Supplementary Material

Table S1. Scores from the Adolescents' Home Food Environment Questionnaire (acronym in

Portuguese:	QAAD)
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Items	Scores
Family Eating Practices	
In my Family	
We have at least one meal together a day	I totally disagree = 0 I partially disagree = 1 I do not agree nor disagree = 2 I partially agree = 3
We meet and talk to each other during mealtimes	I totally agree = 4 I totally disagree = 0 I partially disagree = 1 I do not agree nor disagree = 2 I partially agree = 3 I totally agree = 4
Good manners are important during meals	I totally disagree = 4 I totally disagree = 0 I partially disagree = 1 I do not agree nor disagree = 2 I partially agree = 3 I totally agree = 4
It's often difficult to find a time when everyone can have meal together	I totally disagree = 4 I totally disagree = 4 I partially disagree = 3 I do not agree nor disagree = 2 I partially agree = 1 I totally agree = 0
Score	0 -16
Fresh Foods and Whole Grains Availability	
Oatmeal	Yes = 1
Beans	Yes = 1
Other Vegetables	Yes = 1
Leafy vegetables	Yes = 1
Fruits	Yes = 1
	0 - 5
Unhealthy Food Availability	
Cookies	No = 1
Candies	No = 1
Desserts	No = 1
Sodas and other sugar-sweetened beverages	No = 1
Processed meats	No = 1
Ready-to-eat meals	No = 1
Score	0 - 6
Equipment to Cook	
	$\mathbf{V}_{22} = 1$
Oven	Yes = 1

Items	Scores
Sandwich maker	Yes = 1
Blender	Yes = 1
Orange squeezer	Yes = 1
Pressure pan	Yes = 1
Score	0 - 6
Fruits and Vegetables Accessibility	
Fruits are ready for consumption (cleaned and sliced, when applicable)	I totally disagree $= 0$
	I partially disagree $= 1$
	I do not agree nor disagree $= 2$
	I partially agree $= 3$
	I totally agree $= 4$
Greens are ready for consumption (cleaned and chopped,	I totally disagree $= 0$
when applicable)	I partially disagree = 1
	I do not agree nor disagree $= 2$
	I partially agree $= 3$
	I totally agree = 4
Vegetables are ready for consumption (cooked)	I totally disagree $= 0$
	I partially disagree $= 1$
	I do not agree nor disagree $= 2$
	I partially agree = 3 I totally agree = 4
Score	<i>0 - 12</i>
	0-12
Motivational Behavior of Parents/guardians	
My parents/guardians	
Eat vegetables when I'm with them	Never = 0
	Sometimes $= 1$
	Frequently $= 2$
	Always = 3
Eat fruits when I'm with them	Never $= 0$
	Sometimes $= 1$
	Frequently = 2
Encourses mate act more finite and/or vacatables	$\frac{\text{Always} = 3}{\text{Never} = 0}$
Encourage me to eat more fruits and/or vegetables	Sometimes $= 1$
	Frequently = 2 Always = 3
Score	0 - 9
Monitoring or Controlling Behaviors of Parents/guardians	0 - 7
My parents/guardians	T 11 11 ^
Care about my weight	I totally disagree $= 0$
	I partially disagree $= 1$
	I do not agree nor disagree = 2
	I partially agree $= 3$
Care shout my dist	I totally agree = 4
Care about my diet	I totally disagree $= 0$
	I partially disagree $= 1$
	I do not agree nor disagree = 2
	I partially agree = 3
	I totally agree $= 4$

Items	Scores
Check if I eat fruits and vegetables	Never = 0
	Sometimes $= 1$
	Frequently $= 2$
	Always = 3
Control my consumption of sugar-sweetened beverages	Never $= 0$
	Sometimes $= 1$
	Frequently $= 2$
	Always = 3
Control my snack consumption	Never $= 0$
	Sometimes $= 1$
	Frequently $= 2$
	Always $= 3$
Score	0 a 17