|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Supplementary Table 3. Age-adjusted and multivariable-adjusted DASH diet score by alcohol intake (<1 drink/week versus ≥1 drink/week), among South Asian adults in the MASALA study (n=871).** | | | | |
|  | <1 drink/week (n=588) | ≥1 drink/week  (n=283) | | *Ptrend\** |
|  | *Reference* | β/OR (SE) | 95% CI |  |
| DASH Diet Score (continuous) |  |  |  |  |
| Age Adjusted | 0.00 | -1.83 (0.31) | -2.44, -1.23 | <0.0001 |
| Model 1+ | 0.00 | -1.02 (0.33) | -1.67, -0.38 | 0.002 |
| Model 2++ | 0.00 | -1.18 (0.33) | -1.82, -0.55 | <0.0001 |
| DASH Diet Score (Low (13-20) vs. Medium (21-28)) | |  |  |  |
| Age Adjusted | 1.00 | 0.42 (0.08) | 0.29, 0.60 | <0.0001 |
| Model 1+ | 1.00 | 0.53 (0.11) | 0.34, 0.81 | 0.003 |
| Model 2 ++ | 1.00 | 0.53 (0.12) | 0.34, 0.81 | 0.003 |
| DASH Diet Score (Low (13-20) vs. High (29-35)) | |  |  |  |
| Age Adjusted | 1.00 | 0.30 (0.07) | 0.19, 0.48 | <0.0001 |
| Model 1+ | 1.00 | 0.47 (0.14) | 0.27, 0.83 | 0.01 |
| Model 2 ++ | 1.00 | 0.42 (0.12) | 0.24, 0.75 | 0.003 |
| SE: Standard Error; CI: Confidence Interval  \*p-trend calculated using alcohol intake as a continuous covariate.  +Model 1: Adjusted for age, gender (men/women), percent life lived in the U.S., education (≥Bachelors/<Bachelors), physical activity (ideal, intermediate, poor), TV watching (≥1 hour/week vs. <1 hour/week), smoking status (current/former vs. never), acculturation (assimilation, separation, integration)  ++Model 2: Model 1 + energy (kcal/d) | | | | |