*Appendix A* Themes and assigned codes

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|  | **Theme** | **codes** |
| 1 | *Deciding and executing decisions* | Being able to care for appearance: hair/nails  Being able to care for appearance: shaving  Being able to dress independently  Being able to eat independently  Being able to wash independently  Having autonomy about planning a holiday |
| 2 | *Maintaining autonomy by active involvement* | Thank/offer something  Greeting  Using gestures  Use of humour  Take the lead in a conversation  Giving permission  Give instructions  Appreciation of staff  Help of fellow residents  Creating a sense of community  Deciding about the choice of food  Deciding when to eat  Deciding about ADL support  Deciding about how often to wash or shower  Deciding about pace  Deciding about going to the toilet  Deciding which clothes to wear  Deciding on resting/ staying in bed  Deciding on time/waiting  Deciding about grooming products  Distrusting the environment  Negative expressions |
| 3 | *Maintaining autonomy by transferring it to others* | Role family: general  Role family: daily visit  Role family practical matters: shopping  Family role practical matters: mail  Family role practical care: washing clothes  Family role: social contact  Role of family: grooming  Role of friends  Volunteer knows needs of client structurally |
| 4 | *Using preferred spaces* | Enjoying the living environment  Deciding about how to furnish the apartment  Deciding how to use spaces  Deciding how to use the apartment  Deciding where to eat and drink  Deciding to move to another room  Deciding to go out or to another part of the nursing home |
| 5 | *Choosing how to spend time in daily life* | Deciding about smoking  Deciding about social activities  Deciding about sportive activities  Deciding about trips  Deciding about hobbies/activities  Deciding about who to live with  Residents care for others  Residents want to be informed about fellow residents  Adjusting goals  Enjoying small things |
| 6 | *Deciding about important subjects* | Having goals  Exerting formal influence  Being recognised as a person  Expressing a will to live  Deciding about moving to the nursing home  Deciding about finances  Want to be informed about the environment  Want to be informed about policy  Deciding and having control over medication/oxygen  Deciding over medical condition  Wants to be consulted/shared decision-making  Exerting autonomy in the past  Deciding about food preparation  Use of expertise and know-how |