**Mapping the evidence on psychosocial interventions for migrant populations:**

**descriptive analysis of a living database of randomized studies**

**SUPPLEMENTAL MATERIAL**

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**Supplement 1: PICO for eligibility criteria**

|  |  |
| --- | --- |
| **Population** | Children and adult asylum seekers, refugees, internally displaced persons, unaccompanied minors, economic migrants, other populations on the move, and any other type of forced or unforced migrants (IOM, 2019) |
| **Intervention** | Promotion, prevention, and treatment psychosocial interventions, defined as any type of local or external support that aims to protect or promote psychosocial well-being and/or prevent or treat mental disorders (IASC, 2017) |
| **Comparison** | Treatment as usual (TAU), no treatment, waiting list (WL), any other psychosocial interventions |
| **Outcome** | (1) Anxiety  (2) Depression  (3) PTSD  (4) Psychological distress |
| **Setting** | Any |

**Supplement 2: Search strategy**

1. **PUBMED:**

|  |
| --- |
|  |
| #1 | ((trial[Title/Abstract]) OR (random\*[Title/Abstract])) OR (control\*[Title/Abstract]) |
| #2 | ((((migrant\*[Title/Abstract]) OR (immigrant\*[Title/Abstract])) OR (refugee\*[Title/Abstract])) OR (asylum seeker\*[Title/Abstract])) OR (displaced[Title/Abstract]) |
| #3 | (((((psychotherapy[Title/Abstract]) OR (psychological[Title/Abstract])) OR (psychosocial[Title/Abstract])) OR (intervention[Title/Abstract])) OR (support[Title/Abstract])) OR (program\*[Title/Abstract]) |
| #4 | ((((((((((((((mental[Title/Abstract]) OR (disorder\*[Title/Abstract])) OR (distress[Title/Abstract])) OR (PTSD[Title/Abstract])) OR (trauma\*[Title/Abstract])) OR (depress\*[Title/Abstract])) OR (anxiety[Title/Abstract])) OR (anxious[Title/Abstract])) OR (post traumatic stress[Title/Abstract])) OR (somatic[Title/Abstract])) OR (psychotic[Title/Abstract])) OR (quality of life[Title/Abstract])) OR (well being[Title/Abstract])) OR (functioning[Title/Abstract]) OR (mental health[Title/Abstract]) OR (dropouts[Title/Abstract])) |
| **#5** | **#1 AND #2 AND #3 AND #4**  Or  **(((((trial[Title/Abstract]) OR (random\*[Title/Abstract])) OR (control\*[Title/Abstract])) AND (((((migrant\*[Title/Abstract]) OR (immigrant\*[Title/Abstract])) OR (refugee\*[Title/Abstract])) OR (asylum seeker\*[Title/Abstract])) OR (displaced[Title/Abstract]))) AND ((((((psychotherapy[Title/Abstract]) OR (psychological[Title/Abstract])) OR (psychosocial[Title/Abstract])) OR (intervention[Title/Abstract])) OR (support[Title/Abstract])) OR (program\*[Title/Abstract]))) AND (((((((((((((((mental[Title/Abstract]) OR (disorder\*[Title/Abstract])) OR (distress[Title/Abstract])) OR (PTSD[Title/Abstract])) OR (trauma\*[Title/Abstract])) OR (depress\*[Title/Abstract])) OR (anxiety[Title/Abstract])) OR (anxious[Title/Abstract])) OR (post traumatic stress[Title/Abstract])) OR (somatic[Title/Abstract])) OR (psychotic[Title/Abstract])) OR (quality of life[Title/Abstract])) OR (well being[Title/Abstract])) OR (functioning[Title/Abstract]) OR (mental health[Title/Abstract]) OR (dropouts[Title/Abstract])))** |

Sort by: **Most Recent**

1. **PSYCINFO**

|  |  |
| --- | --- |
| S1 | trial OR random\* OR control\* |
| S2 | psychotherapy OR psychological OR psychosocial OR intervention OR program\* OR support |
| S3 | mental OR disorder\* OR distress OR PTSD OR trauma\* OR depress\* OR anxiety OR anxious OR somatic OR psychotic OR post traumatic OR quality of life OR well–being OR functioning OR mental health OR dropouts |
| S4 | migrant\* OR immigrant\* OR refugee\* OR asylum seeker\* OR displaced |

|  |  |
| --- | --- |
| **S5** | **((migrant\* or immigrant\* or refugee\* or asylum seeker\* or displaced) and**  **(mental or disorder\* or distress or PTSD or trauma\* or depress\* or anxiety**  **or anxious or somatic or psychotic or post traumatic or quality of life or**  **well–being or functioning or mental health or dropout) and**  **(psychotherapy or psychological or psychosocial or intervention or**  **program\* or support) and (trial or random\* or control\*))mp. [mp=title,**  **abstract, heading word, table of contents, key concepts, original title,**  **tests and measures, mesh word]** |

1. **MEDLINE (piattaforma OVID):**

Migrant\*

Immigrant\*

Refugee\*

Asylum seeker\*

displaced

**1 OR 2 OR 3 OR 4 OR 5**

Psychotherapy

Psychological intervention

Psychosocial

Intervention

Program\*

Support

**7 OR 8 OR 9 OR 10 OR 11 OR 12**

Mental

Disorder\*

Distress

PTSD

Trauma\*

Depress\*

Anxiety

Anxious

Post traumatic stress

Somatic

Psychotic

Quality of life

Well being

Functioning

Mental health

Dropouts

**14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 21 OR 22 OR 23 OR 24 OR 25 OR 26 OR 27 OR 28 OR 29**

Random\*

Control\*

Trial

**31 OR 32 OR 33**

**6 AND 13 AND 30 AND 34**

1. **WEB OF SCIENCE (all databases)**

Databases= WOS, BCI, CCC, DRCI, DIIDW, KJD, MEDLINE, RSCI, SCIELO, ZOOREC

Timespan=All years; Search language=Auto

|  |  |
| --- | --- |
| # 1 | AB=(migrant\* OR immigrant\* OR refugee\* OR asylum seeker\* OR displaced\*) |
| # 2 | AB=(Psychotherapy OR Psychological intervention OR Psychosocial OR Intervention OR Program\* OR support) |
| # 3 | AB=(Mental OR Disorder\* OR Distress OR PTSD OR Trauma\* OR Depress\* OR Anxiety OR Anxious OR Post traumatic stress OR Somatic OR Psychotic OR Quality of life OR Well being OR functioning OR Mental health OR Dropouts) |
| # 4 | AB=(Random\* OR Control\* OR Trial) |

|  |  |
| --- | --- |
| **# 5** | **#4 AND #3 AND #2 AND #1** |

1. **COCHRANE CENTRAL REGISTER OF CONTROLLED TRIALS (CENTRAL)**

#1

(immigrant\*):ab OR (migrant\*):ti,ab,kw OR (refugee\*):ti,ab,kw OR (asylum seeker\*):ti,ab,kw AND (displaced):ti,ab,kw

#2

(psychotherapy):ab OR (psychological):ti,ab,kw OR (psychosocial):ti,ab,kw OR (intervention):ti,ab,kw OR (program\*):ti,ab,kw

#3

(random\*):ab OR (control\*):ti,ab,kw OR (trial):ti,ab,kw

#4

(mental):ab OR (disorder\*):ti,ab,kw OR (distress):ti,ab,kw OR (trauma\*):ti,ab,kw OR (PTSD):ti,ab,kw OR (depress\*):ab OR (anxiety):ti,ab,kw OR (anxious):ti,ab,kw OR (somatic):ti,ab,kw OR (psychotic):ti,ab,kw OR (quality of life):ab OR (well–being):ti,ab,kw OR (functioning):ti,ab,kw OR (post traumatic stress):ti,ab,kw OR (post–traumatic stress):ti,ab,kw OR (mental health):ti,ab,kw OR (dropouts):ti,ab,kw

**#5:**

**#1 AND #2 AND #3 AND #4**

OR

#1

(mental OR disorder\* OR distress OR PTSD OR trauma\* OR depress\* OR anxiety OR anxious OR somatic OR psychotic OR quality of life OR well–being OR functioning OR post traumatic stress OR post–traumatic stress OR mental health OR dropouts)

#2

(migrant\* OR immigrant\* OR refugee\* OR asylum seeker\* OR displaced)

#3

(psychotherapy OR psychological OR psychosocial OR intervention OR program\* OR support)

#4

(trial OR random\* OR control\*)

**#5**

**#1 AND #2 AND #3 AND #4**

1. **PTSDpubs (ex PILOTS) in ProQuest**

**S1**

AB,TI(refugee\* OR asylum seeker\* OR migrant\* OR immigrant\* OR displace\*)

**S2**

AB,TI(Psychotherapy OR Psychological intervention OR Psychosocial OR Intervention OR Program\* OR Support)

**S3**

AB,TI(random\* OR control\* OR trial)

**S4**

AB,TI(Mental OR Disorder\* OR Distress OR PTSD OR Trauma\* OR Depress\* OR Anxiety OR Anxious OR Post traumatic stress OR Somatic OR Psychotic OR Quality of life OR Well being OR Functioning [OR Mental health OR Dropouts](https://www.proquest.com/recentsearches.recentsearchtabview.recentsearchesgridview.scrolledrecentsearchlist.checkdbssearchlink:rerunsearch/E4041DCFE5A440DCPQ/None?t:ac=RecentSearches))

**S5**

**1 AND 2 AND 3 AND 4**

OR

**AB,TI(refugee\* OR asylum seeker\* OR migrant\* OR immigrant\* OR displace\*) AND AB,TI(Psychotherapy OR Psychological intervention OR Psychosocial OR Intervention OR Programme OR Support) AND AB,TI(random\* OR control\* OR trial) AND AB,TI(Mental OR Disorder\* OR Distress OR PTSD OR Trauma\* OR Depress\* OR Anxiety OR Anxious OR Post traumatic stress OR Somatic OR Psychotic OR Quality of life OR Well being OR Functioning** [**OR Mental health OR Dropouts)**](https://www.proquest.com/recentsearches.recentsearchtabview.recentsearchesgridview.scrolledrecentsearchlist.checkdbssearchlink:rerunsearch/E4041DCFE5A440DCPQ/None?t:ac=RecentSearches)

1. **CINAHL**

S1:

AB refugee\* OR AB asylum seeker\* OR AB migrant\* OR AB immigrant\* OR AB displaced

S2:

AB psychotherapy OR AB psychological intervention OR AB psychosocial OR AB intervention OR AB program\* OR AB support

S3:

AB random\* OR AB control\* OR AB trial

S4:

mental OR disorder\* OR distress OR trauma\* OR depress\* OR anxiety OR anxious OR post traumatic stress OR somatic OR psychotic OR functioning OR well being OR mental health OR dropouts

**S5:**

**S1 AND S2 AND S3 AND S4**

1. **SCOPUS**

#1

refugee\* OR asylum seeker\* OR migrant\* OR immigrant\* OR displaced

#2

psychotherapy OR psychological intervention OR psychosocial OR intervention OR program\* OR support

#3

random\* OR control\* OR trial

#4

mental OR disorder\* OR distress OR trauma\* OR depress\* OR anxiety OR anxious OR post traumatic stress OR somatic OR psychotic OR functioning OR well being OR quality of life OR mental health OR dropouts

**#5**

**1 AND 2 AND 3 AND 4**

1. **EMBASE**

#1 refugee\* OR asylum seeker\* OR migrant\* OR immigrant\* OR displaced

#2 psychotherapy OR psychological intervention OR psychosocial OR intervention OR programme OR support

#3 random\* OR control\* OR trial

#4 mental OR disorder\* OR distress OR trauma\* OR depress\* OR anxiety OR anxious OR post traumatic stress OR somatic OR psychotic OR functioning OR well being OR quality of life OR mental health OR dropouts

#5 1 AND 2 AND 3 AND 4

**Table S1: References of the included studies identified by the search strategy**

|  |  |  |
| --- | --- | --- |
| **REFERENCE** | | |
| **Author** | **Year** | **Study full reference (Cambridge A style)** |
| **Acarturk 2015** | 2015 | **Acarturk C, Konuk E, Cetinkaya M, Senay I, Sijbrandij M, Cuijpers P and Aker T** (2015) EMDR for Syrian refugees with posttraumatic stress disorder symptoms: Results of a pilot randomized controlled trial. *European Journal of Psychotraumatology* **6**(1), 27414. |
| **Acarturk 2016** | 2016 | **Acarturk C, Konuk E, Cetinkaya M, Senay I, Sijbrandij M, Gulen B and Cuijpers P** (2016) The efficacy of eye movement desensitization and reprocessing for post–traumatic stress disorder and depression among Syrian refugees: Results of a randomized controlled trial. *Psychological medicine* **46**(12), 2583–2593. |
| **Acarturk 2022** | 2022 | **Acarturk C, Uygun E, Ilkkursun Z, Carswell K, Tedeschi F, Batu M, Eskici S, Kurt G, Anttila M, Au T, Baumgartner J, Churchill R, Cuijpers P, Becker T, Koesters M, Lantta T, Nosè M, Ostuzzi G, Popa M, Purgato M, Sijbrandij M, Turrini G, Välimäki M, Walker L, Wancata J, Zanini E, White RG, van Ommeren M and Barbui C** (2022) Effectiveness of a WHO self‐help psychological intervention for preventing mental disorders among Syrian refugees in Turkey: a randomized controlled trial. *World Psychiatry* **21**(1), 88–95. |
| **Acarturk 2022a** | 2022 | **Acarturk C, Uygun E, Ilkkursun Z, Yurtbakan T, Kurt G, Adam–Troian J, Senay I, Bryant R, Cuijpers P, Kiselev N, McDaid D, Morina N, Nisanci Z, Park AL, Sijbrandij M, Ventevogel P and Fuhr DC** (2022) Group problem management plus (PM+) to decrease psychological distress among Syrian refugees in Turkey: a pilot randomised controlled trial. *BMC psychiatry* **22**(1), 1–11. |
| **Acarturk 2022b** | 2022 | **Acarturk C, Kurt G, Ilkkursun Z, Uygun E and Karaoglan–Kahilogullari A** (2022) “Doing What Matters in Times of Stress” to Decrease Psychological Distress During COVID–19: A Randomised Controlled Pilot Trial. *Intervention* **20**(2), 170. |
| **Adenauer 2011** | 2011 | **Adenauer H, Catani C, Gola H, Keil J, Ruf M, Schauer M and Neuner F** (2011) Narrative exposure therapy for PTSD increases top-down processing of aversive stimuli - evidence from a randomized controlled treatment trial. BMC Neuroscience 12, 127. https://doi.org/10.1186/1471-2202-12-127. |
| **Aizik–Reebs 2021** | 2021 | **Aizik–Reebs A, Yuval K, Hadash Y, Gebreyohans Gebremariam S and Bernstein A** (2021) Mindfulness–based trauma recovery for refugees (MBTR–R): Randomized waitlist–control evidence of efficacy and safety. *Clinical Psychological Science* **9**(6), 1164–1184. |
| **Akhtar 2021** | 2021 | **Akhtar A, Malik A, Ghatasheh M, Aqel IS, Habashneh R, Dawson KS, Sarah Watts S, Jordans MJD, Brown F, Sijbrandij M, Cuijpers P and Bryant R** (2021) Feasibility trial of a brief scalable psychological intervention for Syrian refugee adolescents in Jordan. *European Journal of Psychotraumatology* **12**(1), 1901408. |
| **Akhtar 2021a** | 2021 | **Akhtar A, Giardinelli L, Bawaneh A, Awwad M, Al–Hayek H, Whitney C, Jordans MJD, Sijbrandij M, Cuijpers P, Dawson K and Bryant R** (2021) Feasibility trial of a scalable transdiagnostic group psychological intervention for Syrians residing in a refugee cAMP. *European Journal of Psychotraumatology* **12**(1), 1932295. |
| **Alegria 2019** | 2019 | **Alegría M, Falgas–Bague I, Collazos F, Camacho RC, Markle SL, Wang Y, Baca-García E, Lê Cook B, Chavez LM, Fortuna L, Herrera L, Qureshi A, Ramos Z, González C, Aroca P, García LA, Cellerino L, Villar A, Ali N, Mueser KT and Shrout PE** (2019) Evaluation of the integrated intervention for dual problems and early action among latino immigrants with co–occurring mental health and substance misuse symptoms: a randomized clinical trial. *JAMA network open* **2**(1), e186927–e186927. |
| **Ali 2020** | 2020 | **Ali ASASA** (2020) Efficiency of intervention counseling program on the enhanced psychological well–being and reduced post–traumatic stress disorder symptoms among Syrian women refugee survivors. *Clinical Practice and Epidemiology in Mental Health* **16**(Suppl–1), 134. |
| **Alsmadi 2018** | 2018 | **Alsmadi AM, Tawalbeh LI, Gammoh OS, Shawagfeh MQ, Zalloum W, Ashour and Attarian H** (2018) The effect of Ginkgo biloba and psycho–education on stress, anxiety and fatigue among refugees. *Proceedings of Singapore Healthcare* **27**(1), 26–32. |
| **Annan 2017** | 2017 | **Annan J, Sim A, Puffer ES, Salhi, C and Betancourt TS** (2017) Improving mental health outcomes of Burmese migrant and displaced children in Thailand: A community–based randomized controlled trial of a parenting and family skills intervention. *Prevention Science* **18**(7), 793–803. |
| **Baker 2006** | 2006 | **Baker F and Jones C** (2006) The effect of music therapy services on classroom behaviours of newly arrived refugee students in Australia—a pilot study. *Emotional and Behavioural Difficulties* **11**(4), 249–260. |
| **Banoglu 2022** | 2022 | **Banoğlu K and Korkmazlar** Ü (2022) Efficacy of the eye movement desensitization and reprocessing group protocol with children in reducing posttraumatic stress disorder in refugee children. *European Journal of Trauma and Dissociation* **6**(1), 100241. |
| **Beck 2021** | 2021 | **Beck BD, Meyer SL, Simonsen E, Søgaard U, Petersen I, Arnfred SMH, Tellier T and Moe T** (2021) Music therapy was noninferior to verbal standard treatment of traumatized refugees in mental health care: Results from a randomized clinical trial. *European Journal of Psychotraumatology* **12**(1), 1930960. |
| **Begotaraj 2022** | 2022 | **Begotaraj E, Sambucini D, Ciacchella C, Pellicano GR, Pierro L, Wamser–Nanney R, Aceto P, De Paola C, Caroppo E and Lai C** (2022) Effectiveness of the expressive writing on the psychological distress and traumatic symptoms of the migrants: A prospective study multiarm randomized controlled trial. *Psychological Trauma: Theory, Research, Practice and Policy* **15**(5), 738–747. |
| **Betancourt 2020** | 2020 | **Betancourt TS, Berent JM, Freeman J, Frounfelker RL, Brennan RT, Abdi S, Maalim A, Abdi A, Mishra T, Gautam B, Creswell JW and Beardslee WR** (2020) Family–based mental health promotion for Somali Bantu and Bhutanese refugees: Feasibility and acceptability trial. *Journal of Adolescent Health* **66**(3), 336–344. |
| **Bjorknes 2015** | 2015 | **Bjørknes R, Larsen M, Gwanzura–Ottemöller F and Kjøbli J** (2015) Exploring mental distress among immigrant mothers participating in parent training. *Children and Youth Services Review* **51**, 10–17. |
| **Blignault 2021** | 2021 | **Blignault I, Saab H, Woodland L and O’Callaghan C** (2021) Cultivating mindfulness: Evaluation of a community–based mindfulness program for Arabic–speaking women in Australia. *Current Psychology* **42**, 8232–8243. |
| **Böge 2022** | 2022 | **Böge K, Karnouk C, Hoell A, Tschorn M, Kamp–Becker I, Padberg F, Ubleis A, Hasan A, Falkai P, Salize H-J, Meyer-Lindenberg A, Banaschewski T, Schneider F, Habel U, Plener P, Hahn E, Wiechers M, Strupf M, Jobst A, Millenet S, Hoehne E, Sukale T, Dinauer R, Schuster M, Mehran N, Kaiser F, Bröcheler S, Lieb K, Heinz A, Rapp M and Bajbouj M** (2022) Effectiveness and cost–effectiveness for the treatment of depressive symptoms in refugees and asylum seekers: A multi–centred randomized controlled trial. *The Lancet Regional Health–Europe* **19**, 100413. |
| **Bolton 2007** | 2007 | **Bolton P, Bass J, Betancourt T, Speelman L, Onyango G, Clougherty KF, Neugebauer R, Murray L and Verdeli,H** (2007) Interventions for depression symptoms among adolescent survivors of war and displacement in northern Uganda: a randomized controlled trial. *Jama* **298**(5), 519–527. |
| **Bolton 2014** | 2014 | **Bolton P, Lee C, Haroz EE, Murray L, Dorsey S, Robinson C, Ugueto AM and Bass J** (2014) A transdiagnostic community–based mental health treatment for comorbid disorders: development and outcomes of a randomized controlled trial among Burmese refugees in Thailand. *PLoS medicine* **11**(11), e1001757. |
| **Brady 2021** | 2021 | **Brady F, Chisholm A, Walsh E, Ottisova L, Bevilacqua L, Mason C, von Werthern M, Cannon T, Curry C, Komolafe K, Robert RE, Robjant K and Katona C** (2021) Narrative exposure therapy for survivors of human trafficking: feasibility randomised controlled trial. *BJPsych Open* **7**(6), e196. |
| **Bryant 2022** | 2022 | **Bryant RA, Bawaneh A, Awwad M, Al–Hayek H, Giardinelli L, Whitney C, Jordans MJD, Cuijpers P, Sijbrandij M, Ventevogel P, Dawson K, Akhtar A and on behalf of the STRENGTHS Consortium** (2022) Effectiveness of a brief group behavioral intervention for common mental disorders in Syrian refugees in Jordan: A randomized controlled trial. *PLoS medicine* **19**(3), e1003949. |
| **Buhmann 2016** | 2016 | **Buhmann CB, Nordentoft M, Ekstroem M, Carlsson J, Mortensen EL** (2016) The effect of flexible cognitive–behavioural therapy and medical treatment, including antidepressants on post–traumatic stress disorder and depression in traumatised refugees: pragmatic randomised controlled clinical trial. *British Journal of Psychiatry* **208**(3):252–9. doi: 10.1192/bjp.bp.114.150961. |
| **Carlsson 2018** | 2018 | **Carlsson J, Sonne C, Vindbjerg E and Mortensen EL** (2018) Stress management versus cognitive restructuring in trauma–affected refugees—A pragmatic randomised study. *Psychiatry research* **266**, 116–123. |
| **Catani 2009** | 2009 | **Catani C, Kohiladevy M, Ruf M, Schauer E, Elbert T and Neuner F** (2009) Treating children traumatized by war and Tsunami: a comparison between exposure therapy and meditation–relaxation in North–East Sri Lanka. *BMC psychiatry* **9**(1), 1–11. |
| **Choi 2012** | 2012 | **Choi I, Zou J, Titov N, Dear BF, Li S, Johnston L, Andrews G and Hunt C** (2012) Culturally attuned Internet treatment for depression amongst Chinese Australians: a randomised controlled trial. *Journal of affective disorders* **136**(3), 459–468. |
| **Chung 2018** | 2018 | **Chung SK** (2018) The Effects of Using Expressive Intervention in Group Counseling on Acculturative Stress and Depressive Symptoms among Korean Immigrant Women in South and Central Texas: an experimental study. PhD dissertation, St. Mary's University, San Antonio, Texas. |
| **Cowell 2009** | 2009 | **Cowell JM, McNaughton D, Ailey S, Gross D and Fogg L** (2009) Clinical trail outcomes of the mexican american problem solving program (MAPS). *Hispanic health care international: the official journal of the National Association of Hispanic Nurses* **7**(4), 179. |
| **Cuijpers 2022** | 2022 | **Cuijpers P, Heim E, Abi Ramia J, Burchert S, Carswell K, Cornelisz I, Knaevelsrud C, Noun P, van Klaveren C, van’t Hof E, Zoghbi E, van Ommeren M and El Chammay R** (2022) Effects of a WHO–guided digital health intervention for depression in Syrian refugees in Lebanon: A randomized controlled trial. *PLoS Medicine* **19**(6), e1004025. |
| **de Graaf 2020** | 2020 | **De Graaff AM, Cuijpers P, McDaid D, Park A, Woodward A, Bryant RA, Fuhr DC, Kieft B, Minkenberg E, Sijbrandij M and on behalf of the STRENGTHS consortium** (2020) Peer–provided Problem Management Plus (PM+) for adult Syrian refugees: a pilot randomised controlled trial on effectiveness and cost–effectiveness. *Epidemiology and Psychiatric Sciences* **29**, 1–24. |
| **de Graaf 2023** | 2023 | **De Graaff AM, Cuijpers P, Twisk JW, Kieft B, Hunaidy S, Elsawy M, Gorgis N,Bouman TK, Lommen MJJ, Acarturk C, Bryant R, Burchert S, Dawson KS, Fuhr DC, Hansen P, Jordans m, Knaevelsrud C, McDaid D, Morina N, Moergeli H, Park A-l, Roberts B, Ventevogel P, Wiedemann N, Woodward A, Sijbrandij M on behalf of the STRENGTHS Consortium** (2023) Peer–provided psychological intervention for Syrian refugees: results of a randomised controlled trial on the effectiveness of Problem Management Plus. *BMJ Ment Health* **26**(1), 1–10. |
| **Dowrick 2022** | 2022 | **Dowrick C, Rosala–Hallas A, Rawlinson R, Khan N, Winrow E, Chiumento A, Burnside G, Aslam R, Billows L, Eriksson-Lee M, Lawrence D, McCluskey R, Mackinnon A, Moitt T, Orton L, Roberts E, Rahman A, Smith G, Edwards RT, Uwamaliya P and White R** (2022) The Problem Management Plus psychosocial intervention for distressed and functionally impaired asylum seekers and refugees: the PROSPER feasibility RCT. *Public Health Research* **10**(10). |
| **Dybdahl 2001** | 2001 | **Dybdahl R** (2001) Children and mothers in war: an outcome study of a psychosocial intervention program. *Child development* **72**(4), 1214–1230. |
| **El–Khani 2021** | 2021 | **El–Khani A, Cartwright K, Maalouf W, Haar K, Zehra N, Çokamay–Yılmaz G and Calam R** (2021) Enhancing Teaching Recovery Techniques (TRT) with parenting skills: RCT of TRT+ parenting with trauma–affected Syrian Refugees in Lebanon utilising remote training with implications for insecure contexts and COVID–19. *International Journal of Environmental Research and Public Health* **18**(16), 8652. |
| **Ell 2017** | 2017 | **Ell K, Aranda MP, Wu S, Oh H, Lee PJ and Guterman J** (2017) Promotora assisted depression and self–care management among predominantly Latinos with concurrent chronic illness: safety net care system clinical trial results. *Contemporary clinical trials* **61**, 1–9. |
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| **Eruyar 2018** | 2018 | **Eruyar S** (2018) The role of parental factors in the mental health problems experienced by refugee children. PhD dissertation, Department of Neuroscience, Psychology and Behaviour, University of Leicester, United Kingdom. |
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| **Fine 2021** | 2021 | **Fine SL, Malik A, Guimond MF, Nemiro A, Temu, G, Likindikoki, S, Annan J and Tol WA** (2021) Improving mental health in low–resource settings: A feasibility randomized controlled trial of a transdiagnostic psychological intervention among Burundian refugee adolescents and their caregivers. *Behaviour Research and Therapy* **145**, 103944. |
| **Getanda 2020** | 2020 | **Getanda EM and Vostanis P** (2020) Feasibility evaluation of psychosocial intervention for internally displaced youth in Kenya. *Journal of Mental Health* 6, 774–782. |
| **Gever 2023** | 2023 | **Gever VC, Iyendo TO, Obiugo–Muoh UO, Okunade JK, Agujiobi–Odoh N, Udengwu N, Talabi FO and Nwokolo PN** (2023) Comparing the effect of social media–based drama, music and art therapies on reduction in post–traumatic symptoms among Nigerian refugees of Russia's invasion of Ukraine. *Journal of Pediatric* Nursing **68**, e96–e102. |
| **Goodkind 2020** | 2020 | **Goodkind JR, Amer S, Christian C, Hess JM, Bybee D, Isakson BL, Baca B and Shantzek C** (2017) Challenges and innovations in a community–based participatory randomized controlled trial. *Health Education and Behavior* **44**(1), 123–130. |
| **Greene 2021** | 2021 | **Greene MC, Likindikoki S, Rees S, Bonz A, Kaysen D, Misinzo L, Njau T, Kiluwa S, Turner R, Ventevogel P, Mbwambo JKK and Tol WA** (2021) Evaluation of an integrated intervention to reduce psychological distress and intimate partner violence in refugees: Results from the Nguvu cluster randomized feasibility trial. *PLoS one* **16**(6), e0252982. |
| **Gul 2018** | 2018 | **Gul R** (2017) Prevalence and Treatment of Post Traumatic Stress Disorder among Internally Displaced and Undisplaced Children. PhD dissertation, University of Peshawar, Peshawar, Pakistan. |
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| **Yeung 2016** | 2016 | **Yeung A, Martinson MA, Baer L, Chen J, Clain A, Williams A, Chang TE, Trinh N-HT, Alpert JE and Fava M** (2016) The effectiveness of telepsychiatry–based culturally sensitive collaborative treatment for depressed Chinese American immigrants: a randomized controlled trial. *The Journal of Clinical Psychiatry* **77**(8), 20755. |
| **Yurtsever 2018** | 2018 | **Yurtsever A, Konuk E, Akyüz T, Zat Z, Tükel F, Çetinkaya M, Savran C and Shapiro E** (2018) An eye movement desensitization and reprocessing (EMDR) group intervention for Syrian refugees with post–traumatic stress symptoms: Results of a randomized controlled trial. *Frontiers in psychology* **9**(493), 1–8. |

**Table S2: List of excluded studies with reasons**

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| **Study ID** | **Full Reference** | **Reason for exclusion** |
| (Acarturk et al. 2021) | **Acarturk C, Ostuzzi G, Purgato M, Tedeschi F and Barbui, C**. (2021) Self-Help Plus (SH+) for preventing mental disorders in refugees and asylum seekers: The RE-DEFINE Turkish randomized trial. | duplicate |
| (ACTRN12610000426088, 2010) | **ACTRN12610000426088** (2010) Randomised Controlled Trial of Cognitive Behavior Therapy and Supportive Counselling for Reduction in Posttraumatic Stress Disorder (PTSD) Symptoms in Refugees. *Https://Trialsearch.Who.Int/Trial2.Aspx?TrialID=ACTRN12610000426088*. | ongoing |
| (ACTRN12611000948998, 2011) | **ACTRN12611000948998** (2011) The efficacy and social validity of a group cognitive behavioural therapy for young migrants from war–affected countries. Https://Trialsearch.Who.Int/Trial2.Aspx?TrialID=ACTRN12611000948998. | duplicate |
| (ACTRN12616000860460, 2016) | **ACTRN12616000860460** (2016) Efficacy of the Triple P Parenting Intervention for Migrant and Former–Refugee Parents: Randomized Controlled Trial. Https://Trialsearch.Who.Int/Trial2.Aspx?TrialID=ACTRN12616000860460. | ongoing |
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**Table S3: Graphs publication year – international migrants**

**Table S4: Classification of Interventions**

**Established psychotherapies**

**CBT–based/inspired**

Acceptance and Commitment Therapy (ACT)

Basic Body Awarness Therapy + CBT

CBT (Cognitive Behavior Therapy)

CBT and pharmacological intervention

CBT–BF (CBT–Bio Feedback)

CBT+mindfulness

Cognitive Processing therapy (CPT)

iCBT (internet–based Cognitive Behaviour Therapy

**Trauma–focused psychotherapies**

EMDR (Eye Movement Desensitization and Reprocessing)

Imagery Reharsal Therapy (IRT)

KIDNET (Narrative Exposure Therapy for Children)

NET (Narrative Exposure Therapy)

Trauma focused psychotherapy

**Psychotherapy (other)**

Intensive psychotherapy and case management (IPCM)

Interpersonal therapy (IPT)

Problem–solving therapy

Psychodynamic therapy

Stabilisation therapy

**Counselling and psychosocial support**

**Counselling**

Expressive group counseling

Supportive counselling

Value–based counselling

Trauma counselling

Psychoeducation + counselling

**Psychosocial support**

Care management

CETA (Common Elements Treatment Approach)

CROP groups

General psychosocial intervention

Life skills training

Mindfulness

Multilevel strengths–based intervention

Need–satisfaction intervention

Psychoeducation

Resilience–based intervention

Stepped care and Collaborative Model (SCCM)

Stress management

Teaching Recovery Techniques

Transdiagnostic group intervention

Trauma–focused group intervention

WHO psychosocial interventions (PM+, SH+, DWM, EASE)

**Creative–expressive**

Creative–expressive intervention

Expressive Writing

Game–based learning intervention

Laugher therapy

Music Therapy Program

Play Therapy

Structured sensory intervention

**Family/parenting interventions**

CAFES: Coffee and Family Education and Support

Family–based intervention

Parental training

Parenting and family skills intervention

Table S5: RoB-2 assessment for anxiety, depression, PTSD, and psychological distress