Table 4. Themes and categories

|  |  |
| --- | --- |
| Themes | Categories |
| Theme 1: Self-stigma | Internalized negative attitudeDiscrimination toward self |
| Theme 2: Public stigma | * 1. Prejudice against patients
	2. Discrimination toward patients
 |
| Theme 3: Professional stigma | * 1. From other health professionals (HP) to patients

From general people and patients to Mental HP (MHP)From other HP to MHP |
| Theme 4: Institutional stigma | * 1. Culture of negative attitude and belief
	2. Policies of organizations
 |