not eat too many sweets
2. You have to watch out that your child does not eat too many high fat foods
3. You have to watch out that your child does not eat too much favourite foods
4. You intentionally keep some foods out of your child’s reach
5. If you did not guide your child’s eating, they would eat too many junk foods
6. If you did not guide your child’s eating, they would eat too much favourite foods
 | 6 - 30 |
| **Pressure to eat e** (4-items) | 1. Your child should always eat all of the food on his/her plate
2. You have to be especially careful to make sure your child eats enough
3. If your child says “I’m not hungry”, you try to get him/her to eat anyway
4. If you did not guide or regulate your child’s eating, he/she would eat much less than they should
 | 4 - 20 |
| **Perceived responsibility e** (3-items) | 1. When your child is at home, how often are you responsible for preparing his/her meals?
2. How often are you responsible for deciding what your child’s portion sizes are?
3. How often are you responsible for deciding if your child has eaten the right kinds of foods?
 | 3 - 15 |
| **Food as reward e** (2-items) | 1. You offer sweets to your child as a reward for good behaviour
2. You offer your child his/her favourite foods in exchange for good behaviour
 | 2 - 10 |
| **HOME ENVIRONMENT** |
| **Family barriers to healthy eating** (4 items) | 1. You find it difficult to get your child to eat fruit every day
2. You find it difficult to get your child to eat vegetables every day
3. Your children don’t like the taste of healthy foods
4. You or other members of your family don’t like the taste of healthy foods
 | 4 - 16 |
| **Supportive family environment** (7-items) | 1. Vegetables served at dinner most nights
2. Parents encourage me to eat fruit and vegetables
3. Fruit avail to eat anytime at home
4. Family eat dinner together
5. Mum eats a lot of fruit and vegetables
6. Dad eats a lot of fruit and vegetables
7. Parents care a lot about healthy eating
 | 7 – 35 |
| **Unsupportive home environment** (4-items) | 1. Always have soft drink at home
2. Always have junk food at home
3. Parent eats snacks in-front TV
4. Parent eats dinner in-front TV
 | 4 – 20 |
| **Home Fruit and vegetable availability**(5 items) | How often:1. Is fruit available in your home
2. Are fruit & vegetables stored in your home so they are easily seen and accessible by your child?
3. Do you keep fruit or vegetables cut up so that your child can easily eat them whenever they would like?
4. Are vegetables available in your home
5. Are vegetables served at dinner in your home
 | 5 - 25 |
| **Home Non-core food and drink availability**(4 items) | How often are:1. Potato chips or other salty snack foods available in your home?
2. Chocolate or lollies available in your home?
3. Cakes or biscuits available in your home?
4. Soft drinks available in your home?
 | 4 - 20 |
| **SOCIAL ENVIRONMENT** |  |
| **Peer Influence**(4-items) | 1. Friends eat fruit at school
2. Friends care a lot about eating healthy food
3. Friends eat a lot of vegetables
4. Friends encourage to eat healthy food
 | 4 – 20 |
| **Parent upbringing in relation to food**(2 items) | 1. Your parents taught you about healthy eating when you were a child
2. Your parents taught you how to cook
 | 2 - 8 |
| **NEIGHBOURHOOD ENVIRONMENT** |  |
| **Perceived cost of healthy foods** (3 items) | 1. It is expensive to buy healthy, nutritious foods
2. Fresh fruit and vegetables are too expensive
3. You can’t afford to buy healthy foods for your family
 | 3 - 12 |
| **Neighbourhood food environment**1. items)
 | 1. The fresh produce in your area is usually of high quality
2. At the shop where you buy fruits and vegetables, the variety of fresh fruit and vegetables is limited
3. There are stores selling fresh food, such as fruit and vegetables, within 15-20 minutes walking distance from your home
 | 3 - 12 |

All data collected in Adelaide, South Australia; Participant age range 9-13 years.

*\*p* <0.05; \*\* *p<*0.001; ICC = Intra-class correlations used to determine test-retest reliability of CATI scores.
a Score adapted from Wilson et al 2008 (20). Refer to reference for psychometric properties of dietary intake scores; b Score adapted from Ball et al 2006 (23); c Score adapted from Williams et al 2010 (26); d Score adapted from Jackson et al 1994 (25); e Score adapted from Birch et al 2001(24).