

RHD	Q1	Explain	Q2	Explain	Q3	Q4
1	yes	It made him feel much better. He enjoyed being with the people.	yes	Made me more open about my illness	the plays	the walk up the hill
2	yes	The workshop counselled he. She feels relieved	yes	Made me see people have different stories, different ways of coping. Gave me strength and motivation to stay positive	being with other patients	no
3	yes	He didn't hide it. The workshop provided a space to encourage others	No	Made me more positive	being with people who understood me	make it longer

4	yes	Its not shameful to have a RhD. She is open about it. Felt excited to be part of it and helping others	No		the plays	no
5	yes	He was scared at first but got better over time	yes	other group comments made him realise how to deal with different issues he hadn't experienced yet	yes comments from the group	no
6	yes	She felt light after the workshop	yes	gave her other ideas about what to do, when, how to take care of herself. Helped her know she is not alone	the plays	more support for patients, larger group

7	yes	She felt relieved	yes	She felt free, she saw others with her illness and pace maker and now she can tell anybody	the plays - similar to her story	no
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8	yes	She learnt new things	yes	made her more comfortable with herself and happy	the plays - taught her about her and others' experiences	do another workshop - something different
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9	yes	She felt excited to be there and share her experiences	yes	it was a relief knowing how people were cared for by the doctors and hospital. She felt able to share her story because others shared theirs	being with other patients. Being with people who understood me	no
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10	yes	people were anxious to start but felt more relaxed as the day continued. It made everyone more open	no	attention of facilitators	no
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11	yes	She felt more hopeful. There are others her own age who have the illness. She isn't the only one. She could maybe also have a child	yes		no
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12	yes	It made her right	yes	giving and getting different advised helped her to think differently	the plays	no
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13	yes	Felt free to share after hearing others	yes	hearing other peoples' stories	the plays	no
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14	yes	people were anxious to start but felt more relaxed as the day continued. It made everyone more open	yes	it helped to hear other peoples' stories and how many positive stories there were	taking away advice on how to handle challenges	invite more people, spread awareness, target the public
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15	No responses					
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16	No responses					
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| 1 | yes | The workshop made him feel ok about sharing his feelings with others | yes | Made him think differently about people and how they shared their experiences | the plays | no |
| 2 | no | | no | He copes well with his illness. He isnt shy to say he has schizophrenia | the plays | no |
| 3 | yes | It relieved his stress. He feels better about talking about his illness | yes | He felt more hopeful | open discussion led by patient stories | no |

4	yes	Never been in a community of people with schizophrenia before. Made him more comfortable to talk in a group and share his experiences	yes	Learnt it is important to drink your pills religiously	group work with other patients	no
5	yes	informative, gave her tips on how to cope better	yes	Exposed her to other ways of coping she hadn't thought of	people opening up and sharing their experiences and feelings	need for ongoing workshops
6	yes	speaking to other patients made her feel more comfortable sharing her own experiences with others	yes	reminded her that people don't always understand her at times, and she mustn't get upset by that	the plays and workshop as full day event	for those not wanting to be recorded to have the opportunity to participate anyway

7	yes	made her feel open and able to talk about anything and express her character	yes	It made her open up and share how she copes with the group	the plays	no
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8	yes	helped her to feel more open by having a platform to speak and share	no		people opening up and sharing their experiences and feelings	no
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9	yes	speaking to other patients made her feel more comfortable sharing her own experiences with others. She felt very understood	yes	helped her to get tips on how to cope with side effects from the medication	seeing the change in the group from negative to positive	more workshops more frequently
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10	yes	speaking to other patients made her feel more comfortable sharing her own experiences with others. She felt very understood	yes	other peoples' stories helped him learn more about his illness and different ways of coping with it	patients connecting with one another	No
11	yes	gained confidence, and sourced a job	yes	gave him a new perspective. No longer feels sorry for himself and believes he can contribute to society and his family	Motivation from fellow patients on how to grow and be stronger	Topic for new workshop: watching video and discussing how it relates to people with schizophrenia
12	yes	made him feel more confident to speak about his illness to other people	yes	was helpful to hear how others dealt with their illness	being with other patients and sharing information	making the workshop more accessible to working people - after hours

13	No		Yes	Feels more positive when confronting challenges	Good to be around other patients	Adding arts and crafts to the programme like painting, clay etc
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14	Yes	Very helpful to be able to share experiences with the group	Yes	It was very informative. She learnt about how others manage similar challenges	Very well organised	No
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15	no		No		talking about his illness	no
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16	no	found it difficult to concentrate in the group because she had forgotten her medication	yes	made her think of past experiences she hadn't spoken about for a while, and the group support helped her talk about them	the plays	hot inside the hall
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17	yes	first time sharing in a group with other patients who had similar experiences	yes	Fun and entertaining so it brought a lighter side to talking about his illness	using drama a different approach	no
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18	yes	it inspired her	yes	She shared her experiences and this made her open up more	the plays	no
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19	yes	he learnt a lot from shared experiences of others and enjoyed the interaction of the workshop	yes	Made him realise its not only him. The group shared about different ways of coping	the plays	no
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20	No responses					
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