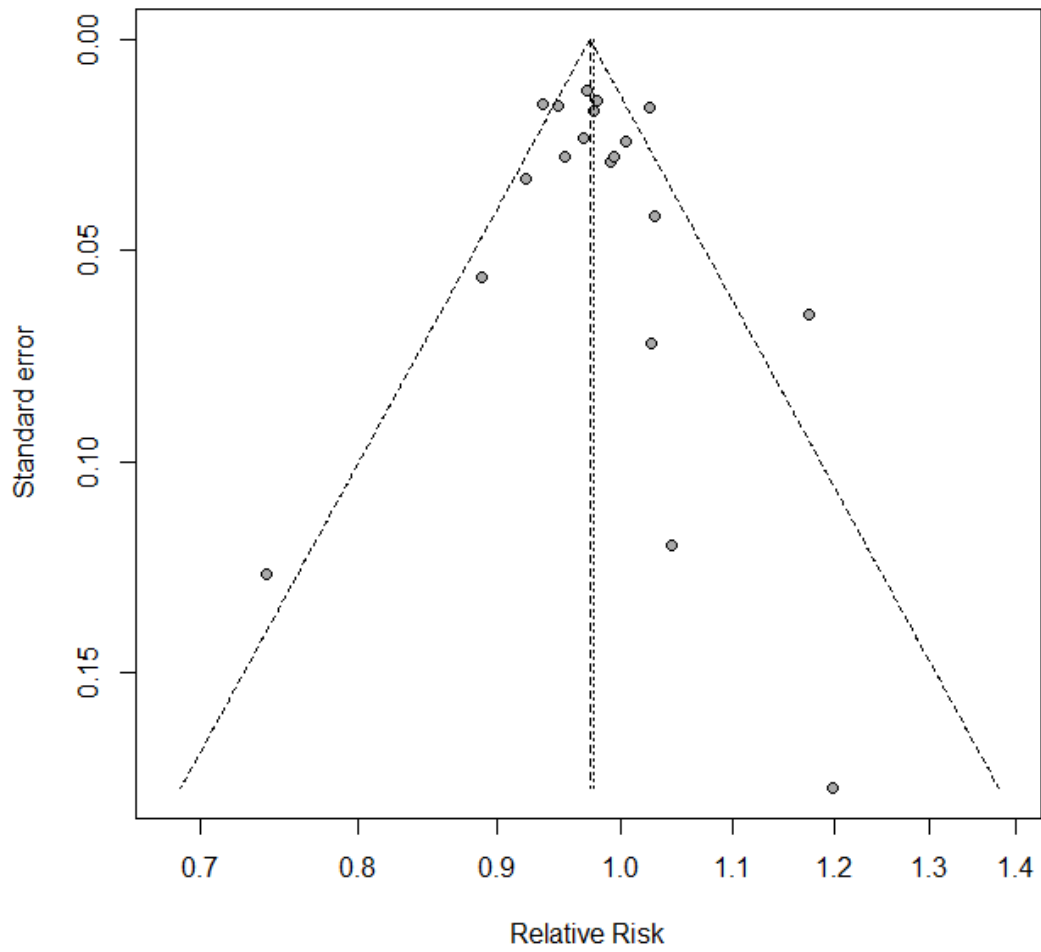


Supplementary Appendix 1. Search Strategy

Medline (PubMed) and ISI Web of Science: (Diabetes OR diabetes mellitus OR glucose OR insulin) AND (tea OR caffeine OR polyphenols OR catechin OR flavonoids) AND (cohort studies OR longitudinal studies OR prospective studies)

EMBASE: ('diabetes'/ exp OR 'diabetes mellitus' OR 'glucose' OR 'insulin') AND ('tea'/ exp OR 'caffeine' OR 'polyphenols' OR 'catechin' OR 'flavonoids') AND ('cohort studies'/ exp OR 'longitudinal studies' OR 'prospective studies')



Supplementary Figure 1. Funnel plot of the relative risk of type 2 diabetes for an increase of 1 cup of tea per day