**Appendix A: *Questionnaire***

Consent:

By filling out this form you agree that:

1) You have read the information about this research

2) You understand that the answers provided will be collected and used as data to support the research

3) You are 19 - 25 years of age

***Please provide an appropriate nickname / alias to be used to protect your identity.***

Please provide your

* Name/Alias
* Nationality
* Gender
* Age

Which social media do you use? (list all that come to mind)

* Instagram
* Facebook
* Twitter
* YouTube
* Twitch
* TikTok
* BeReal
* Snapchat
* LinkedIn
* WhatsApp
* Tumblr
* Telegram
* Viber
* Pinterest
* Reddit
* Discord
* Quora
* Other:\_\_\_\_

Which of the ones listed above do you use the most? (Please provide your top 3)

How often do you post on your social media?

* Multiple times a day
* Once a day
* A few times a week
* Once a week
* A few times a month
* Rarely or occasionally
* Never

Is your social media public or private or mix (e.g. multiple accounts with different settings)?

What types of devices do you own or use to access digital media? (iPhone, android phone, laptop, etc.) Please list all that come to mind.

Why do you post what you post? What happening around/with you gives you the sense that you should post on social media? (e.g. an event, an encounter, a thought, etc.)

Do you feel that your social media engagements make you see more of what you want to see? Why or why not?

What kind(s) of social media posts do you engage with the most? (videos, text posts, images, etc.)

Do you regularly see similar content to what you've already interacted with? Why do you think that is or is not the case?

What thoughts or emotions arise when you come across past posts or past temporary content (e.g. FB/IG stories, Snapchats, BeReal, ect.) presented to you by certain platforms without you asking for it?

How do you feel or what do you think when you look for past posts or past temporary content on digital media yourself?

Do you feel that revisiting past posts or temporary content (whether prompted to or not) has affected how you make or recall memories?

If yes, how do you think or feel digital platforms affect your memories or memory?

Can you give a particular example of when digital/social media played a significant role in how you experienced, made, or recalled a memory?

Do you feel your smartphone (e.g. how it works, how you use it, or just having it with you) changes the way you make memories or remember them? Can you give an example of this?

**Thank you!**  
As mentioned above the information you provide will be utilized for an academic article which will be submitted to publication. We would like to conduct further interviews and upon request can share the results of our study once it is completed.

Would you like to receive the results of this study?

(Y/N)

Would you be open to an in person, in depth interview about your experiences with this topic? (Y/N)

Please provide an email address at which we can contact you if you said 'yes' above!