Supplementary Table 1. Electronic Databases and Search Strategy [March 6, 2024]

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| Database (n) | Search strategy #1 AND #2 |
| Web of Science (n=484)WoS (n=451)SCIELO (n=29)KCI (n=1)Grants Index (n=13)ProQuest™ (n=11)<https://www.webofscience.com> | #1 | TS=(Mediterranean NEAR/1 (diet\*)) (n=17,934)  |
| #2 | TS=(dent\* OR oral OR mastic\* OR chew\*) (n=1,702,533) |
| Scopus (n=462)<https://www.scopus.com> | #1 | TITLE-ABS-KEY ( mediterranean W/1 ( diet\* ) ) (n=15,298) |
| #2 | TITLE-ABS-KEY ( dent\* OR oral OR mastic\* OR chew\* ) (n=2,087,155) |
| PubMed (n=181)<https://pubmed.ncbi.nlm.nih.gov/> | #1 | ("Diet, Mediterranean"[Mesh]) OR (Mediterranean diet\*[Title/Abstract]) (n=9,359) |
| #2 | (("Oral Health"[Mesh]) OR ("Mastication"[Mesh])) OR (dent\*[Title/Abstract] OR oral[Title/Abstract] OR mastic\*[Title/Abstract] OR chew\*[Title/Abstract]) (n=1,121,347) |

n - number of hits, WoS - Web of Science Core Collection, SCIELO - SciELO Citation Index, KCI - Korean Journal Database, ProQuest™ - ProQuest™ Dissertations & Theses Citation Index, TS - Topic (article title, abstract and keywords)