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| PICOS | Selection criteria |
| Population | Patients with a psychiatric diagnosis: e.g., depression, dysthymia, mood disorder, anxiety, panic disorder, obsessive compulsive disorder, ADHD, phobia, bipolar disorder, psychosis, post-traumatic stress disorder, personality disorder, dissociative disorder, dementia, cognitive impairment, autism, addiction, substance use disorder, sleeping disorder |
| Intervention | Music therapy, music-based intervention |
| Comparators | All controls and comparators are relevant |
| Outcomes | Symptom severity, all other outcomes |
| Study design | Meta-analysis of rcts / ccts / qrcts |

PICOS table