



Supplementary Figure 2 Percentage difference (PD - beta coefficients) (95% confidence intervals) in biomarker concentrations per 1 standard deviation increment in EDIH (A) and EDIP (B) in TwinsUK. Biomarkers were log-transformed using natural logs. Values were obtained via multivariable-adjusted linear regression models adjusted for the following variables: total energy intake, age, sex, race, smoking status, nutrient supplement use, physical activity, occupation, education, postmenopausal status, and hormone replacement therapy. Fasting hours, hypertension and high cholesterol status were additionally adjusted in FFQ1. Nonsteroidal anti-inflammatory drug use was additionally adjusted in FFQ3. Physical activity was not available in FFQ3.