**Supplement 1:**

**SAHD-10**

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| **Nr** | **Item** | **Value** |
| **1** | I feel confident that I will be able to cope with the emotional stress of my illness. | **□** true **□** false |
| **2** | My illness has drained me so much that I do not want to go on living. | **□** true **□** false |
| **3** | I am seriously considering asking my doctor for help in ending my life. | **□** true **□** false |
| **4** | Dying seems like the best way to relieve the pain and discomfort my illness causes. | **□** true **□** false |
| **5** | Despite my illness, my life still has purpose and meaning. | **□** true **□** false |
| **6** | I hope my disease will progress rapidly because I would prefer to die rather than continue living with this illness. | **□** true **□** false |
| **7** | Because my illness cannot be cured, I would prefer to die sooner, rather than later. | **□** true **□** false |
| **8** | Dying seems like the best way to relieve the emotional suffering my illness causes. | **□** true **□** false |
| **9** | I plan to end my own life when my illness becomes too much to bear. | **□** true **□** false |
| **10** | I am able to cope with the symptoms of my illness and have no thoughts of ending my life. | **□** true **□** false |