**Supplement 1**

*ICD-10 and DSM-IV-TR Diagnoses Included in the Definition of Anxiety and Depressive Disorders in This Study*

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| --- | --- | --- | --- |
| **T1 Anxiety****(ICD-10)** | **T1 Depression****(ICD-10)** | **T2 Anxiety****(DSM-IV-TR)** | **T2 Depression****(DSM-IV-TR)** |
| Agoraphobia | Depressive episode | Agoraphobia | Major depressive disorder |
| Social phobia | Recurrent depressive episode | Social phobia  | Major depressive disorder with psychotic symptoms |
| Specific phobia | Dysthymia | Specific phobia | Dysthymic disorder |
| Other phobic disorders | Other mood disorders | Separation anxiety disorder | Depressive disorder INA |
| Unspecified phobic anxiety disorder | Unspecified mood disorder | Anxiety disorder INA  |  |
| Panic disorder |  | Panic disorder  |  |
| Generalized anxiety disorder |  | Generalized anxiety disorder  |  |
| Mixed anxiety and depressive disorder |  |  |  |
| Other mixed anxiety disorders |  |  |  |
| Unspecified anxiety disorder |  |  |  |
| Separation anxiety disorder of childhood |  |  |  |
| Phobic anxiety disorder of childhood |  |  |  |
| Social anxiety disorder of childhood |  |  |  |