

Supplementary table. Aims, participant demographics, data collection methods, approaches to analysis, and key findings about each of the included qualitative studies

Reference	Aims	Participants	n	Data collection	Analysis	Results
Bromage <i>et al.</i> 2017	Describe Project Connect, an intervention through which people with mental health challenges can access support to make community connections based on self-determination and personal interests.	Individuals with lived experience of mental health challenges	30	Surveys and interviews	Narrative analysis	Identified three types of connections: fulfilled, in process, unfulfilled
Clayton <i>et al.</i> 2020	Explore mental health providers' view of citizenship to support societal participation of people with mental health challenges using the Citizenship Outcome Measure.	Mental health professionals	77	Focus groups	Thematic analysis	Identified themes: social, clinical, feedback on measure, structural barriers
Cogan <i>et al.</i> 2021	Explore barriers to citizenship for adults with mental health problems and life disruptions.	Adults with mental health challenges and life disruptions	40	Semi-structured interviews	Thematic analysis	Identified themes: stigmatization, social exclusion, sense of difference
Danielsen <i>et al.</i> 2021	Explore the role of tailored exercise in supporting recovery for individuals with mental health challenges.	Individuals with mental health challenges.	9	Interviews	Systematic text condensation	Identified themes: safe space, more than exercise, transition back to outside
De <i>et al.</i> 2019	Report on encounters between volunteer "clown therapists" and hospitalized patients and their family members.	Hospitalized patients	11	Observations and interviews	Thematic analysis	Identified themes: clown therapists, hospitalization, roles, unknown
Eiroa-Orosa 2019	Introduce a reflective activity to mental health professionals to disseminate the citizenship framework.	Mental health professionals	27	Surveys	Theory-based content analysis	Identified existing citizenship components and areas for improvement
Hamer and Finlayson 2015	Explore service users' understandings of their rights and responsibilities of citizenship and the conditions placed on these.	Mental health service users	17	Semi-structured interviews	Framework approach	Identified barriers to participation and rights
Hamer <i>et al.</i> 2014	Understand what citizenship means to service users and whether the recovery approach helps or hinders their journeys to full citizenship.	Mental health service users, government reps, and nurses	29	Individual interviews	Framework approach	Discussed rules, norms, exclusion, and inclusion
Hamer <i>et al.</i> 2017	Present mental health service users' stories of exclusion and inclusion that affected their rights and responsibilities as citizens.	Mental health service users and advisors	82	Semi-structured interviews	Thematic analysis	Identified power structures: privilege and marginalization

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Hamer <i>et al.</i> 2019	Describe acts of citizenship by mental health workers that promote social inclusion.	Mental health professionals and peer support workers	12	Semi-structured interviews	Inductive approach	Identified themes: breaking rules, doing the right thing
Harper <i>et al.</i> 2017	Present qualitative findings of community integration experiences of individuals with serious mental health challenges and critical social environment elements.	Mental health service users with serious health challenges	8	Interviews	Thematic narrative approach	Identified three themes: macrosocial, microsocial, intermediate interactions
Harper <i>et al.</i> 2018	Explore the use of financial services by people with serious mental health challenges and poverty.	Individuals with mental health and social exclusion challenges	31	Surveys and interviews	Thematic analysis	Identified themes: financial struggles, Social Security management, financial services use
Kour <i>et al.</i> 2019	Explore the lived experiences of immigrants with co-occurring substance use and mental health disorders.	Immigrants with substance use and mental health challenges	10	Interviews	Phenomenological and systematic text condensation	Identified coping and negotiating experiences
Kriegel <i>et al.</i> 2022	Evaluate and understand musical intervention through surveys, interviews, and observations.	Musical intervention users	83	Surveys, interviews, observations	Narrative analysis	Identified themes: integrated community, personal experience
MacIntyre <i>et al.</i> 2021	Develop an empirical model of citizenship within Scotland, UK.	Various participants with and without life disruptions	77	Focus groups, concept-mapping	Multidimensional scaling and cluster analysis	Identified five core domains: relationships, autonomy, services, values, rights
Ponce <i>et al.</i> 2012	Formulate a citizenship map from focus group discussions to inform interventions in community mental health systems for marginalized individuals.	Homeless individuals with criminal justice charges and mental health treatment	11	Focus groups	Reviewed themes independently, then reached consensus	Identified seven key themes: responsibility, helping others, dignity, second chances, helpfulness, time, employment, and housing
Ponce <i>et al.</i> 2016	Explore mental health providers' views of the potential contribution of this framework.	Mental health care providers	77	Focus groups	Thematic analysis	Identified social and clinical themes
Quinn <i>et al.</i> 2020	Advance understanding of collective citizenship in mental health context through the FACE program.	FACE members with various life disruptions	20	Ethnographic notes	Thematic analysis	Identified themes: purpose, mutual support, collective action

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Rowe <i>et al.</i> 2012	Develop a greater understanding of the construct of citizenship and an instrument to assess the degree to which individuals, particularly those with psychiatric disorders, perceive themselves to be citizens in a multifaceted sense.	Individuals with mental health services, criminal justice charges, serious health challenges, or none	141	Focus groups and concept-mapping	Multidimensional scaling and cluster analysis	Identified seven citizenship domains: responsibilities, government, self-care, civil rights, legal rights, choices, world stewardship
Stewart <i>et al.</i> 2017	Explore the usefulness of recognition theory, recovery, and citizenship in explaining constructions of community by adults with life disruptions.	Students from citizenship programs	17	Focus groups	Thematic analysis	Identified themes of identity, common experience, and community