

Table S2. Estimated change in serum lipids for three groups with high vegetable and/or low salt intake, based on a reference group with low vegetable and high salt intake in the subgroup sensitivity analyses.

	Model 1			Model 2			Model 3		
	β	95% CI	p-value	β	95% CI	p-value	β	95% CI	p-value
Change in low-density lipoprotein cholesterol (mmol/L)									
Male workers (n = 1,089)									
VL_SL (n = 375)	0.005	-0.105, 0.115	0.754	0.010	-0.101, 0.120	0.769	0.004	-0.105, 0.112	0.865
VH_SL (n = 169)	-0.097	-0.223, 0.029	0.153	-0.072	-0.202, 0.058	0.210	-0.061	-0.189, 0.066	0.260
VH_SH (n = 374)	-0.079	-0.186, 0.029	0.335	-0.071	-0.181, 0.038	0.372	-0.077	-0.185, 0.03	0.340
Workers with a cafeteria usage record of ≥ 18 days (n = 1027)									
VL_SL (n = 353)	0.024	-0.076, 0.124	0.635	0.025	-0.076, 0.125	0.633	0.021	-0.077, 0.119	0.673
VH_SL (n = 150)	-0.082	-0.197, 0.033	0.162	-0.068	-0.186, 0.049	0.254	-0.059	-0.173, 0.056	0.317
VH_SH (n = 368)	-0.042	-0.139, 0.055	0.396	-0.041	-0.139, 0.057	0.415	-0.044	-0.139, 0.053	0.375
Workers with a cafeteria usage record of ≥ 71 days (n = 963)									
VL_SL (n = 304)	0.017	-0.086, 0.119	0.750	0.019	-0.084, 0.122	0.718	0.015	-0.086, 0.116	0.766
VH_SL (n = 127)	-0.072	-0.190, 0.046	0.232	-0.052	-0.173, 0.069	0.400	-0.044	-0.162, 0.075	0.469
VH_SH (n = 297)	-0.058	-0.157, 0.041	0.253	-0.051	-0.153, 0.050	0.323	-0.052	-0.151, 0.048	0.307
Change in high density lipoprotein cholesterol (mmol/L)									
Male workers (n = 1,089)									
VL_SL (n = 375)	-0.012	-0.052, 0.028	0.558	-0.010	-0.050, 0.031	0.645	-0.011	-0.051, 0.028	0.575
VH_SL (n = 169)	-0.036	-0.082, 0.010	0.125	-0.030	-0.077, 0.017	0.205	-0.024	-0.070, 0.022	0.299
VH_SH (n = 374)	-0.010	-0.049, 0.030	0.620	0.0003	-0.040, 0.040	0.989	-0.006	-0.046, 0.033	0.748
Workers with a cafeteria usage record ≥ 18 days (n = 1027)									
VL_SL (n = 353)	-0.021	-0.063, 0.021	0.333	-0.017	-0.059, 0.025	0.433	-0.020	-0.061, 0.022	0.357
VH_SL (n = 150)	-0.039	-0.088, 0.009	0.111	-0.032	-0.081, 0.017	0.206	-0.027	-0.076, 0.022	0.280
VH_SH (n = 368)	-0.016	-0.056, 0.025	0.452	-0.008	-0.049, 0.034	0.723	-0.012	-0.053, 0.029	0.567
Workers with a cafeteria usage record ≥ 71 days (n = 963)									
VL_SL (n = 304)	-0.022	-0.065, 0.021	0.319	-0.021	-0.064, 0.023	0.351	-0.024	-0.067, 0.019	0.281
VH_SL (n = 127)	-0.052	-0.102, -0.002	0.041	-0.047	-0.098, 0.004	0.073	-0.041	-0.092, 0.010	0.113
VH_SH (n = 297)	-0.027	-0.069, 0.016	0.215	-0.021	-0.064, 0.022	0.338	-0.024	-0.067, 0.018	0.263
Change in triglycerides (mmol/L)									
Male workers (n = 1,089)									
VL_SL (n = 375)	-0.051	-0.154, 0.053	0.337	-0.058	-0.162, 0.045	0.271	-0.055	-0.152, 0.041	0.262
VH_SL (n = 169)	-0.098	-0.217, 0.021	0.106	-0.118	-0.238, 0.002	0.054	-0.099	-0.211, 0.013	0.085
VH_SH (n = 374)	-0.030	-0.131, 0.072	0.567	-0.053	-0.156, 0.050	0.314	-0.068	-0.164, 0.029	0.169
Workers with a cafeteria usage record ≥ 18 days (n = 1027)									
VL_SL (n = 353)	-0.078	-0.188, 0.033	0.167	-0.087	-0.198, 0.024	0.123	-0.081	-0.184, 0.021	0.121
VH_SL (n = 150)	-0.129	-0.256, -0.001	0.048	-0.157	-0.286, -0.027	0.018	-0.128	-0.248, -0.008	0.037
VH_SH (n = 368)	-0.052	-0.159, 0.055	0.344	-0.067	-0.175, 0.042	0.230	-0.082	-0.183, 0.019	0.110
Workers with a cafeteria usage record ≥ 71 days (n = 963)									
VL_SL (n = 304)	-0.071	-0.186, 0.043	0.222	-0.079	-0.194, 0.036	0.179	-0.070	-0.177, 0.037	0.201
VH_SL (n = 127)	-0.121	-0.253, 0.011	0.073	-0.153	-0.288, -0.018	0.027	-0.131	-0.257, -0.005	0.042
VH_SH (n = 297)	-0.059	-0.170, 0.052	0.301	-0.075	-0.188, 0.038	0.193	-0.088	-0.194, 0.018	0.104

Robust regression with MM-estimation with reference to the group with low vegetable and high salt intake.

Model 1: Age, sex, and body mass index at baseline were adjusted for.

Model 2: Exercise, alcohol, smoking, total energy intake, cafeteria visit, and medication (antihypertensive medicine for systolic and diastolic blood pressure, antilipidemic medicine for low-density and high-density lipoprotein cholesterol and triglycerides, and antidiabetic medicine for hemoglobin A1c) were adjusted in addition to Model 1.

Model 3: In Addition to those in Model 2, objective variables at baseline were adjusted for.

Abbreviations: CI: confidence interval; VL_SL: low vegetable intake and low salt intake; VH_SL: high vegetable intake and low salt intake; VH_SH: high vegetable intake and high salt intake.