# Supplementary File 3. Quality Assessment (CASP, 2018).

|  | Critical Appraisal Skills Programme (CASP, 2018) Question | | | | | | | | | |
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| Included study | Q1 Was there a clear statement of the aims of the research? | Q2 Is a qualitative methodology appropriate? | Q3 Was the research design appropriate to address the aims of the research? | Q4 Was the recruitment strategy appropriate to the aims of the research? | Q5 Was the data collected in a way that addressed the research issue? | Q6 Has the relationship between the researcher and participants been adequately considered? | Q7 Have ethical issues been taken into consideration? | Q8 Was the data analysis sufficiently rigorous? | Q9 Is there a clear statement of findings? | Q10 How valuable is the research? |
| Birtwell & Dubrow-Marshall (2018) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Buse et al. (2023) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Campbell et al. (2023) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Charras et al. (2020) | Y | Y | Y | Y | Y | ? | ? | ? | Y | Y |
| Fielder & Marsh (2020) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Foster-Collins et al. (2024) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Johansson et al. (2022) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Li et al. (2021) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Marsh et al. (2018) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Morris et al. (2021) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Noone & Jenkins (2018) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Robertson & McCall (2020) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Smith-Carrier et al. (2021) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Styck & George (2022) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Swift et al. (2024) | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |