**Appendix 3 – Overview classification**

Based on:

Gardiner, C., Laud, P., Heaton, T., & Gott, M. (2020). What is the prevalence of loneliness amongst older people living in residential and nursing care homes? A systematic review and meta-analysis. *Age and Ageing*, *49*(5), 748–757. <https://doi.org/10.1093/ageing/afaa049>

Valtorta, N. K., Kanaan, M., Gilbody, S., & Hanratty, B. (2016). Loneliness, social isolation and social relationships: What are we measuring? A novel framework for classifying and comparing tools. *BMJ Open*, *6*(4), e010799. <https://doi.org/10.1136/bmjopen-2015-010799>

Legend

|  |  |
| --- | --- |
|   | 1-item questions |
|  | De Jong Gierveld Loneliness scale |
|  | UCLA 20-item scale |
|  | UCLA short version |
|  | Combination of different measurement instruments |

|  |  |
| --- | --- |
| **Various response options from self-rated measures of loneliness** | **Response options to be included in meta-analysis** |
| * Not lonely [1, 2, 6, 7, 12, 13, 15, 16, 19, 20, 24, 25, 29, 32, 33, 34, 35, 36, 37, 38, 39, 41, 42, 44, 47, 48, 50, 51, 56, 59, 60, 61, 62]
* Without loneliness [3]
* Mild loneliness [4, 22, 31, 57]
* Hardly lonely [5]
* Almost never lonely [8, 28]
* Seldom lonely [8, 11, 18]
* Rarely lonely [9, 43]
* No loneliness [10, 23, 46]
* Never lonely [11, 18, 42, 43, 52, 53, 54, 55]
* Hardly ever or never lonely [14, 26, 27]
* Nil or mild loneliness [17]
* Low level of loneliness experience [21]
* Low loneliness [30]
* Seldom or never lonely [40]
* Lonely almost none of the time [45]
* Hardly ever lonely [49]
* Low level of loneliness [58]
 | NOT/MILDLY LONELY |
| * Lonely [1, 2, 12, 13, 15, 16, 19, 20, 25, 32, 33, 34, 35, 36, 37, 38, 39, 41, 44, 47, 50, 51, 56, 60, 61, 62]
* With loneliness [3]
* Moderate loneliness [4, 10, 17, 22, 31, 57]
* Moderate-severe loneliness [4, 57]
* Severe loneliness [4, 10, 17, 22, 31, 57]
* Sometimes/often lonely [5]
* High level of loneliness [6, 58]
* Moderately lonely [7, 24, 42]
* Severely or very severely lonely [7]
* Often lonely [8, 11, 14, 18, 26, 27, 42, 43, 48, 49, 52, 54, 55]
* Nearly always lonely [8]
* Frequently lonely [9, 59]
* Sometimes lonely [11, 18, 28, 40, 42, 43, 52, 54, 55]
* Some of the time lonely [14, 26, 27, 45, 49, 53]
* Moderate level of loneliness experience [21]
* High level of loneliness experience [21]
* Occasional loneliness [23]
* Frequent loneliness [23]
* Severely lonely [24, 42]
* Quite often lonely [28]
* With feelings of loneliness [29]
* High loneliness [30]
* Often or always lonely [40]
* Always lonely [42, 52, 54, 55]
* Very severely lonely [42]
* Lonely most of the time [45]
* Lonely almost all the time [45]
* Moderately high degree of loneliness [46]
* Lonely all or most of the time [53]
* Medium level of loneliness [58]
 | LONELY |