

Table S3. Estimated change in serum lipids for the three groups with high vegetable and/or low salt intake based on a reference group with low vegetable and high salt intake in sensitivity analyses

	Change in LDL-C (mmol/L)			Change in HDL-C (mmol/L)			Change in triglycerides (mmol/L)		
	β	95% CI	p value	β	95% CI	p value	β	95% CI	p value
Added variables on lifestyle and socioeconomic factors* to Model 2									
VL_SL	0.010	-0.085, 0.106	0.832	-0.010	-0.051, 0.031	0.632	-0.064	-0.167, 0.040	0.230
VH_SL	-0.070	-0.183, 0.042	0.217	-0.029	-0.077, 0.018	0.228	-0.084	-0.205, 0.038	0.176
VH_SH	-0.042	-0.139, 0.054	0.387	-0.002	-0.043, 0.039	0.917	-0.027	-0.131, 0.078	0.615
Added variables on dietary habit† to Model 2									
VL_SL	0.010	-0.087, 0.107	0.822	-0.013	-0.054, 0.028	0.549	-0.059	-0.164, 0.046	0.305
VH_SL	-0.073	-0.185, 0.038	0.194	-0.001	-0.041, 0.039	0.350	-0.105	-0.225, 0.016	0.056
VH_SH	-0.043	-0.139, 0.053	0.382	-0.028	-0.075, 0.018	0.926	-0.040	-0.145, 0.064	0.334
Added variables on lifestyle and socioeconomic factors, and dietary habit to Model 2									
VL_SL	0.008	-0.089, 0.105	0.876	-0.010	-0.051, 0.031	0.596	-0.068	-0.173, 0.037	0.313
VH_SL	-0.080	-0.192, 0.033	0.201	-0.001	-0.042, 0.040	0.292	-0.096	-0.217, 0.025	0.174
VH_SH	-0.049	-0.146, 0.048	0.375	-0.026	-0.073, 0.021	0.981	-0.029	-0.134, 0.075	0.688

Robust regression with MM-estimation was used with reference to the group of low vegetables and high salt intake.

Abbreviations: CI: confidence interval; HDL-C: high-density lipoprotein cholesterol; LDL-C: low-density lipoprotein cholesterol; VL_SL: low vegetables intake and low salt intake; VH_SL: high vegetables intake and low salt intake; VH_SH: high vegetables intake and high salt intake.

* Sedentary time, weight measurement, occupation, positions in the company, work shift, and working hours

† Breakfast, subjective eating speed, and time between dinner and sleep