

Adolescent Quality of Life- Mental Health Scale (AQOL-MHS) Brief Item Content by Domain

Emotional Regulation (8 items)

- AQ1. Acting out of control
- AQ3. Avoids responsibility when angry
- AQ5. Gets even when angry
- AQ7. Feels family is unfair
- AQ8. Cannot think when angry
- AQ10. Bothers others when bored
- AQ11. Becomes isolated when sad
- AQ13. Does not do what should be done

Self-Concept (6 items)

- AQ2. Feels happy
- AQ6. Knows how to deal with problems
- AQ14. Accepts self
- AQ16. Feels positive about the future
- AQ18. Feels able to achieve goals
- AQ20. Feels energized to do things

Social Context (7 items)

- AQ4. Has the support of others
- AQ9. Gets support of teachers
- AQ12. Gets along with others
- AQ15. Does well at school
- AQ17. Finds strength in faith
- AQ19. Enjoys sharing with family
- AQ21. Feels grateful