*Appendix A* Themes and assigned codes

|  |  |  |
| --- | --- | --- |
|  | **Theme** | **codes** |
| 1 | *Deciding and executing decisions* | Being able to care for appearance: hair/nailsBeing able to care for appearance: shavingBeing able to dress independentlyBeing able to eat independentlyBeing able to wash independentlyHaving autonomy about planning a holiday |
| 2 | *Maintaining autonomy by active involvement* | Thank/offer somethingGreetingUsing gesturesUse of humourTake the lead in a conversationGiving permissionGive instructionsAppreciation of staffHelp of fellow residentsCreating a sense of communityDeciding about the choice of foodDeciding when to eatDeciding about ADL supportDeciding about how often to wash or showerDeciding about paceDeciding about going to the toiletDeciding which clothes to wearDeciding on resting/ staying in bedDeciding on time/waitingDeciding about grooming productsDistrusting the environmentNegative expressions |
| 3 | *Maintaining autonomy by transferring it to others* | Role family: generalRole family: daily visitRole family practical matters: shoppingFamily role practical matters: mailFamily role practical care: washing clothesFamily role: social contactRole of family: groomingRole of friendsVolunteer knows needs of client structurally |
| 4 | *Using preferred spaces* | Enjoying the living environmentDeciding about how to furnish the apartmentDeciding how to use spacesDeciding how to use the apartmentDeciding where to eat and drinkDeciding to move to another roomDeciding to go out or to another part of the nursing home |
| 5 | *Choosing how to spend time in daily life*  | Deciding about smoking Deciding about social activitiesDeciding about sportive activitiesDeciding about tripsDeciding about hobbies/activitiesDeciding about who to live withResidents care for othersResidents want to be informed about fellow residentsAdjusting goalsEnjoying small things |
| 6 | *Deciding about important subjects* | Having goalsExerting formal influenceBeing recognised as a personExpressing a will to liveDeciding about moving to the nursing homeDeciding about financesWant to be informed about the environmentWant to be informed about policyDeciding and having control over medication/oxygenDeciding over medical conditionWants to be consulted/shared decision-makingExerting autonomy in the past Deciding about food preparationUse of expertise and know-how |