Table 4. Themes and categories

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| Themes | Categories |
| Theme 1: Self-stigma | Internalized negative attitudeDiscrimination toward self |
| Theme 2: Public stigma | * 1. Prejudice against patients   2. Discrimination toward patients |
| Theme 3: Professional stigma | * 1. From other health professionals (HP) to patients  From general people and patients to Mental HP (MHP)From other HP to MHP |
| Theme 4: Institutional stigma | * 1. Culture of negative attitude and belief   2. Policies of organizations |