

**Supplemental Table 1.** Demographic profile of entire National Adult Nutrition Survey (NANS) sample (*n* 1500) and the subgroup who gave a blood sample (NANS Blood) (*n* 1132).

		NANS	NANS Blood	<i>P</i> -value <sup>1</sup>
<b><i>Sex</i></b>				
Males		49%	50%	
Females		51%	50%	0.506
<b><i>Age Group</i></b>				
18-35y		35%	38%	
36-50y		29%	29%	
51-64y		21%	20%	
≥65y		15%	13%	0.301
<b><i>Age Group by Sex</i></b>				
18-35y	Male	18%	21%	
	Female	17%	17%	
36-50y	Male	14%	14%	
	Female	15%	15%	
51-64y	Male	11%	10%	
	Female	11%	10%	
≥65y	Male	7%	6%	
	Female	8%	7%	0.698
<b><i>Education</i></b>				
Primary		9%	8%	
Intermediate		20%	20%	
Secondary		24%	24%	
Tertiary		46%	47%	0.830
<b><i>Location</i></b>				
Rural		30%	29%	
Urban		70%	71%	0.692

<sup>1</sup>Chi-square analysis performed on group *n* values