**Supplementary Table 1.** Unit prices for healthcare and non-healthcare costs.

|  |  |  |
| --- | --- | --- |
| Cost category | Unit | Cost per unit  (€, 2022)\*\*\* |
| **Intervention costs\*** | Other | Various |
| **Healthcare costs\*\*** |  |  |
| General practitioner | Contact | 40 |
| Specialist in a hospital | Contact | 111 |
| Rehabilitationa | Contact | 46 |
| Daycare | Halfday | 82 |
| Paramedicsb | Contact | 39 |
| Mental health care professionalc | Contact | 97 |
| Home help | Hours | 28 |
| Home care | Hours | 61 |
| Hospital admission | Night | 581 |
| Rehabilitation center | Night | 393 |
| Nursing home | Night | 393 |
| Psychiatric institution | Night | 369 |
| **Non-healthcare costs\*\*** |  |  |
| Unpaid help | Hours | 17 |
| Unpaid productivity losses | Hours | 17 |
| Paid productivity losses | Hours | 42 |
|  |  |  |
| *\*Calculated per participant depending on the number of sessions and type of care professional that delivered the intervention*  *\*\*Dutch guidelines for cost calculations in healthcare* | | |
| *\*\*\*All unit prices are after inflation correction from 2014 to 2022*  *aA single rehabilitation session with a healthcare professional in a hospital, rehabilitation center, or nursing home*  *bIncludes physiotherapist, speech therapist, and occupational therapist*  *cIncludes psychologist, psychotherapist, social psychiatric specialist, and psychiatrist.* | | |