**Appendix 1**

***Table of Suggested Model Adaptations Based on Contributor Feedback***

| Suggestion | Adaptation | Rationale |
| --- | --- | --- |
| Rename first box (‘early experiences’) to ‘early life experiences’ | Box renamed | Clarifies purpose of box |
| Change arrow between ‘innate discovery’ & ‘early experiences’ to something less directional | Changed directional arrow to a plus symbol | Clarifies relationship between these components |
| Rename ‘stressors’ box | Box renamed to ‘precipitating factors’ & edited examples | Encompasses full range of examples, e.g. ‘emotional states’ |
| Rename ‘emotional experiencing’ box | Box renamed to ‘emotional experiencing in daydreams’  | Clarifies purpose of box and that it is part of daydreams |
| Connect ‘emotional experiencing’ & ‘daydream themes’ boxes to link specific fantasies to specific emotions | Included arrows between vicious flower and daydream content boxes, but not between fantasies and emotions | Clarifies process/relationship of fantasy content boxes but need to balance this with flexibility to avoid being overly prescriptive |
| Continue linear structure instead of flower to simplify chaotic processes | No adaptation | The processes depicted are not linear in nature & allow users the freedom to navigate as needed |
| Identity & sense-of-self should be highlighted, not just emotions | Changed ‘emotional outcomes’ box to ‘internal states and appraisals’ and highlighted ‘sense-of-self’ and ‘identity’ as prompts | Captures the intrapsychic processes that take place, not just within but as a result of MD |
| Could include ‘coping strategies’ somewhere | Included ‘coping strategies’ as a prompt in ‘functional outcomes’ box | Captures nuances for different people (e.g., impact of suppression) |
| Provide examples of emotional experiences and themes | Added prompts for the ‘emotional experiencing’ and ‘daydream themes’ boxes | Can help to prompt reflection |