**Appendix 1: PubMed Search Strategy**

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| --- | --- | --- | --- |
| **13** | **#4 AND #11** | **(((("personal therapy"[Text Word] OR "personal therapy"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("personal psychotherapy"[Text Word] OR "personal psychotherapy"[Title/Abstract]) AND "hasabstract"[All Fields]) OR ("psychotherapy/statistics and numerical data"[MeSH Terms] AND "hasabstract"[All Fields])) AND ((("psychiatrist\*"[Text Word] OR "psychiatrist\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry trainee\*"[Text Word] OR "psychiatry trainee\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry resident\*"[Text Word] OR "psychiatry resident\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry registrar\*"[Text Word] OR "psychiatry registrar\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatric trainee\*"[Text Word] OR "psychiatric trainee\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatric registrar\*"[Text Word] OR "psychiatric registrar\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatric resident\*"[Text Word] OR "psychiatric resident\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR ("psychiatry/education"[MeSH Terms] AND "hasabstract"[All Fields]) OR ("psychiatry/statistics and numerical data"[MeSH Terms] AND "hasabstract"[All Fields]))) AND ((fha[Filter]) AND (fft[Filter]) AND (english[Filter]) AND (1992:2022[pdat]))** | **104** |
| **12** | **#4 AND #11** | **(((("personal therapy"[Text Word] OR "personal therapy"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("personal psychotherapy"[Text Word] OR "personal psychotherapy"[Title/Abstract]) AND "hasabstract"[All Fields]) OR ("psychotherapy/statistics and numerical data"[MeSH Terms] AND "hasabstract"[All Fields])) AND "hasabstract"[All Fields] AND (((("psychiatrist\*"[Text Word] OR "psychiatrist\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychotherapy trainee\*"[Text Word] OR "psychiatry trainee\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry resident\*"[Text Word] OR "psychiatry resident\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry registrar\*"[Text Word] OR "psychiatry registrar\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR ("psychiatry/education"[MeSH Terms] AND "hasabstract"[All Fields]) OR ("psychiatry/statistics and numerical data"[MeSH Terms] AND "hasabstract"[All Fields])) AND "hasabstract"[All Fields])) AND (fha[Filter])** | **156** |
| **11** | **#5 OR #6 OR #7 OR #8 OR #9 OR #10** | **((("psychiatrist\*"[Text Word] OR "psychiatrist\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychotherapy trainee\*"[Text Word] OR "psychiatry trainee\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry resident\*"[Text Word] OR "psychiatry resident\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("psychiatry registrar\*"[Text Word] OR "psychiatry registrar\*"[Title/Abstract]) AND "hasabstract"[All Fields]) OR ("psychiatry/education"[MeSH Terms] AND "hasabstract"[All Fields]) OR ("psychiatry/statistics and numerical data"[MeSH Terms] AND "hasabstract"[All Fields])) AND (fha[Filter])** | **28,334** |
| **10** | **psychiatry/statistics and numerical data [MeSH Terms]** | **("psychiatry/statistics and numerical data"[MeSH Terms]) AND (fha[Filter])** | **1,783** |
| **9** | **psychiatry/education[MeSH Terms]** | **("psychiatry/education"[MeSH Terms]) AND (fha[Filter])** | **4,494** |
| **8** | **("psychiatry registrar\*"[Text Word]) OR ("psychiatry registrar\*"[Title/Abstract])** | **("psychiatry registrar\*"[Text Word] OR "psychiatry registrar\*"[Title/Abstract]) AND (fha[Filter])** | **25** |
| **7** | **("psychiatry resident\*"[Text Word]) OR ("psychiatry resident\*"[Title/Abstract])** | **("psychiatry resident\*"[Text Word] OR "psychiatry resident\*"[Title/Abstract]) AND (fha[Filter])** | **722** |
| **6** | **("psychotherapy trainee\*"[Text Word]) OR ("psychiatry trainee\*"[Title/Abstract])** | **("psychiatry trainee\*"[Text Word] OR "psychiatry trainee\*"[Title/Abstract]) AND (fha[Filter])** | **216** |
| **5** | **(psychiatrist\*[Text Word]) OR (psychiatrist\*[Title/Abstract])** | **("psychiatrist\*"[Text Word] OR "psychiatrist\*"[Title/Abstract]) AND (fha[Filter])** | **23,767** |
| **4** | **#1 OR #2 OR #3** | **((("personal therapy"[Text Word] OR "personal therapy"[Title/Abstract]) AND "hasabstract"[All Fields]) OR (("personal psychotherapy"[Text Word] OR "personal psychotherapy"[Title/Abstract]) AND "hasabstract"[All Fields]) OR ("psychotherapy/statistics and numerical data"[MeSH Terms] AND "hasabstract"[All Fields])) AND (fha[Filter])** | **2,468** |
| **3** | **psychotherapy/statistics and numerical data[MeSH Terms]** | **("psychotherapy/statistics and numerical data"[MeSH Terms]) AND (fha[Filter])** | **2,332** |
| **2** | **("personal psychotherapy"[Text Word]) OR ("personal psychotherapy"[Title/Abstract])** | **("personal psychotherapy"[Text Word] OR "personal psychotherapy"[Title/Abstract]) AND (fha[Filter])** | **38** |
| **1** | **("personal therapy"[Text Word]) OR ("personal therapy"[Title/Abstract])** | **("personal therapy"[Text Word] OR "personal therapy"[Title/Abstract]) AND (fha[Filter])** | **110** |