**Patient and caregiver interview guide – Week 3**

**NOTE.** The depth and manner of questions asked will be dependent on the responses of each participant across the two interviews. Similar questions are asked but these will be adapted according to their previous responses. Also, as this is qualitative research, analysis of the data will be ongoing and the interview questions will reviewed based on emerging findings.

**Date and time of interview: \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Patient:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Caregiver: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Hi, is Mr./Mrs. X available?

Thank you again for participating in our study.

As described in the consent form, the interview today will be audio-recorded to make sure we have the most accurate information. There will also be a short socio-demographic questionnaire to complete at the end of the interview. It asks questions about your age, education etc. Is this still okay with you? Thank you.

The purpose of today’s interview is to hear about your experiences in using *Coping-Together*. We are still in the stages of refining the booklets to make sure these respond to the needs of individuals cancer and their caregivers. Both your positive and negative feedback, as well as suggestions for improvement will be helpful to us. As we are interested in your views and opinions, there are no right or wrong answers.

The interview will last approximately 45-60 minutes. Throughout the interview, I may be taking some notes, just so I won’t forget important information. Let me know at any time if you do not want to answer a question or feel uncomfortable and would like to stop the interview.

Before we begin, do you have any questions for me? I will now turn on the audio recorder.

This interview has two distinct sections, we have questions about your general experience and then about specific feedback about the booklets.

**PART 1. Introduction**

1. Before we discuss the booklets, can you tell me what it has been like for both of you since the cancer diagnosis?

Probes to differentiate the individual vs. dyadic

-

1. (Caregiver only) So that I can understand what your role as a caregiver entails, can you describe a typical day for me?
2. Given your experience to date, what have you found to be the most challenging?

Potential probe:

(caregiver) Related to his/her illness, what kinds of things do you help your [insert relationship, i.e. mother] with?

* 1. Follow-up: Which of these tasks do you find to be the most challenging?
  2. Follow-up: Which of these tasks to find to be the least difficult?

1. How have you dealt with/coped with these challenges together?

(Patient) What advice would you give to other people about coping with the challenges of coping with chronic illness [use name of illness]?

(Caregiver) [Insert name of caregiver], what advice would you give to caregivers about coping with the challenges of this illness [use name of illness]?

1. What have been your main sources of information and support to help you?

**PART 2. Using *Coping-Together*.**

1. Overall, what are your impressions of C*oping-Together* ?
2. What are you hoping that TEMPO can help you achieve?
3. Which booklets have you used/read?
   1. Is there one booklet you used/read more than others?
4. How much time would you say you spent reading each booklet?

*Dealing with stress and worry*

*Supporting Each Other*

*Getting what you need from your health care team*

*Getting the support you need*

*Making your treatment decision*

*Getting on top of symptoms*

1. Did you read the booklets alone or together?

Did you use any of the sections of the toolkit together?

* 1. Follow-up: How was that experience? Did you find it helpful to do together? Were there difficult moments? Were there positive moments?

Are there sections you think are important to do together?

What effect did using the toolkit on your [insert relationship, i.e. mother]?

In terms of using it together, are there things you would change about the toolkit? Is there anything that would have made it easier to use together?

1. What did you learn from it so far?

If the participant says has not learned anything yet, then ask: “What changes could we make to *Coping-Together* that would make more useful to you?”

1. To what degree have you implemented the skills you learned in your day-to-day lives?
   1. Which skills were the easiest to implement? Which were the hardest?

If the participant has not used it yet, then ask: “Can you tell me how you think you might use *Coping-Together?*” or “You have indicated that you have not used the *Coping-Together* resources. What are the main reasons for not using them?”

**PART 3. Facilitators and Barriers**

1. What factors or circumstances have prevented you to use *Coping-Together* as much as you would have liked to in the past week?
   1. How can these barriers be addressed?
2. What factors or circumstances have made it easier for you to use *Coping-Together* in the past week?

**PART 4. Feedback on content**

**Note to the interviewer:** Choose two booklets that the participants used most and ask the following questions on each separately.

*Satisfaction with content and delivery*

1. How many times per week did you refer to *Coping-Together*?
   1. What were you looking for specifically?

If the participant has not used it yet, then ask: “From 1-10, where 1 = I don’t think I will use *Coping-Together* at all and 10 = I think I will use all of *Coping-Together*, to what extent do you intend to use *Coping-Together*?”

1. What information presented in *Coping-Together* has beenmost helpful to you to date?
2. What information presented in *Coping-Together* has been least helpful?

**PART 5. Feedback on design**

1. Thinking now about the physical appearance and lay out of the booklets. I am going to list a number of features, and if you could please tell me your views on them:

* Font size:
* Illustrations – too many, too few?
* Colours:
* Overall appearance:
* Length of the booklets:
* Length of the sub-sections:
* Use of quotes – too many, too few?
* Explanation of the coping strategies
* Coping strategies were easy to find

1. If you were looking for something specific, did you know where to look for it?

*Probe:* Were the flowcharts useful?

**PART 6. Closing**

1. Do you have any other feedback for us about your experience using *Coping-Together*?

Before ending this interview I have a brief socio-demographic questionnaire for you to complete. It’s to help us describe who participated in our study and it will remain anonymous. Let me know if you have any questions. Thank you very much for participating.

I will now turn off the audio recorder.