**Supplementary Table 2.** *Number and proportion of participants with complete endpoint data.*

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Complete data N (%)** | | |
|  | **Active control (N=36)** | **BrainACT (N=36)** | **Total  (N=72)** |
| **Baseline** |  |  |  |
| Sex | 36 (100%) | 36 (100%) | 72 (100%) |
| Age | 36 (100%) | 36 (100%) | 72 (100%) |
| Marital status | 36 (100%) | 36 (100%) | 72 (100%) |
| Educational level | 36 (100%) | 36 (100%) | 72 (100%) |
| Employment | 36 (100%) | 36 (100%) | 72 (100%) |
| Cost-questionnaire (costs) | 36 (100%) | 36 (100%) | 72 (100%) |
| EQ-5D-5L (utility) | 36 (100%) | 36 (100%) | 72 (100%) |
| HADS (anxiety & depression) | 36 (100%) | 36 (100%) | 72 (100%) |
| **T1 (3 months)** |  |  |  |
| Cost-questionnaire (costs) | 25 (69%) | 28 (78%) | 53 (74%) |
| EQ-5D-5L (utility) | 26 (72%) | 28 (78%) | 54 (75%) |
| HADS (anxiety & depression) | 26 (72%) | 30 (83%) | 56 (78%) |
|  |  |  |  |
| *Drop-out* | *8 (22%)* | *3 (8%)* | *11 (15%)* |
| **T2 (7 months)** |  |  |  |
| Cost-questionnaire (costs) | 26 (72%) | 30 (83%) | 56 (78%) |
| EQ-5D-5L (utility) | 27 (75%) | 29 (81%) | 56 (78%) |
| HADS (anxiety & depression) | 27 (75%) | 30 (83%) | 57 (79%) |
|  |  |  |  |
| *Drop-out* | *8 (22%)* | *4 (11%)* | *12 (17%)* |
| **T3 (12 months)** |  |  |  |
| Cost-questionnaire (costs) | 27 (75%) | 31 (86%) | 58 (81%) |
| EQ-5D-5L (utility) | 27 (75%) | 32 (89%) | 59 (82%) |
| HADS (anxiety & depression) | 27 (75%) | 32 (89%) | 59 (82%) |
|  |  |  |  |
| *Drop-out* | *9 (25%)* | *4 (11%)* | *13(18%)* |