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| **Supplementary Table 4. Age-adjusted and multivariable-adjusted DASH diet score by physical activity level (poor, intermediate, ideal), among South Asian adults in the MASALA study (n=871).** | | | | | | |
|  | Poor  (n=134) | Intermediate  (n=171) | | Ideal  (n=566) | | *Ptrend\** |
|  | *Reference* | β/OR (SE) | 95% CI | β/OR (SE) | 95% CI |  |
| DASH Diet Score (continuous) |  |  |  |  |  |  |
| Age Adjusted | 0.00 | 0.71 (0.49) | -0.26, 1.67 | 2.13 (0.41) | 1.32, 2.93 | <0.0001 |
| Model 1+ | 0.00 | 0.67 (0.46) | -0.24, 1.59 | 2.21 (0.40) | 1.44, 2.99 | <0.0001 |
| Model 2++ | 0.00 | 0.76 (0.46) | -0.14, 1.66 | 2.23 (0.39) | 1.46, 2.99 | <0.0001 |
| DASH Diet Score (Low (13-20) vs. Medium (21-28)) | |  |  |  |  |  |
| Age Adjusted | 1.00 | 1.09 (0.29) | 0.64, 1.84 | 2.00 (0.47) | 1.27, 3.16 | 0.001 |
| Model 1+ | 1.00 | 1.14 (0.33) | 0.65, 2.01 | 2.60 (0.68) | 1.56, 4.33 | <0.0001 |
| Model 2 ++ | 1.00 | 1.16 (0.68) | 0.66, 2.04 | 2.61 (0.68) | 1.57, 4.33 | <0.0001 |
| DASH Diet Score (Low (13-20) vs. High (29-35)) | |  |  |  |  |  |
| Age Adjusted | 1.00 | 1.62 (0.65) | 0.74, 3.56 | 4.18 (1.44) | 2.13, 8.20 | <0.0001 |
| Model 1+ | 1.00 | 1.79 (0.76) | 0.78, 4.09 | 6.02 (2.26) | 2.88, 12.55 | <0.0001 |
| Model 2 ++ | 1.00 | 1.85 (0.79) | 0.80, 4.28 | 6.15 (2.32) | 2.94, 12.88 | <0.0001 |
| SE: Standard Error; CI: Confidence Interval  \*p-trend calculated by unadjusted linear regression, using total physical activity score (1-3) as a continuous covariate.  +Model 1: Adjusted for age, gender (men/women), percent life lived in the U.S., education (≥Bachelors/<Bachelors), smoking status (former/current vs. never), TV watching (≥1 hour/week vs. <1 hour/week), smoking status (current/former vs. never), acculturation (assimilation, separation, integration)  ++Model 2: Model 1 + energy (kcal/d) | | | | | | |