

Supplementary information 2: Descriptive statistics of the socio-demographic characteristics of the participants of the study

Table S2-1: Gender of the participants

		Frequency	Percentage	Valid Percentage
<i>Valid</i>	male	354	24.28	24.30
	female	1103	75.65	75.70
	<i>Total</i>	1457	99.93	100.00
<i>Missing</i>		1	0.07	
<i>Total</i>		1458	100.00	

Table S2-2: Age of the participants

		Frequency	Percentage	Valid Percentage	Cumulated Percentage
<i>Valid</i>	under 18	41	2.81	2.84	2.84
	18-29	339	23.25	23.48	26.32
	30-44	475	32.58	32.89	59.21
	45-59	485	33.26	33.59	92.80
	60-74	95	6.52	6.58	99.38
	75-89	7	0.48	0.48	99.86
	over 89	2	0.14	0.14	100.00
	<i>Total</i>	1444	99.04	100.00	
<i>Missing</i>		14	0.96		
<i>Total</i>		1458	100.00		

Table S2-3: German state of the place of residence of the participants

		Frequency	Percentage	Valid Percentages
<i>Valid</i>	Baden-Wuerttemberg	214	14.68	14.68
	Bavaria	242	16.60	16.60
	Berlin	42	2.88	2.88
	Brandenburg	35	2.40	2.40
	Bremen	13	0.89	0.89
	Hamburg	26	1.78	1.78
	Hesse	113	7.75	7.75
	Mecklenburg-Hither Pomerania	17	1.17	1.17
	Lower Saxony	146	10.01	10.01
	North Rhine-Westphalia	366	25.10	25.10
	Rhineland-Palatine	75	5.14	5.14
	Saarland	13	0.89	0.89
	Saxony	43	2.95	2.95
	Saxony-Anhalt	23	1.58	1.58
	Schleswig-Holstein	64	4.39	4.39
	Thuringia	26	1.78	1.78
	<i>Total</i>	1458	100.00	100.00
<i>Missing</i>		0	0.00	
<i>Total</i>		1458	100.00	

Table S2-4: Distribution of the participants in states of East or West Germany

		Frequency	Percentage	Valid Percentages
<i>Valid</i>	East Germany	186	12.76	12.76
	West Germany	1272	87.24	87.24
	<i>Total</i>	1458	100.00	100.00
<i>Missing</i>		0	0.00	
<i>Total</i>		1458	100.00	

Table S2-5: Place of residence of the participants

		Frequency	Percentage	Valid Percentages
<i>Valid</i>	Large city	234	16.05	16.24
	suburb of a large city	220	15.09	15.27
	Medium or small sized town	410	28.12	28.45
	Rural village	505	34.64	35.05
	Isolated farmstead or house	72	4.94	5.00
	<i>Total</i>	1441	98.83	100.00
<i>Missing</i>		17	1.17	
<i>Total</i>		1458	100.00	

Table S2-6: Civil status of the participants

		Frequency	Percentage	Valid Percentages
<i>Valid</i>	Married or in a civil union and living together with partner	706	48.42	52.26
	Married or in a civil union but separated	30	2.06	2.22
	Widowed	20	1.37	1.48
	Divorced	83	5.69	6.14
	Single	512	35.12	37.90
	<i>Total</i>	1351	92.66	100.00
<i>Missing</i>		107	7.34	
<i>Total</i>		1458	100.00	

Table S2-7: Number of persons living in the same household as the participants

		Frequency	Percentage	Valid Percentages	Cumulated Percentages
<i>Valid</i>	One person	304	20.85	21.24	21.24
	Multiple persons	1127	77.30	78.76	100.00
	<i>Total</i>	1431	98.15	100.00	
<i>Missing</i>		27	1.85		
<i>Total</i>		1458	100.00		

Table S2-8: Detailed specification of the number of persons living in the same household as the participants as given by the participants

		Frequency	Percentage	Valid Percentages	Cumulated Percentages
<i>Valid</i>	1	5	0.34	0.44	0.44
	2	596	40.88	52.98	53.42
	3	217	14.88	19.29	72.71
	4	201	13.79	17.87	90.58
	5	79	5.42	7.02	97.60
	6	13	0.89	1.16	98.76
	7	7	0.48	0.62	99.38
	8	3	0.21	0.27	99.64
	9	3	0.21	0.27	99.91
	12	1	0.07	0.09	100.00
	<i>Total</i>	1125	77.16	100.00	
<i>Missing</i>		333	22.84		
<i>Total</i>		1458	100.00		

Table S2-9: Number of persons under 18 years living in the same household as the participants

		Frequency	Percentage	Valid Percentages	Cumulated Percentages
<i>Valid</i>	Persons under 18 years in the household	382	26.20	26.83	26.83
	No persons under 18 years in the household	1042	71.47	73.17	100.00
	<i>Total</i>	1424	97.67	100.00	
<i>Missing</i>		34	2.33		
<i>Total</i>		1458	100.00		

Table S2-10: Detailed specification of the number of persons under 18 years living in the same household as the participants as given by the participants

		Frequency	Percentage	Valid Percentages	Cumulated Percentages
<i>Valid</i>	1	207	14.20	55.35	55.35
	2	121	8.30	32.35	87.70
	3	34	2.33	9.09	96.79
	4	7	0.48	1.87	98.66
	5	2	0.14	0.53	99.20
	6	2	0.14	0.53	99.73
	7	1	0.07	0.27	100.00
	<i>Total</i>	374	25.65	100.00	
<i>Missing</i>		1084	74.35		
<i>Total</i>		1458	100.00		

Table S2-11: Highest educational (school) qualification of the participants (name of the qualification in the German education system is given in italics in brackets)

		Frequency	Percentage	Valid Percentages
Valid	Pupil secondary school (<i>Schüler/-in. besuche eine allgemeinbildende Vollzeitschule</i>)	28	1.92	1.99
	Without school graduation diploma (<i>Von der Schule abgegangen ohne Hauptschulabschluss. Volksschulabschluss</i>)	13	0.89	0.92
	GCSE. Level 2 equivalent (<i>Hauptschulabschluss. Volksschulabschluss</i>)	147	10.08	10.44
	GCSE. Level 2 equivalent (<i>Realschulabschluss. Mittlere Reife</i>)	432	29.63	30.68
	GCSE. Level 2 equivalent (<i>Polytechnische Oberschule der DDR mit Abschluss der 8. oder 9. Klasse</i>)	7	0.48	0.50
	GCSE. Level 2 equivalent (<i>Polytechnische Oberschule der DDR mit Abschluss der 10. Klasse</i>)	44	3.02	3.13
	Level 3 equivalent (<i>Fachhauptschulreife. Abschluss einer Fachoberschule</i>)	176	12.07	12.50
	Level 3 equivalent (<i>Allgemeine oder fachgebundene Hochschulreife/Abitur [Gymnasium bzw. EOS. auch EOS mit Lehre]</i>)	527	36.15	37.43
	Level 3 equivalent (<i>Abitur über zweiten Bildungsweg nachgeholt</i>)	34	2.33	2.41
	<i>Total</i>	1408	96.57	100.00
Missing		50	3.43	
Total		1458	100.00	

Table S2-12: Educational qualification of the participants

		Frequency	Percentage	Valid Percentages
Valid	Without educational diploma	181	12.41	13.08
	Professional qualification	836	57.34	60.40
	University degree	367	25.17	26.52
	<i>Total</i>	1384	94.92	100.00
Missing		74	5.08	
Total		1458	100.00	

Table S2-13: Occupational situation of the participants

		Freque- cyt	Perce- tage	Valid Perce- tages
<i>Valid</i>	Full-time equivalent	719	49.31	50.10
	Part-time equivalent	253	17.35	17.63
	Partial retirement	4	0.27	0.28
	Marginal employment (Mini-job)	75	5.14	5.23
	„One-Euro-Job“ (in addition to unemployment benefits)	4	0.27	0.28
	Casual labourer or intermittently employed	22	1.51	1.53
	In a professional education / apprenticeship	34	2.33	2.37
	In retraining	9	0.62	0.63
	Voluntary social or ecological Year / federal volunteer service	3	0.21	0.21
	Parental or other leave	39	2.67	2.72
	Not employed (including pupils, students, unemployed persons, retirees without additional income)	273	18.72	19.02
	Total	1435	98.42	100.00
<i>Missing</i>		23	1.58	
<i>Total</i>		1458	100.00	

Table S2-14: Household net income of the participants

		Frequency	Percentage	Valid Perce- tages	Cumulated Percentages
<i>Valid</i>	under 1.000 Euro	106	77	9.31	9.31
	1.000 to under 2.000 Euro	305	20.92	26.78	36.08
	2.000 to under 3.000 Euro	288	19.75	25.29	61.37
	3.000 to under 4.000 Euro	204	13.99	17.91	79.28
	4.000 to under 5.000 Euro	101	6.93	8.87	88.15
	5.000 Euro and more	135	9.26	11.85	100.00
	<i>Total</i>	1139	78.12	100.00	
<i>Missing</i>		319	21.88		
<i>Total</i>		1458	100.00		