# Interview guide

## Purpose of the interview

* To investigate the significance of participation in the conversation about treatment in end-of-life (EOL) for the relative and the patient/nursing home resident (NHR)

## Information to the relatives before the interview

* Inform the relative about the use of the data
* Explain that the interview will be recorded
* Obtain oral permission to quote them in future articles and/or theses

## Questions

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| --- | --- | --- |
| **Research question** | **Part of interview** | **Interview question** |
|  | Introductory questions | Why did you (you and the patient/NHR) choose to participate in the POLST study? |
| Did the conversation and the POLST form help the patient/relative at EOL? | Main questions | What meaning/significance did the talk about treatment options at EOL and the POLST form have for your relative (the patient)?  What significance did it have for you and your family? |
|  |  | Do you remember any episodes where the POLST form or the fact that you had talked about treatment had any importance for your relative?  - Any other examples? |
|  |  | Did the conversation about EOL/the completion of the POLST form give you a better chance/premise to take care of your relative? Did it make it easier to help your relative? |
|  |  | How did you feel about your relative’s choices for treatment?  - Did you know their wishes beforehand?  - Were you surprised by their wishes? Why/Why not?  - Have you documented these wishes elsewhere? If so, where and when? |
| Were there any negative effects of the conversation/POLST form? |  | Did the conversation about EOL or the POLST form trigger any conflict in the family or amongst other relatives?  - Maybe those who did not participate in the conversation?  - Or those who wanted something else for the patient/NHR? |
|  | Closing questions | In your opinion, is there a need in Denmark to have a conversation about EOL and fill out a form like POLST?  - Why/Why not? |
|  |  | Do you have any further comments or ideas you would like to share with me? |

## Debriefing

* Summary of points from the interview
  + Does the participant agree? Or are there any misunderstandings?
* Are there any comments, questions, or doubts from the participant?

## Key themes

* Did the POLST form and filling out the POLST form have a positive effect on the patient/NHR or their relatives?
* Is there a need for a form like the POLST form in Denmark?