

**Supplementary Table S1.** Sample characteristics of the full cohort (N = 98)

	<b>n (%) or median (25%, 75%)</b>
Sex	
Female	42 (42.9)
Male	56 (57.1)
Race	
Asian	6 (6.3)
Black or African American	11 (11.6)
More than one race	4 (4.2)
White	74 (77.9)
(Unknown)	3
Hispanic ethnicity	
Yes	8 (8.2)
No	90 (91.8)
Insurance type	
Private	55 (58.5)
Public	39 (41.5)
(Unknown)	4
Prenatal diagnosis	
Yes	69 (70.4)
No	29 (29.6)
Preterm (32–37 weeks)	
Yes	20 (20.4)
No	78 (79.6)
Gestational age (weeks)	38 (37, 39)
Major genetic diagnosis <sup>a</sup>	
Yes	21 (21.4)
No	77 (78.6)
Birth weight z-score	-0.11 (-0.91, 0.54)
Birth height z-score	-0.23 (-0.99, 0.99)
Birth OFC z-score	-0.18 (-1.11, 0.36)
Cardiac diagnosis	
SV with arch obstruction	4 (4.2)
SV without arch obstruction	7 (7.4)
BiV with arch obstruction	30 (31.6)
BiV without arch obstruction	54 (56.8)
(Unknown)	3
Higher-risk cardiac diagnosis <sup>b</sup>	
Yes	34 (34.7)
No	64 (65.3)
PGE dependent	
Yes	56 (57.7)
No	41 (42.3)
(Unknown)	1
Number of surgeries	2 (1, 3)
Age at first surgery/intervention (days)	13 (6, 87)
(Unknown)	1
ECMO use	

Yes	6 (6.2)
No	91 (93.8)
(Unknown)	1
Mechanical ventilation postop (days)	2 (1, 4)
(Unknown)	1
Initial surgical hospital length of stay (days)	28 (15, 50)
Weight z-score at discharge	-1.13 (-1.97, -0.22)
Height z-score at discharge	-0.80 (-1.60, 0.26)
(Unknown)	3
OFC z-score at discharge	-0.85 (-1.84, -0.10)
(Unknown)	4
Exclusive human milk feeding while inpatient (first 6 months of life)	
Yes	22 (22.4)
No	76 (77.6)
Any direct breastfeeding while inpatient	
Yes	32 (32.7)
No	66 (67.3)

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Abbreviations: BiV = biventricular; ECMO = extracorporeal membrane oxygenation; OFC = Occipital frontal circumference; PGE = Prostaglandin E1; SV = single ventricle  
<sup>a</sup>Major genetic diagnoses with potential to impact neurodevelopment included Trisomy 21, 22q11.2 deletion syndrome, Turner syndrome, 15q13.3 microdeletion syndrome, Alagille Syndrome, VACTERL association, and PRR12-related malformation syndrome.

<sup>b</sup>Diagnoses with potential higher risk for poor neurodevelopmental outcomes included single ventricle physiology, Tetralogy of Fallot, and Transposition of the Great Arteries.

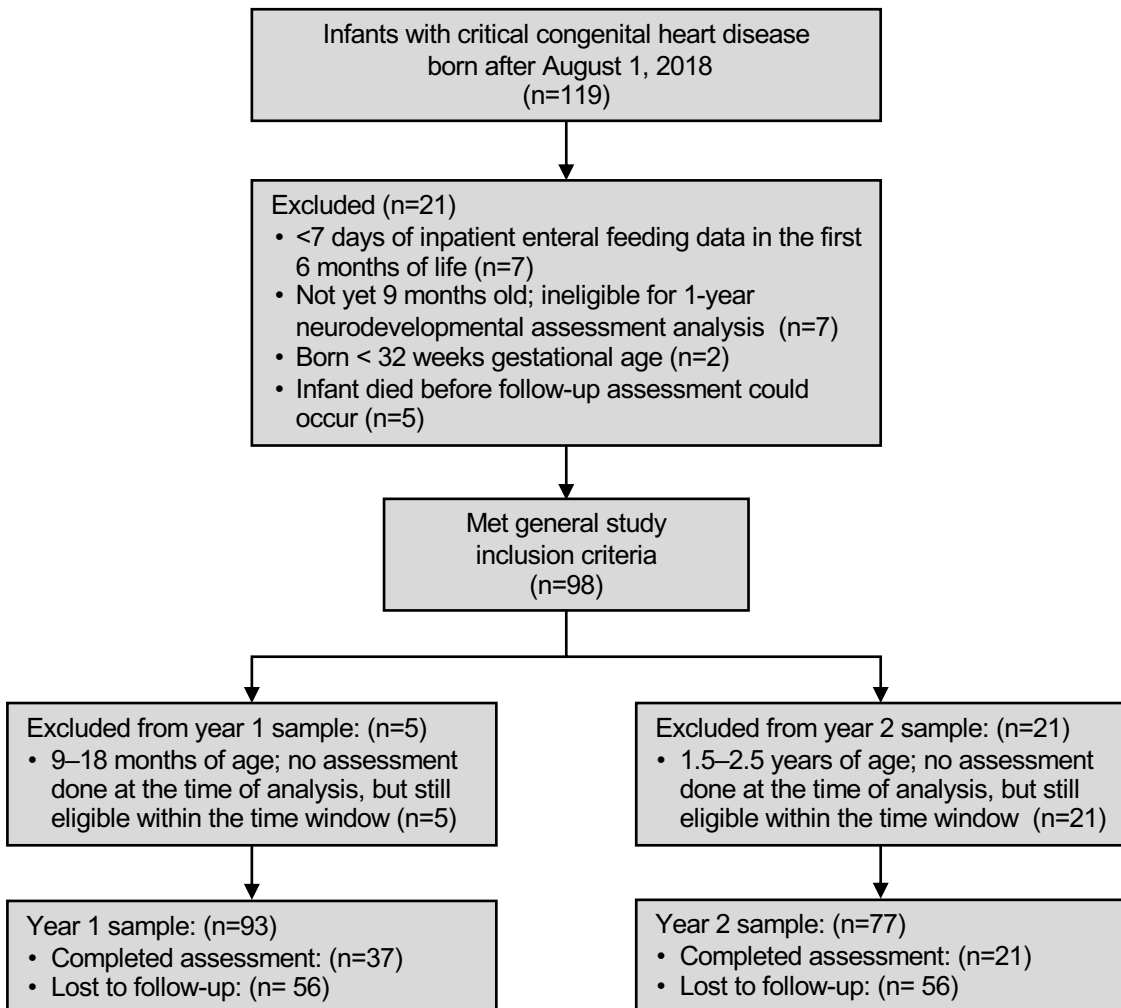
**Supplementary Table S2.** Differences in covariates between feeding groups at the 1-year follow up-time point (N=37)

	Exclusive HM while inpatient during the first 6 months of life		SMD	Any BF while inpatient during the first year of life		SMD
	Yes n = 10	No n = 27		Yes n = 14	No n = 23	
	n (%) or mean (SD)			n (%) or mean (SD)		
Race			0.45			0.25
BIPOC	1 (13)	7 (88)		4 (50)	4 (50)	
White	9 (32)	19 (68)		10 (36)	18 (64)	
Insurance type			0.25			0.58
Private	6 (26)	17 (74)		8 (35)	15 (65)	
Public	3 (25)	9 (75)		4 (33)	8 (67)	
None or Unknown	1 (50)	1 (50)		2 (100)	0 (0.0)	
Preterm (32–37 weeks)			0.60			0.46
Yes	5 (46)	6 (55)		6 (55)	5 (46)	
No	5 (19)	21 (81)		8 (31)	18 (69)	
Major genetic diagnosis <sup>a</sup>			0.42			0.55
Yes	1 (13)	7 (88)		5 (63)	3 (38)	
No	9 (31)	20 (69)		9 (31)	20 (69)	
Higher-risk cardiac diagnosis <sup>b</sup>			0.14			0.02
Yes	4 (31)	9 (69)		5 (39)	8 (62)	
No	6 (25)	18 (75)		9 (38)	15 (63)	
Number of surgeries	1.60 (0.84)	3.37 (2.31)	-0.90	2.93 (1.44)	2.87 (2.53)	0.03
Initial surgical hospital length of stay (days)	27 (16)	55 (74)	-0.54	35 (18)	55 (81)	-0.36

Abbreviations: BIPOC = Black, Indigenous, or person of color; SMD = standardized mean difference; SV = single ventricle  
<sup>a</sup>Major genetic syndromes with the potential to impact neurodevelopment included Trisomy 21, 22q11.2 deletion syndrome, Turner syndrome, 15q13.3 microdeletion syndrome, Alagille Syndrome, VACTERL association, or PRR12-related malformation syndrome.

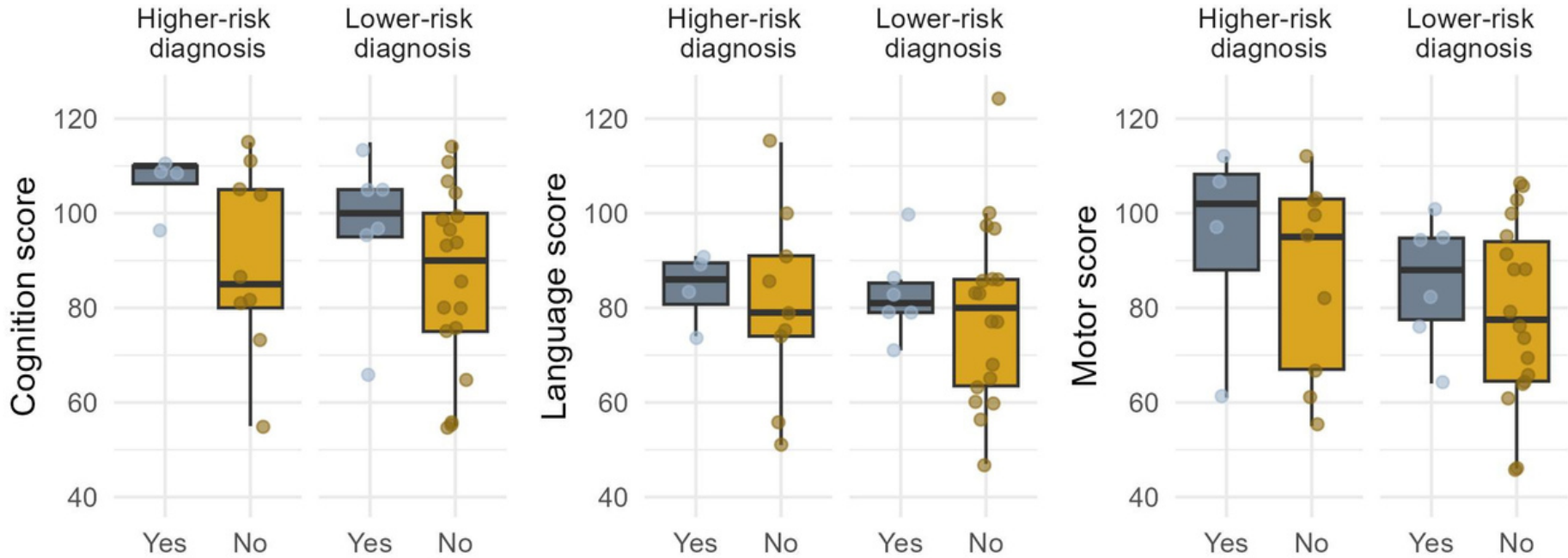
<sup>b</sup>Diagnoses with potential higher risk for poor neurodevelopmental outcomes included single ventricle physiology, Tetralogy of Fallot, and Transposition of the Great Arteries.

## Supplementary Figure S1. Flow diagram for study inclusion and exclusion

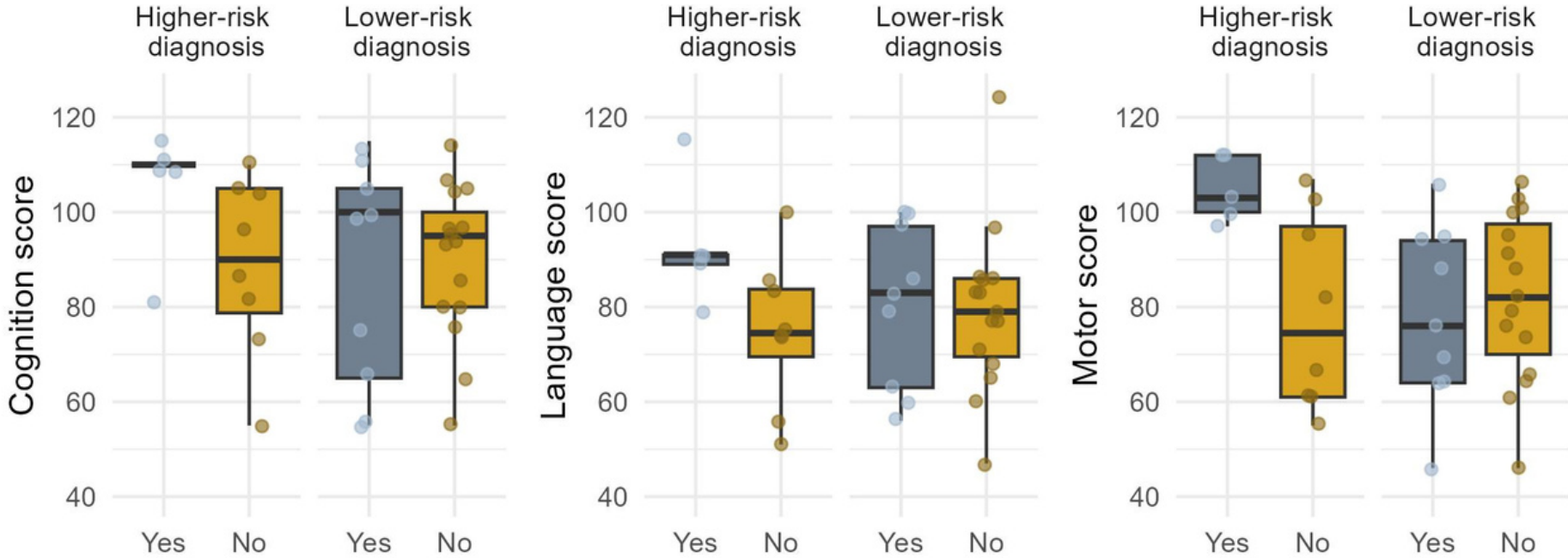


**Supplementary Figure S2.** Bayley Scales of Infant and Toddler Development-IV scores at 1-year and 2-year follow-up, compared by exclusive human milk feeding while inpatient during the first 6 months of life and by any direct breastfeeding while inpatient during the first year of life, and stratified by higher-risk cardiac diagnosis

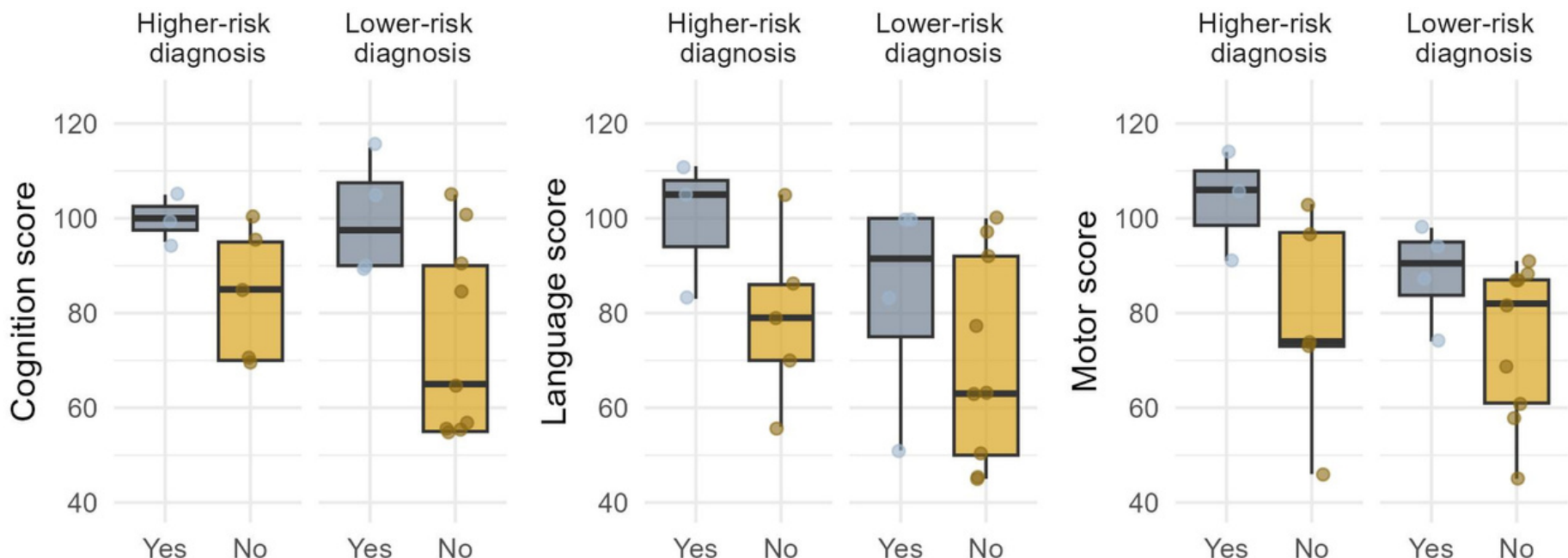
**a. Bayley-IV scores at 1-year follow-up**



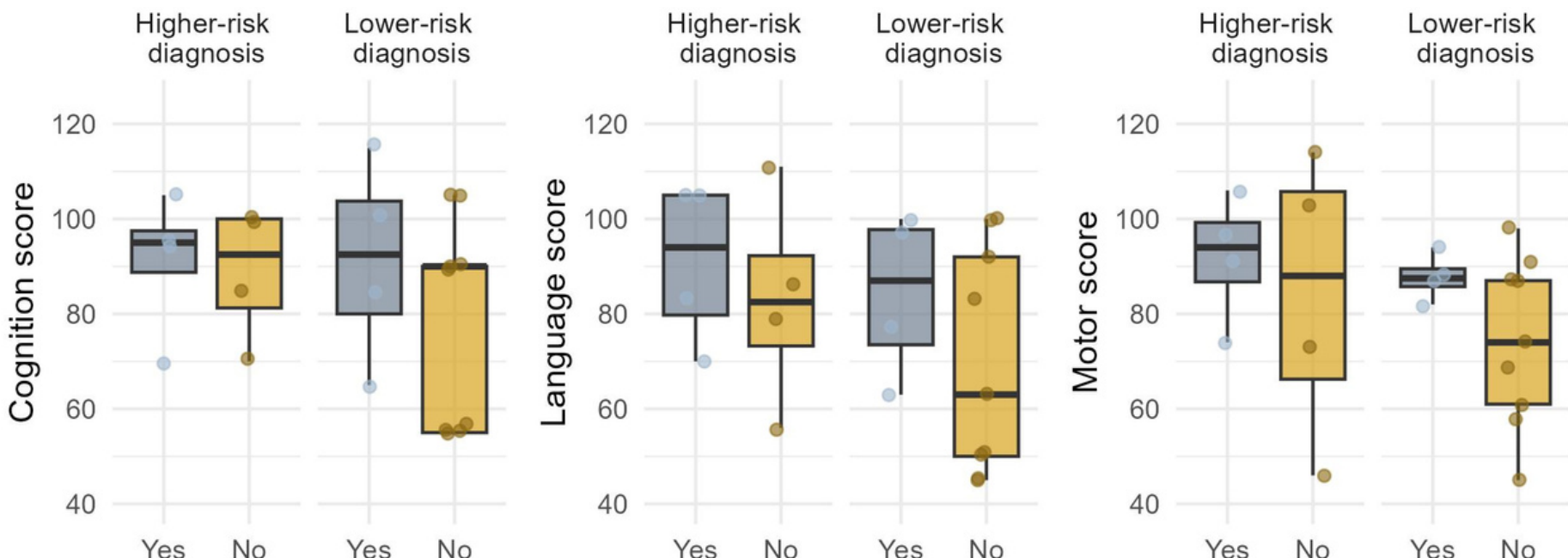
**b. Bayley-IV scores at 1-year follow-up**



**c. Bayley-IV scores at 2-year follow-up**



**d. Bayley-IV scores at 2-year follow-up**



Exclusive human milk while inpatient during the first 6 months of life

Any direct breastfeeding while inpatient during the first year of life

**Yes**, the infant received the feeding exposure of interest

**No**, the infant did not receive the feeding exposure of interest

**Supplementary Figure S3.** Each panel visualizes an individual infant's enteral nutrition during hospitalization(s) in the first year of life, arranged by Bayley-IV domain scores (low to high) at 1 year of age (n=37)

