English Summary

- **Sampling and Recruitment**:

  - The survey was conducted using Kantar Norway's web panel, a nationally representative panel comprising 40,000 adults aged 18 and older. Panel members are recruited through random selection, ensuring broad representation of the Norwegian population.
  - Stratified sampling was employed to ensure representativeness across key demographic variables, including age, gender, region, and educational level. This process resulted in 32 strata, with recruitment and sampling targets set proportionally to the distribution of these variables in the general population.
  - A total of 9,017 invitations were distributed via email, with up to three reminders sent to non-responders to maximize participation.

- **Survey Content and Structure**:

  - The survey included sections on general trust, risk attitudes, volunteering behavior, motives for volunteering, and attitudes toward volunteering. For participants with prior volunteering experience, additional follow-up questions were included to gather more detailed insights into their motivations and experiences.
  - A separate section on preparedness was included but is unrelated to the primary study focus.

- **Administration and Data Collection**:

  - The survey was administered online, with Kantar Norway managing all technical aspects, including sending invitations, tracking responses, and administering reminders to non-responders. Data collection was conducted in 2022.

- **Completion Time**:

  - Estimated completion time varied depending on the respondents' level of volunteering engagement. Non-volunteers completed the survey in approximately 8 minutes, while those with prior volunteering experience required around 12 minutes due to additional follow-up questions.

- **Response Rates and Data Weighting**:

  - Of the 9,017 individuals invited to participate, 3,185 completed the survey, resulting in a response rate of 35%. The final sample was weighted to match the distribution of the adult Norwegian population based on age, gender, region, and educational level.