**Supplementary 1 – Webpages in English regarding mental health disorders in children and adolescents with congenital heart disease**

Search in August 2021

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| **Webpage** | **Target group** | **Content** |
| [I <3 Change (iheartchange.org)](https://www.iheartchange.org/coping-with-chd/)  Cooperation between Canadian Sick Kids Heart Centre, George H. Stedman Private Foundation and the Peter Munk Cardiac Centre | *Children and adolescents with CHD* | Description of challenges in living with CHD. Description of stress management, including psychoeducation on symptoms, aetiology and management.  Short psychoeducation on depression and anxiety in children and adolescents with CHD, including symptoms and potential treatment resources. |
| [CHD Patient and Psychologist (aap.org)](https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/chphc/Pages/CHD-Patient-and-Psychologist.aspx)  American Academy of Paediatrics  (No longer accessible) | *Children and adolescents with CHD* | Short description of the increased risk of depression and anxiety and a personal story of experiencing depression and anxiety. |
| [Mental health and wellbeing | BHF](https://www.bhf.org.uk/informationsupport/support/children-and-young-people/managing-your-lifestyle/mental-health-and-wellbeing)  British Heart Foundation | *Children and adolescents with CHD* | Short description of potential emotional reactions to being diagnosed with a heart disease, short description of the signs and symptoms of stress and anxiety in young people and information on how to get help. |

Additional Search in June 2024

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| **Webpage** | **Target group** | **Content** |
| [CHD In Teens - Conquering CHD](https://www.conqueringchd.org/learn/teens/)  and  [CHD Kids - Conquering CHD](https://www.conqueringchd.org/learn/children/) | *Adolescents and parents* | Information on psychological aspects of living with congenital heart disease.  Information on supporting development in children with CHD, including information on developmental milestones and neurodevelopmental follow-ups.  Toolkits for teenagers in general on managing stress, anxiety and depression.  Information on promoting mental health in parents to children with CHD. |