

Supplementary Table 2: Comparing nutrient intakes (medians) and nutrient adequacy (proportion) of Cambodian women in the VISIDA study by breastfeeding status

Nutrient intakes and adequacy by Breastfeeding status	Nutrient Intakes				Nutrient Adequacy			
	Total women	BF women	NBF women	p-value [†]	Total women	BF women	NBF women	p-value [‡]
	Median n=119	Median n=69	Median n=49		% n=118*	% n=69	% n=49	
Energy (Kcal)	1375	1510	1117	0.009	0.8%	0.0%	2.0%	0.234
Energy (kJ)	5753	6318	4674	0.009	0.8%	0.0%	2.0%	0.234
Protein (g)	54.4	60.3	41.7	0.001	68.5%	61.5%	78.3%	0.062
Carbohydrate (g)	173.6	199.6	148.0	0.009	77.1%	71.0%	85.7%	0.061
Fat (g)	38.6	41.1	32.5	0.262	NA	NA	NA	NA
Dietary fibre (g)	7.8	9.2	6.6	0.001	NA	NA	NA	NA
VitaminA (µgRE)	344.4	420.3	267.0	0.000	3.4%	2.9%	4.1%	0.726
VitaminC (mg)	34.1	39.9	28.3	0.062	6.8%	7.2%	6.1%	0.811
Thiamin (mg)	0.6	0.7	0.6	0.046	9.3%	5.8%	14.3%	0.118
Riboflavin (mg)	0.8	0.9	0.6	0.001	15.3%	10.1%	22.4%	0.067
Niacin (mg)	11.3	12.9	9.0	0.009	42.4%	47.8%	34.7%	0.155
Vitamin B ₆ (mg)	1.1	1.3	0.9	0.001	22.9%	18.8%	28.6%	0.215
Vitamin B ₁₂ (µg)	3.7	4.0	2.7	0.025	77.1%	84.1%	67.3%	0.033
Folate (µgDFE)	309.1	364.8	265.1	0.000	24.6%	26.1%	22.4%	0.651
Calcium (mg)	391.9	458.5	339.5	0.009	4.2%	7.2%	0.0%	0.054
Phosphorus (mg)	755.4	827.7	585.2	0.001	66.9%	76.8%	53.1%	0.007
Iron (mg)	9.6	11.6	7.9	0.000	68.6%	84.1%	46.9%	0.000
Zinc (mg)	5.7	6.5	4.7	0.000	8.5%	4.3%	14.3%	0.056
Sodium (mg)	2778.2	3123.0	2273.5	0.009	89.8%	94.2%	83.7%	0.062
Potassium (mg)	1473.2	1786.1	1104.0	0.000	4.2%	5.8%	2.0%	0.318

BF, breastfeeding. NBF, non-breastfeeding.

*One missing value of total women (did not indicate BF status)

[†] Independent samples medians test of significance used to compare BF and NBF women; p < 0.05

[‡] Pearson Chi-squared test used for comparing adequacy proportions between BF and NBF women; p < 0.05