

# Appendix

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2.1 - Version for CAMHS clinicians18
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1. Transition process assessment - questionnaire for ADHD patients
Structured interview for patients who turned 18 years of age between 2018 and 2019.
The person administering the interview must not be the practitioner who directly followed the boy/girl during the transition process. The interview can be administered to the patient together with the parent/caregiver. If the respondent is not the patient but a family member/caregiver, please ask them to answer the questions with the patient's care path in mind.
Concerning the questions where "day, month, year" is asked to be entered, it is also okay to complete only the month and year information if the respondent does not remember the exact day.
1.1 - Version for patients sent to an AMHS
Answers are provided by:
□ Patient
□ Family member, please specify:
Patient's date of birth: day   _ , month   _ , year   _
Gender of the patient: M□ F □
Date you were notified of the diagnosis: day    , month    , year      At:
☐ Hospital or CAMHS - name:
☐ Private service - specify discipline (e.g., psychologist):

ufficient information about the diagnosis? ☐ YES ☐ NO
ny other diagnosis besides ADHD?
nent medications have you taken to date?
Start date: day   _, month   _, year   _  Ongoing treatment? □ YES □ NO  If NO, date of discontinuation: day   _, month   _, year   _
Start date: day   _ , month   _ , year   _
Ongoing treatment? ☐ YES ☐ NO  If NO, date of discontinuation: day   _ , month   _ , year   _
nich ones and why:
Start date: day   _, month   _, year   _  Ongoing treatment? □ YES □ NO  If NO, date of discontinuation: day   _, month   , year   _  ed any side effects after taking any of these drugs?
al therapy for ADHD have you received from the time of diagnosis to the present?  behavioral therapy (includes psychoeducation, coaching, and mindfulness)  date: day   _ , month   _ , year   _   ng treatment? □ YES □ NO  date of discontinuation: day   _ , month   _ , year   _
ng, or Parent training (aimed at parents) or Teacher training (aimed at teachers)  fy:  date: day   _ , month   _ , year   _   ng treatment? □ YES □ NO  date of discontinuation: day   _ , month   _ , year   _



I	□ Psychotherapy - specify type (Examples: Schema Therapy, Systemic-Relational Therapy,
	Psychodynamic Therapy):
	Start date: day   _, month   _, year   _ _
	Ongoing treatment? ☐ YES ☐ NO
	If NO, date of discontinuation: day   _ , month   _ , year   _
	□ Other - specify:
	Start date: day   _, month   _, year   _ _
	Ongoing treatment? ☐ YES ☐ NO
	If NO, date of discontinuation: day   _ , month   _ , year   _
	ou perceive the treatment as appropriate for your situation? Would you have liked to have received type of treatment? If yes, which one?
[	re turning 18, were you followed by other services besides CAMHS for the treatment of ADHD?  YES - please indicate which:  NO
<b>5</b> . Wher	n you turned 18, by which service(s) or specialist(s) were you followed? (more than one option can
be sele	cted)
[	□ CAMHS
[	□ AMHS
[	☐ General practitioner
[	☐ Private psychiatrist/psychologist/psychotherapist/private center
[	□ Other - specify:
6. Since	e you turned 18 to the present, have you been followed by other practitioners/services?
[	□ YES
Į	□ NO
If YES,	which one(s) (more than one option can be selected)?
[	□ CAMHS
[	□ AMHS
Į	☐ General practitioner
Į	☐ Private psychiatrist/psychologist/psychotherapist
1	□ Other - specify

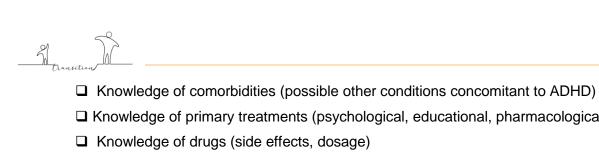


7. Currently:	
☐ I am completely independent in all daily activities	
☐ I need help with some daily activities - specify:	
☐ I need help with most daily activities	
8. School and work:	
Are you currently attending any school or college?	
☐ YES: school/professional courses/university - specify:	_
□ NO: I quit at the age of:	_
reason:	-
Highest educational title:	
Are you currently working?	
☐ YES - specify in what area:	
□ NO	
9. Who do you currently live with?	
☐ Alone	
□ Partner	
☐ Parent(s)/caregiver(s)	
☐ Roommate(s)	
10. What service(s) or provider(s) are you currently followed by? (more than one option can be	
selected)	
□ CAMHS	
☐ General practitioner	
Private psychiatrist/psychologist/psychotherapist/private center	
□ AMHS	
→ Fill out SECTION A - Patients followed by adult services	
□ None	
→ Fill out SECTION B -Patients not followed by any service	
□ Other - specify	

## **SECTION A - Patients followed by adult services.**



1a. Currently, which adult mental health service is following you?
2a. During the past year, have you made any outpatient visits (for any needs, excluding ADHD)?
☐ YES - specify for what:
□ NO
3a. In the past year, have you made any day-hospital visits (for any needs, excluding ADHD)?
☐ YES - specify for what:
□ NO
4a. In the past year, have you had any hospitalizations (for any need, excluding ADHD)?
☐ YES - specify for what:
□ NO
Transition preparation phase:
<b>5a.</b> When was the subject of your transfer to the psychiatric service first broached? How old were you?
<b>6a.</b> Has CAMHS actively participated in the referral to Mental Health services for adults in transition?
□ YES
□ NO
7a. Was there a preparation phase Before sending you to the current service?
□ YES
□ NO
If YES, who planned the transition process?
□ CAMHS
☐ Other figure - specify:
If YES, how old were you?
If YES, did you acquire new skills at this stage?
☐ YES
□ NO
If YES, which ones (more than one option can be selected)?
Knowledge of the disorder (onset, symptoms, persistence)



<ul> <li>□ Knowledge of primary treatments (psychological, educational, pharmacological)</li> <li>□ Knowledge of drugs (side effects, dosage)</li> <li>□ How to book appointments with the service (who to contact, what materials to bring)</li> <li>8a. Which figures were involved in the preparation phase? (more than one option can be selected)</li> <li>□ Physician</li> <li>□ Psychologist</li> <li>□ Nurse</li> <li>□ Pediatrician/general practitioner</li> <li>□ Educator</li> <li>□ Other (specificare)</li> <li>□ Other (specificare)</li> <li>□ YES - which ones?</li> <li>□ NO - why?</li> </ul>
□ How to book appointments with the service (who to contact, what materials to bring)  8a. Which figures were involved in the preparation phase? (more than one option can be selected) □ Physician □ Psychologist □ Nurse □ Pediatrician/general practitioner □ Educator □ Other (specificare)
8a. Which figures were involved in the preparation phase? (more than one option can be selected)  Physician Psychologist Nurse Pediatrician/general practitioner Educator Other (specificare)  9a. did you have a chance to express your doubts and concerns during transition?  YES - which ones?
□ Physician □ Psychologist □ Nurse □ Pediatrician/general practitioner □ Educator □ Other (specificare) □ Mare a chance to express your doubts and concerns during transition? □ YES - which ones?
□ Physician □ Psychologist □ Nurse □ Pediatrician/general practitioner □ Educator □ Other (specificare) □ Mare a chance to express your doubts and concerns during transition? □ YES - which ones?
<ul> <li>□ Psychologist</li> <li>□ Nurse</li> <li>□ Pediatrician/general practitioner</li> <li>□ Educator</li> <li>□ Other (specificare)</li> <li>9a. did you have a chance to express your doubts and concerns during transition?</li> <li>□ YES - which ones?</li> </ul>
□ Nurse □ Pediatrician/general practitioner □ Educator □ Other (specificare)  9a. did you have a chance to express your doubts and concerns during transition? □ YES - which ones?
□ Educator □ Other (specificare)  9a. did you have a chance to express your doubts and concerns during transition? □ YES - which ones?
□ Educator □ Other (specificare)  9a. did you have a chance to express your doubts and concerns during transition? □ YES - which ones?
9a. did you have a chance to express your doubts and concerns during transition?  ☐ YES - which ones?
9a. did you have a chance to express your doubts and concerns during transition?  ☐ YES - which ones?
☐ YES - which ones?
□ NO - why?
□ NO - why?
10a. Have your concerns been addressed?
☐ YES
□ NO
11a. Have you been informed about the modalities of the transition process?
☐ YES
□ NO
12a. Have you been informed about the timing of the transition process?
□ YES
□ NO
13a. Have you been informed about the reasons for the transition process?
□ YES
□ NO
— ··· <del>··</del>
<b>14a</b> . Did the CAMHS involve you and your family in preparing for the transfer of care?
☐ YES - as:
□ NO



<b>15a. A</b> answe	re there questions you were addressed but were not? Or are there questions that were not red?
<u>Trans</u>	fer phase
<b>16a</b> . H	ow old were you at the time of transfer?
<b>17a.</b> H	ow did the transfer contact take place?
	☐ The AMHS contacted you
	☐ You received a letter
	☐ Your parents received a letter
	☐ Your referring clinician at the CAMHS has contacted the AMHS
	☐ You actively contacted the AMHS
	□ Other (specify)
	□ YES (specify)
<b>19a.</b> A	ctivities carried out during transfer:
-	Interviews inherent to the path to be taken:
	□ YES □ NO
-	Discussions with your parents inherent to the path to be taken:
	□ YES □ NO
-	Meetings between the two Services (CAMHS and adult service):
	□ YES □ NO
-	Interview exclusively with the adult service psychiatrist:
	□ YES □ NO
-	Involvement of others (general practitioner, psychologist, nurse, etc.):
-	□ YES - specify: □ NO
-	Involvement of other professionals (educators, curricular or support teachers, social services,
	educators, etc.):
	□ YES - specify: □ NO

20a. Was there a time when you were followed by the two services (CAMHS and AMHS) simultaneously?

□ NO	
☐ YES, duration:    (months); number of joint app	pointments:
21a. How many meetings were conducted during the dispatch p	hase?
How often (how many times a week)?	
22a. In which mode?	
☐ Presence	
☐ Online	
☐ Mixed form	
23a. How much time passed between referral and assessment a	at the adult service?(months)
O.A Milette and the ma	
24a. While waiting:	
☐ You were aware of what was going to happen	•
☐ It was clear to whom you could turn for help or suppor	
☐ Did you have a phone number / could you still contact	
<ul><li>Did you have a phone number / could you contact the</li><li>You contacted/attempted to contact someone</li></ul>	AIVINS
Tou contacted/attempted to contact someone	
25a. In the meantime, has your drug treatment continued smoot	hlv?
□ YES	
□ NO - Why?	
☐ At that time, I was not taking medication	
26a. Has your drug treatment been changed since then?	
☐ YES - How?	
□ NO	
<b>27a.</b> At the first appointment with the psychiatric service:	
You knew who he would meet and where to go	
You did not know who he would meet and where to go	)
282 How do you think the two convices worked teacther?	
28a. How do you think the two services worked together?  bad sufficiently well very well	
Saa Samoismiy won vory won	

In your opinion, what is the level of quality of care received?

31,		>			
Crus	low	sufficient	good	high	
In your	opinic	on, what is the	quality level of	f the transitio	n process carried out?
	low	sufficient	good	high	
In vour	opinic	on. how useful	were the activ	ities carried o	out during the transition process?
•	not us		iently useful	useful	very useful
Role o	f the <u>c</u>	general practi	<u>tioner</u>		
·	our prin	S	sician been inv	olved in ADH	ID treatment so far?
If you n	needed	d to, did you co	ontact him? Fo	r what reasoi	ns? If you did not contact him, why?
Do you	ı think	the general pr	actitioner can l	help you in a	ny way?
<u>Taking</u>	ı care	of oneself			
to man	aging menti	ADHD? For exon the mother	kample, makin	g appointmer	nk you have become more autonomous with respect nts, ordering medication, and going to appointments. asn't doing all these things, would you know how to
Is there	e anyth	ning specific th	at you find par	rticularly diffic	cult to manage as an adult with ADHD?
Final o	nuesti,	ons			

#### Finai questions.

If you were to talk to a younger person with ADHD still being treated at the CAMHS, what would you tell him to expect once he becomes an adult?

What advice would you give him about the type of treatment, symptoms, medications?
What advice would you give him about transferring to adult services?
In your opinion, what was missed or needed to be done differently during your journey?
SECTION B - Patients not followed by any service.
<b>1b.</b> Why is it not currently followed by any service?
☐ I don't feel I need it
☐ I could not find a service that met my needs, so I gave up
I could not find a service that met my needs but I am still looking for
☐ I am waiting to be contacted
2b. In the past years (from when you turned 18 to the present), have you been followed by one or more
services?
□ YES
□ NO
If YES, by whom?
□ CAMHS
□ AMHS
☐ General practitioner
☐ Private psychiatrist/psychologist/psychotherapist
If YES, why did you stop using this service(s)?
<b>3b.</b> During the past year (as of today), have you made any outpatient visits (for any needs, excluding ADHD)?
☐ YES - specify for what:
□ NO
<b>4b</b> . In the past year, have you made any day-hospital visits (for any needs, excluding ADHD)?
D. VES - enocity for what:

transition	
	NO
<b>5b.</b> In the	past year, have you had any hospitalizations (for any need, excluding ADHD)?
	YES - specify for what:
	NO
<b>6b</b> . Do you	u feel you have acquired skills during the years since you turned 18?
	YES
	NO
If YES, wh	ich ones:
	Knowledge of the disorder (onset, symptoms, persistence)
	Knowledge of comorbidities (possible other conditions concomitant to ADHD)
	Knowledge of primary treatments (psychological, educational, pharmacological)
	Knowledge of drugs (side effects, dosage)
	How to book appointments with the service (who to contact, what materials to bring)
Role of th	ne general practitioner
Has vour r	primary care physician been involved in ADHD treatment so far?
	YES
	NO
If you need	ded, did you contact him? For what reasons? If you did not contact him, why?
Do you thi	nk the general practitioner can help you in any way?
Taking ca	re of oneself
independe going to a	rears, because of the support you have received, do you think you have become more ent concerning managing ADHD? For example, making appointments, ordering medication, and ppointments. (If they mention the mother/father, ask "If your mom didn't do all these things, would how to do them yourself?")
Is there ar	nything specific that you find particularly difficult to manage as an adult with ADHD?



## Final questions.

If you were to talk to a younger person with ADHD still being treated at the CAMHS, what would you tell him to expect once he becomes an adult?
What advice would you give him about the type of treatment, symptoms, medications?
In your opinion, what was missed or needed to be done differently during your journey?



## 1.2 - Version for patients who remained in CAMHS

Answers are provided by:	
□ Patient	
☐ Family member, p	lease specify:
Patient's date of birth	n: day   _, month   _, year   _
Gender of the patient	t: MD F D
Date you were notified At:	ed of the diagnosis: day   _ , month   _ , year   _ _
☐ Hospital or	CAMHS - name:
☐ Private ser	vice - specify discipline (e.g., psychologist):
Have you received so	ufficient information about the diagnosis? ☐ YES ☐ NO
Have you received a	ny other diagnosis besides ADHD?
1. What ADHD treatn	ment medications have you taken to date?
■ Methylphenidate	Start date: day   _, month   _, year   _
71	Ongoing treatment? ☐ YES ☐ NO
	If NO, date of discontinuation: day   _ , month   _ , year   _
☐ Atomoxetine	Start date: day   _ , month   _ , year   _ _
	Ongoing treatment? ☐ YES ☐ NO
	If NO, date of discontinuation: day   _ , month   _ , year   _
D Other coefficien	
Other – specify rea	ason:
	Start date: day   _, month   _, year   _
	Ongoing treatment?   YES   NO
	If NO, date of discontinuation: day   _ , month   _ , year   _



Have you experienced any side effects after taking any of these drugs?

• M
2. What psychological therapy for ADHD have you received from the time of diagnosis to the present? Cognitive-behavioral therapy (includes psychoeducation, coaching, and mindfulness) Start date: day   _, month   _, year   _  Ongoing treatment?  YES  NO If NO, date of discontinuation: day   , month   , year   _
11 140, date of discontinuation, day
☐ Child training, or Parent training (aimed at parents) or Teacher training (aimed at teachers)  Specify:
Start date: day   _, month   _, year   _ _
Ongoing treatment? ☐ YES ☐ NO
If NO, date of discontinuation: day   _, month   , year   _
☐ Psychotherapy - specify type (Examples: Schema Therapy, Systemic-Relational Therapy,
Psychodynamic Therapy):
Start date: day    , month    , year
Ongoing treatment? ☐ YES ☐ NO
If NO, date of discontinuation: day   _, month   , year   _
☐ Other - specify:
Start date: day    , month    , year    _
Ongoing treatment? ☐ YES ☐ NO
If NO, date of discontinuation: day   _ , month   _ , year   _ _
3. Did you perceive the treatment as appropriate for your situation? Would you have liked to have received another type of treatment? If yes, which one?
<ul> <li>4. Before turning 18, were you followed by other services besides the CAMHS for ADHD treatment?</li> <li>□ YES - please indicate which ones:</li> <li>□ NO</li> </ul>
<ul> <li>5. At the time you turned 18, by which service(s) or specialist(s) were you being followed? (more than one option can be selected)</li> <li>CAMHS</li> <li>AMHS</li> </ul>

Crin	☐ General practitioner
	☐ Private psychiatrist/psychologist/psychotherapist/private center
	□ Other - specify:
<b>6</b> . Since	ce you turned 18 to the present, have you been followed by other practitioners/services?
	□ YES
	□ NO
If YES	, which one(s) (more than one option can be selected)?
	□ CAMHS
	□ AMHS
	☐ General practitioner
	☐ Private psychiatrist/psychologist/psychotherapist
	☐ Other - specify:
7. Wha	at service(s) or provider(s) are you currently followed by? (more than one option can be selected)  CAMHS  AMHS  General practitioner  Private psychiatrist/psychologist/psychotherapist/private center  None  Other - specify:
8. Curi	rently:
	☐ I am completely independent in all daily activities
	☐ I need help with some daily activities - specify:
	☐ I need help with most daily activities
<b>9.</b> Sch	ool and work:
Are yo	ou currently attending any school or college?
	☐ YES: school/professional courses/university - specify:
	□ NO: I quit at the age of:
	why:

Are you currently working?

□ YES - specify in what area: \_\_\_\_\_

Highest educational title:

□ NO



10. Who do you currently live with?
☐ Alone
□ Partner
☐ Parent(s)/caregiver(s)
☐ Roommate(s)
Questions about current care
1a. When was your last appointment at CAMHS? day   _ , month   _ , year   _
2a. During the past year, have you made any outpatient visits (for any needs, excluding ADHD)?
☐ YES - specify for what:
□ NO
3a. In the past year, have you made any day-hospital visits (for any needs, excluding ADHD)?
☐ YES - specify for what:
□ NO
4a. In the past year, have you had any hospitalizations (for any need, excluding ADHD)?
☐ YES - specify for what:
□ NO
5a. Since reaching adulthood, have you perceived any differences concerning the frequency of
appointments at CAMHS and/or the type of activities and treatments offered by the service (refer to the
ADHD pathway)
☐ YES - such as:
□ NO
<b>6a.</b> In your opinion, why are you still in the CAMHS care after turning 18?



### A. ROLE OF THE GENERAL PRACTITIONER

Has your primary care physician been involved in ADHD treatment so far?  PYES  NO
If you needed, did you contact him? For what reasons? If you did not contact him, why?
Do you think the general practitioner can help you in any way?
B. TAKE CARE OF ONESELF
Now that you are older, do you think you have become more independent concerning managing ADHD? For example, making appointments, ordering medication, and going to appointments. (If they mention his mother/father, ask, "If his mom wasn't doing all these things, would he know how to do them himself?")
Is there anything specific that you find particularly difficult to manage as an adult with ADHD?
C. FINAL QUESTIONS.
If you were to talk to a younger person, what would you tell him to expect once he becomes an adult?
What advice would you give him about the type of treatment, symptoms, medications?
In your opinion, what was missed or needed to be done differently during your journey?



### 2. Transition process assessment - questionnaire for ADHD patients' clinicians

#### 2.1 - Version for CAMHS clinicians

We kindly ask you to fill out this questionnaire for each of the ADHD patients you have personally followed when they turned 18 and when they may have been transferred (transitioned) from a Child Neuropsychiatry Service (CAMHS) to an adult service (AMHS). These patients should have turned 18 between 2018 and 2019 and should currently be between 20 and 24 years old. The person filling out the questionnaire must be the practitioner who directly followed the patient.

	red by (professional figure):
Patient's date of birth:	day   _  month   _  year   _ _
Gender of the patient:	M□ F □
Patient diagnosis:  ADHD - Predomina ADHD - Predomina ADHD - Combined	ant hyperactivity/impulsivity
<ul><li>□ Education/work</li><li>□ Social/emotional reducation</li><li>□ Impulsivity (e.g., mosexuality)</li><li>□ Emotionality (depression</li></ul>	elationships oney management, gambling, substance use, accidents/risk behaviors, ession, anxiety, obsessions, fears/worries) p, nutrition, physical activity)
Indicate the patient's level of  Mild  Moderate  Medium-severe  Severe	impairment at the time of transition:



Drug therapy when turning 18:
☐ Yes - which one:
□ NO
How long has the ADHD patient been in the center's care?
☐ Since the diagnosis
☐ Subsequent care (specify for how many years the patient was followed:)
Has the patient been referred to adult services?
□ YES
□ NO
If YES, Fill in the "Transition" section; if NO go to page 5 (Section "Questions in case of failed referral")
<u>Transition</u>
<ul><li>1. Have there been informational meetings about the transition phase with the patient and family?</li><li>YES</li><li>NO</li></ul>
2. How old was the patient when preparation for transition to adult services began?
3. How long did the transition phase take? (in months)
4. How many meetings were conducted with the patient and his family?
5. The timelines adopted for this patient were:
☐ Flexible (e.g., taking development into account)
☐ Based on strict criteria (e.g., age, severity of symptoms)
6. Was the time sufficient to allow a good transition from referral to exclusive patient care by the adult service?
☐ YES
□ NO - how many more months would have been necessary?
7. To which service was the patient referred? (more than one option can be selected)  □ AMHS

Territorial psychiatric service   Private psychiatrist/psychologist/psychotherapist   Attending physician   Continued care in CAMHS   I don't know   Other Child Neuropsychiatry Service  8. Did you encounter any problems in sending it?   YES - specify:   NO  9. Did you send information regarding the patient's medical history to the adult services to which they were referred?   YES   NO  If YES, specify how (more than one option can be selected):   Information sheet/diagnostic report   Phone   Email   Meeting between services   Online meeting   Other  10. With whom were the meetings conducted? (more than one option can be selected):   Interviews with the patient inherent to the pathway to be taken   Talks with the patient's family inherent to the path to be taken   Clinical case presentation and discussion between teams from the two involved services   Interview with adult service psychiatrist   Involvement of other professionals (curricular or support teachers, social services, educators)   None  11. Were these items present in the transition path? (more than one option can be selected)   Patient and family involvement   Transition planning, information sharing, and joint work between neuropsychiatrist and	31	
Attending physician   Continued care in CAMHS   I don't know   Other Child Neuropsychiatry Service    8. Did you encounter any problems in sending it?   YES - specify:   NO    9. Did you send information regarding the patient's medical history to the adult services to which they were referred?   YES   NO    If YES, specify how (more than one option can be selected):   Information sheet/diagnostic report   Phone   Email   Meeting between services   Online meeting   Other    10. With whom were the meetings conducted? (more than one option can be selected):   Interviews with the patient inherent to the pathway to be taken   Talks with the patient's family inherent to the path to be taken   Clinical case presentation and discussion between teams from the two involved services   Interview with adult service psychiatrist   Involvement of other professionals (curricular or support teachers, social services, educators)   None   Patient and family involvement	(visi	☐ Territorial psychiatric service
Continued care in CAMHS   I don't know     Other Child Neuropsychiatry Service  8. Did you encounter any problems in sending it?   YES - specify:     NO  9. Did you send information regarding the patient's medical history to the adult services to which they were referred?   YES     NO  If YES, specify how (more than one option can be selected):     Information sheet/diagnostic report     Phone     Email     Meeting between services     Online meeting     Other  10. With whom were the meetings conducted? (more than one option can be selected):     Interviews with the patient inherent to the pathway to be taken     Clinical case presentation and discussion between teams from the two involved services     Interview with adult service psychiatrist     Involvement of other professionals (curricular or support teachers, social services, educators)     None		☐ Private psychiatrist/psychologist/psychotherapist
I don't know   Other Child Neuropsychiatry Service    8. Did you encounter any problems in sending it?   YES - specify:   NO    9. Did you send information regarding the patient's medical history to the adult services to which they were referred?   YES   NO    If YES, specify how (more than one option can be selected):   Information sheet/diagnostic report   Phone   Email   Meeting between services   Online meeting   Other    10. With whom were the meetings conducted? (more than one option can be selected):   Interviews with the patient inherent to the pathway to be taken   Clinical case presentation and discussion between teams from the two involved services   Interview with adult service psychiatrist   Involvement of other professionals (curricular or support teachers, social services, educators)   None   Patient and family involvement		☐ Attending physician
□ Other Child Neuropsychiatry Service  8. Did you encounter any problems in sending it? □ YES - specify: □ NO  9. Did you send information regarding the patient's medical history to the adult services to which they were referred? □ YES □ NO  If YES, specify how (more than one option can be selected): □ Information sheet/diagnostic report □ Phone □ Email □ Meeting between services □ Online meeting □ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement		☐ Continued care in CAMHS
8. Did you encounter any problems in sending it?    YES - specify:		☐ I don't know
□ YES - specify: □ NO  9. Did you send information regarding the patient's medical history to the adult services to which they were referred? □ YES □ NO  If YES, specify how (more than one option can be selected): □ Information sheet/diagnostic report □ Phone □ Email □ Meeting between services □ Online meeting □ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement		☐ Other Child Neuropsychiatry Service
9. Did you send information regarding the patient's medical history to the adult services to which they were referred?  □ YES □ NO  If YES, specify how (more than one option can be selected): □ Information sheet/diagnostic report □ Phone □ Email □ Meeting between services □ Online meeting □ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement	8. Did	you encounter any problems in sending it?
9. Did you send information regarding the patient's medical history to the adult services to which they were referred?    YES		□ YES - specify:
referred?		□ NO
□ YES □ NO  If YES, specify how (more than one option can be selected): □ Information sheet/diagnostic report □ Phone □ Email □ Meeting between services □ Online meeting □ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement	9. Did	you send information regarding the patient's medical history to the adult services to which they were
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If YES, specify how (more than one option can be selected):    Information sheet/diagnostic report   Phone   Email   Meeting between services   Online meeting   Other  10. With whom were the meetings conducted? (more than one option can be selected):   Interviews with the patient inherent to the pathway to be taken   Talks with the patient's family inherent to the path to be taken   Clinical case presentation and discussion between teams from the two involved services   Interview with adult service psychiatrist   Involvement of other professionals (curricular or support teachers, social services, educators)   None  11. Were these items present in the transition path? (more than one option can be selected)   Patient and family involvement		
□ Information sheet/diagnostic report □ Phone □ Email □ Meeting between services □ Online meeting □ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement		
<ul> <li>□ Phone</li> <li>□ Email</li> <li>□ Meeting between services</li> <li>□ Online meeting</li> <li>□ Other</li> </ul> 10. With whom were the meetings conducted? (more than one option can be selected): <ul> <li>□ Interviews with the patient inherent to the pathway to be taken</li> <li>□ Talks with the patient's family inherent to the path to be taken</li> <li>□ Clinical case presentation and discussion between teams from the two involved services</li> <li>□ Interview with adult service psychiatrist</li> <li>□ Involvement of other professionals (curricular or support teachers, social services, educators)</li> <li>□ None</li> </ul> 11. Were these items present in the transition path? (more than one option can be selected) <ul> <li>□ Patient and family involvement</li> </ul>	If YES	
□ Email □ Meeting between services □ Online meeting □ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement		
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<ul> <li>Online meeting</li> <li>Other</li> <li>10. With whom were the meetings conducted? (more than one option can be selected):</li> <li>Interviews with the patient inherent to the pathway to be taken</li> <li>Talks with the patient's family inherent to the path to be taken</li> <li>Clinical case presentation and discussion between teams from the two involved services</li> <li>Interview with adult service psychiatrist</li> <li>Involvement of other professionals (curricular or support teachers, social services, educators)</li> <li>None</li> <li>11. Were these items present in the transition path? (more than one option can be selected)</li> <li>Patient and family involvement</li> </ul>		
□ Other  10. With whom were the meetings conducted? (more than one option can be selected): □ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement		•
<ul> <li>10. With whom were the meetings conducted? (more than one option can be selected):    Interviews with the patient inherent to the pathway to be taken</li> <li>  Talks with the patient's family inherent to the path to be taken</li> <li>  Clinical case presentation and discussion between teams from the two involved services</li> <li>  Interview with adult service psychiatrist</li> <li>  Involvement of other professionals (curricular or support teachers, social services, educators)</li> <li>  None</li> <li>11. Were these items present in the transition path? (more than one option can be selected)</li> <li>  Patient and family involvement</li> </ul>		-
□ Interviews with the patient inherent to the pathway to be taken □ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement		□ Otner
□ Talks with the patient's family inherent to the path to be taken □ Clinical case presentation and discussion between teams from the two involved services □ Interview with adult service psychiatrist □ Involvement of other professionals (curricular or support teachers, social services, educators) □ None  11. Were these items present in the transition path? (more than one option can be selected) □ Patient and family involvement	10. W	ith whom were the meetings conducted? (more than one option can be selected):
<ul> <li>□ Clinical case presentation and discussion between teams from the two involved services</li> <li>□ Interview with adult service psychiatrist</li> <li>□ Involvement of other professionals (curricular or support teachers, social services, educators)</li> <li>□ None</li> <li>11. Were these items present in the transition path? (more than one option can be selected)</li> <li>□ Patient and family involvement</li> </ul>		☐ Interviews with the patient inherent to the pathway to be taken
<ul> <li>□ Interview with adult service psychiatrist</li> <li>□ Involvement of other professionals (curricular or support teachers, social services, educators)</li> <li>□ None</li> <li>11. Were these items present in the transition path? (more than one option can be selected)</li> <li>□ Patient and family involvement</li> </ul>		☐ Talks with the patient's family inherent to the path to be taken
<ul> <li>□ Involvement of other professionals (curricular or support teachers, social services, educators)</li> <li>□ None</li> <li>11. Were these items present in the transition path? (more than one option can be selected)</li> <li>□ Patient and family involvement</li> </ul>		☐ Clinical case presentation and discussion between teams from the two involved services
<ul> <li>□ None</li> <li>11. Were these items present in the transition path? (more than one option can be selected)</li> <li>□ Patient and family involvement</li> </ul>		☐ Interview with adult service psychiatrist
<ul><li>11. Were these items present in the transition path? (more than one option can be selected)</li><li>□ Patient and family involvement</li></ul>		☐ Involvement of other professionals (curricular or support teachers, social services, educators)
☐ Patient and family involvement		□ None
·	11.	Were these items present in the transition path? (more than one option can be selected)
Transition planning, information sharing, and joint work between neuropsychiatrist and		☐ Patient and family involvement
psychiatrist		
☐ Evaluation of procedures (e.g., updating diagnosis and drug treatment)		
☐ Continuity of care		
☐ Consideration of the most appropriate/specialized services in ADHD		•



12. In	defining this patient's pathway, were there any special needs that led to the individualization of the
pathwa	ay?
	☐ YES
	□ NO
If YES	, based on what (more than one option can be selected):
	☐ Cognitive abilities and resources of the person
	☐ Emotional and psychological state
	☐ Needs related to long-term living conditions
	☐ Social, economic, and family circumstances
	☐ Responsibility of care
	☐ Communication needs
	☐ Support the person has available (including but not limited to family support)
	☐ Educational and employment outcomes
	☐ Community inclusion, emotional health, housing autonomy
13. Do	you think the patient acquired new skills during the transition process?
	□ YES
	□ NO
If YES	, which ones (more than one option can be selected):
	☐ Knowledge of the disorder (onset, symptoms, persistence)
	☐ Knowledge of comorbidities (possible other conditions concomitant to ADHD)
	☐ Knowledge of primary treatments (psychological, educational, pharmacological)
	☐ Knowledge of drugs (side effects, dosage)
	☐ How to book appointments with the service (who to contact, what materials to bring)
	☐ Development of independence and responsibility for care
14. Wa	as the referral accepted immediately?
	□ YES
	□ NO - we had to fall back on - specify (e.g., private specialist):
	☐ I don't know.
15. Did	d you ask for feedback from AMHS after referral?
	□ YES
	□ NO

16. Did you receive feedback from AMHS after referral?
□ YES
□ NO
17. Have any monitoring meetings been organized after the transition?
☐ YES - specify how many: ☐ NO
18. Following this patient's transition path, were there any particular obstacles or steps that could have
been done differently?
☐ YES - specify:
□ NO
Questions in case of failed referral
1. Did you attempt a referral?
☐ YES - to whom:
□ NO
If YES - are you aware of why this submission was unsuccessful?
If NO - for what reason?

2. In following this patient's path after coming of age, were there any particular obstacles or steps that could

have been taken differently?

□ YES - specify:

□ NO



### 2.2 - Version for AMHS clinicians

We kindly ask you to fill out this questionnaire for each ADHD patient who participated in the study and whom you followed up after transfer from the Child Neuropsychiatry Service (CAMHS). The person filling out the questionnaire must be the practitioner who has followed or is following the patient.

The que	estionnaire is completed by (professional figure):
Institution	on to which the compiler belongs:
Compile	er's email:
Patient'	s date of birth: day   _ , month   _ , year   _ _
Gender	of the patient: M□ F □
Patient	diagnosis:
1	□ ADHD - Predominant Inattention
I	□ ADHD - Predominant hyperactivity/impulsivity
I	□ ADHD - Combined
Indicate	e in which areas impairments were present when the patient was taken in care:
I	□ Education/work
I	☐ Social/emotional relationships
	☐ Impulsivity (e.g., money management, gambling, substance use, accidents/risk behaviors, sexuality)
I	☐ Emotionality (depression, anxiety, obsessions, fears/worries)
1	☐ Quality of life (sleep, nutrition, physical activity)
Indicate	e the patient's level of impairment at the time of admission:
1	□ Mild
1	☐ Moderate
I	☐ Medium-severe
1	□ Severe
Drug th	erapy at the time of admission:
1	☐ Yes - which one:
1	□ NO



## **TRANSITION QUESTIONS**

1. Since	e you took in the patient, has his drug therapy been changed?
I	□ YES – specify
1	□ NO
2. How	long did you follow the patient with ADHD?
I	☐ Since his transfer (specify for how many months he followed the patient:)
I	☐ I took him in later (specify for how many months he followed the patient:)
3. How	old was the patient when they were taken in?
4. Did y	ou encounter any problems in receiving the patient?
1	□ YES - specify:
	□ NO
5. Did y	ou receive information regarding the patient's medical history from the CAMHS?
I	□ YES
I	□ NO
If YES,	specify how (more than one option can be selected):
	☐ Information sheet/diagnostic report
	□ Phone
	□ Email
	☐ Meeting between services
	☐ Online meeting
	□ Other
6. Were	e meetings conducted jointly with the CAMHS team before the transfer?
I	□ YES
1	□ NO
7. Were	e these items present in the transfer planning pathway? (more than one option can be selected):
!	☐ Patient and family involvement
I	lue Joint planning of the timing of the transition, information sharing, and joint work between CAMHS
;	and the patient's caregivers
1	☐ Evaluation of procedures (e.g., updating diagnosis and drug treatment)
1	☐ Consideration of specialized services in ADHD
	☐ Involvement of other professionals (curricular or support teachers, social services, educators)



8. In d	efining this patient's pathway, were there any special requirements that led to its personalization?
	□ YES
	□ NO
If YES	, according to (more than one option can be selected):
	☐ Cognitive abilities and resources of the person
	☐ Emotional and psychological state
	☐ Needs related to long-term living conditions
	☐ Social, economic, and family circumstances
	☐ Responsibility of care
	☐ Communication needs
	☐ Support available to the person (including but not limited to family)
	☐ Educational and employment outcomes
	☐ Community inclusion, emotional health, housing autonomy
9. Do <u>'</u>	you think the patient acquired skills during the transition process?
	□ YES
	□ NO
If YES	, which ones:
	☐ Knowledge of the disorder (onset, symptoms, persistence)
	☐ Knowledge of comorbidities (possible other conditions concomitant to ADHD)
	☐ Knowledge of primary treatments (psychological, educational, pharmacological)
	☐ Knowledge of drugs (side effects, dosage)
	☐ How to book appointments with the service (who to contact, what materials to bring)
	☐ Development of independence and responsibility for care
<u>FOLL</u>	OW-UP QUESTIONS
10. Ha	s the CAMHS requested feedback on the patient's condition?
	□ YES
	□ NO
11. Did	d you send feedback about this patient to the home CAMHS?
	□ YES
	□ NO



12. Were monitoring meetings held with the CAMHS after the transition process?	
☐ YES - specify how many:	
□ NO	
13. were there any particular obstacles or steps that could have been taken differently in receiving this	
patient?	
☐ YES - specify:	
□ NO	