## The impact of including W in addition to Z for adjustment in the cases 2a and 2b

In the case 2a, we compare the bias  $|B^{ZW}|$  and  $|B^{Z}|$  within an example, where we keep the bias of  $\xi$  constant at a plausible value i.e., bias  $\alpha_{\xi}\beta_{\xi} = 0.16$ . We consider three different patterns for this bias which vary the amplification potential of  $\xi$ : (1) amplification is small (i.e.,  $\alpha_{\xi}\beta_{\xi} = 0.2 \cdot 0.8 = 0.16$ ), (2) amplification is medium (i.e.,  $\alpha_{\xi}\beta_{\xi} = 0.4 \cdot 0.4 = 0.16$ ), (3) amplification is large (i.e.,  $\alpha_{\xi}\beta_{\xi} = 0.8 \cdot 0.2 = 0.16$ ). We vary the magnitude of the bias of W in relation to the bias of  $\xi$  (i.e.,  $\alpha_W \beta_W = \frac{1}{4} \alpha_\xi \beta_\xi$ ,  $\frac{1}{2} \alpha_\xi \beta_\xi$ ,  $\alpha_\xi \beta_\xi$ ) and the amplification potential of W (i.e.,  $\alpha_W = 0.2, 0.4, 0.8$  and -0.2, -0.4, -0.8). In addition we allow that Rel(Z) varies. We illustrate  $|B^Z|$  with dashed lines and  $|B^{ZW}|$  with solid lines for all parameter constellations. Note that  $|B^{Z}|$  does not vary related to  $\alpha_{W}$  (see Table 2), thus all dashed lines are at the same points. Figure B1 shows the case  $sign(\alpha_W \beta_W) =$  $sign(\alpha_{\xi}\beta_{\xi})$  and Figure B2 the case  $sign(\alpha_{W}\beta_{W}) \neq sign(\alpha_{\xi}\beta_{\xi})$ . When the covariates induce bias in the same direction, then mainly  $|B^{ZW}| < |B^{Z}|$ . Only when the amplification potential of W is large  $|B^{ZW}| > |B^{Z}|$  can be observed. This is especially the case when W induces a small bias (i.e., is a near instrument) and/ or when Rel(Z) is small (i.e., in this case more bias can be amplified). When the covariates induce bias in opposite directions, then much more likely  $|B^{ZW}| > |B^{Z}|$  can be observed. When Rel(Z) is close to 1, then (nearly) the complete bias is reduced with Z and W. However, as soon as Rel(Z) decreases a substantial bias can remain when adjusting for Z and W, depending on Rel(Z) and the amplification potential of both covariates. Instead when W is not included for adjustment, then the bias of omitting W and the remaining bias of  $\xi$  can (partly) off-set each other. The bias off-setting effect increases as Rel(Z) decreases, but is limited by the magnitude of the bias of W. As such the bias is more likely smaller when W is not included for adjustment; especially when Rel(Z) decreases.

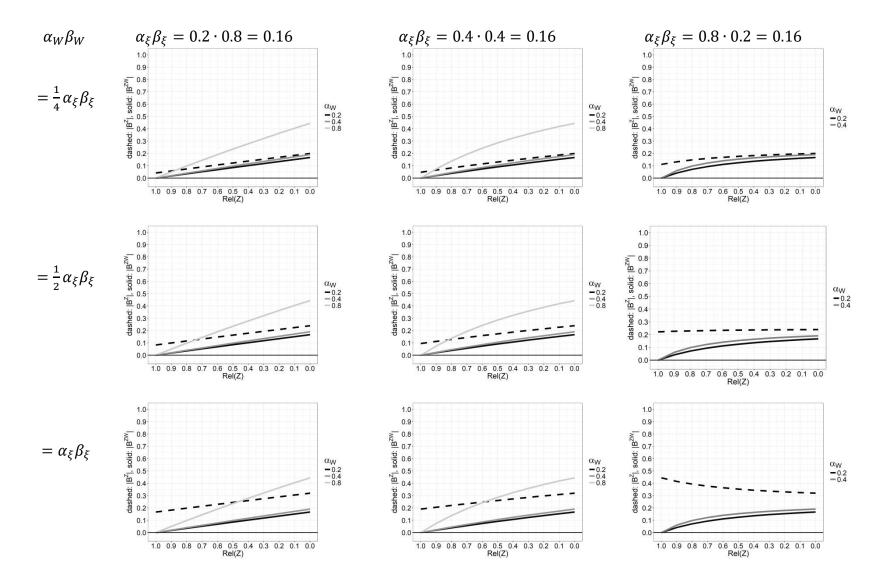


Figure B1. Bias when adjusting only for  $Z(|B^Z|$  dashed line) or for Z and  $W(|B^{ZW}|$  solid lines) in 2a with  $sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_W\beta_W)$ . Note  $|B^Z|$  does not vary for different values  $\alpha_W$  (see Table 2).

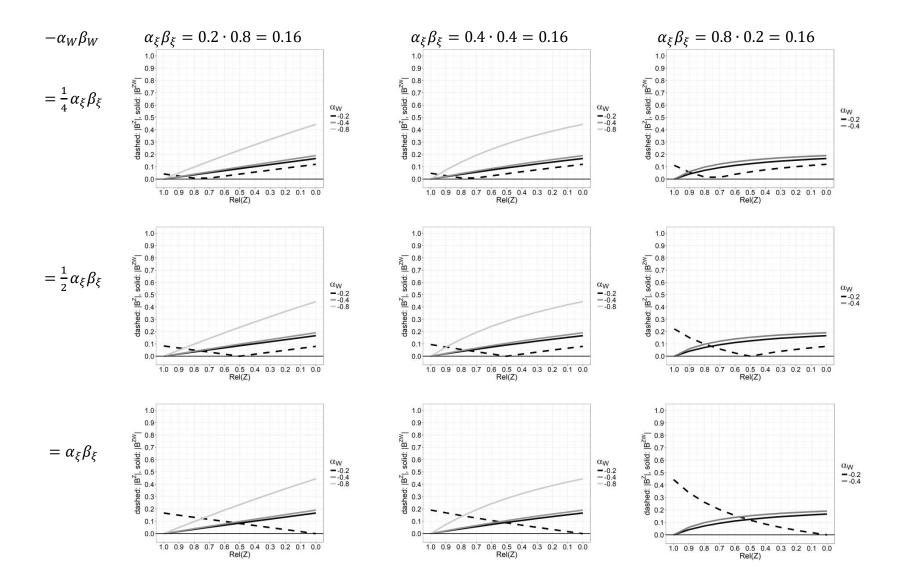


Figure B2. Bias when adjusting only for  $Z(|B^Z| \text{ dashed line})$  or for Z and  $W(|B^{ZW}| \text{ solid lines})$  in 2a with  $sign(\alpha_{\xi}\beta_{\xi}) \neq sign(\alpha_W\beta_W)$ . Note  $|B^Z|$  does not vary for different values  $\alpha_W$  (see Table 2)

In the case 2b, we consider the same example as above, but include the correlation of the covariates with varying sign and magnitude  $\rho_{\xi W} = |0.3|, |0.6|$ . The correlation of the covariates increases the complexity immense. Different constellations for the direction of the biases (i.e.,  $sign(\alpha_{\xi}\beta_{\xi}), sign(\alpha_{W}\beta_{W}), sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}), sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})$ ) are possible. Figure B3 shows the results when all biases are in the same direction

$$(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\beta_{W}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi}).$$
 Figure B4 shows the case  

$$(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\beta_{W})) \neq (sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})),$$
 Figure B5 the  
case  $(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})) \neq (sign(\alpha_{W}\beta_{W}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W})),$  and  
Figure B6 the case  $(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W})) \neq (sign(\alpha_{W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})).$ 

When all biases are in the same direction, then mainly  $|B^{ZW}| < |B^{Z}|$  can be observed, because including W for adjustment can reduce a large amount of bias. Only when W induces a small bias and its amplification potential is large, then including W can result in cases in which  $|B^{ZW}| > |B^{Z}|$ . A large amplification potential can increase the bias extremely due to including W even when Rel(Z) is high (0.9).

When 
$$(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\beta_{W})) \neq (sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi}))$$
, see

Figure B4, then the correlation reduces the amount of bias in  $B^Z$ , thus less bias can be reduced when including W for adjustment. Again  $|B^{ZW}| > |B^Z|$  occurs especially when the amplification potential of W is large. However, the difference between  $|B^{ZW}|$  and  $|B^Z|$  is rather small and only for low Rel(Z) the bias can increases substantially due to a large amplification.

The bias of the covariates is in opposite directions in Figure B5 
$$(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})) \neq (sign(\alpha_{W}\beta_{W}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}))$$
 and Figure B6  $(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\rho_{\xi W}\beta_{W}))$ 

 $sign(\alpha_{\xi}\rho_{\xi W}\beta_{W})) \neq (sign(\alpha_{W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi}))$ . Not including W would allow that the biases can (partly) off-set each other, when Rel(Z) decreases. Thus  $|B^{ZW}| > |B^{Z}|$  occurs more often and not only when the amplification potential of W is large. A large amplification potential can increase the bias extremely due to including W even when Rel(Z) is high in  $(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})) \neq (sign(\alpha_{W}\beta_{W}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}))$ . The difference between  $|B^{Z}|$  and  $|B^{ZW}|$  is rather small in  $(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W})) \neq$ 

 $(sign(\alpha_W \beta_W) = sign(\alpha_W \rho_{\xi W} \beta_{\xi})).$ 

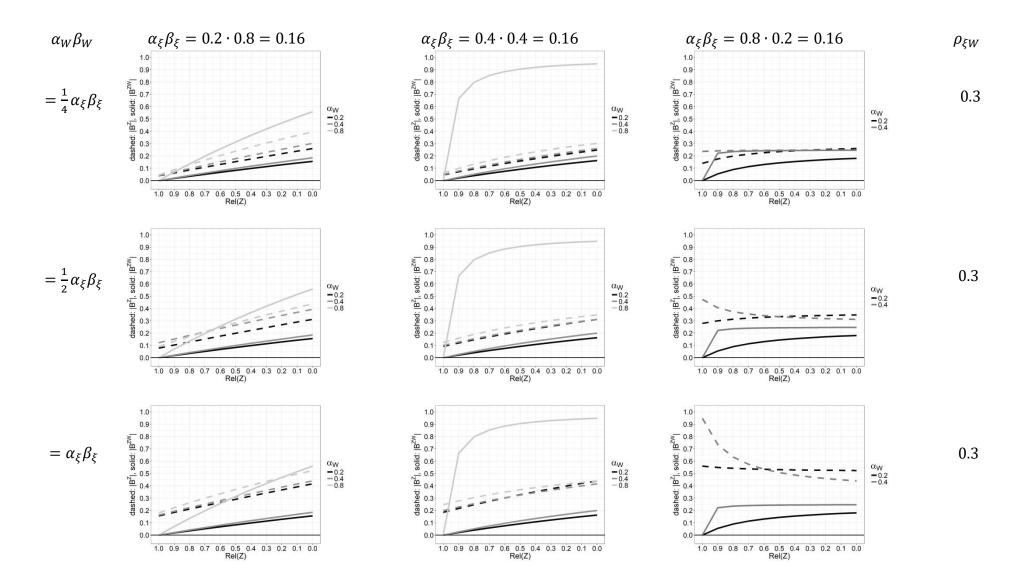


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6

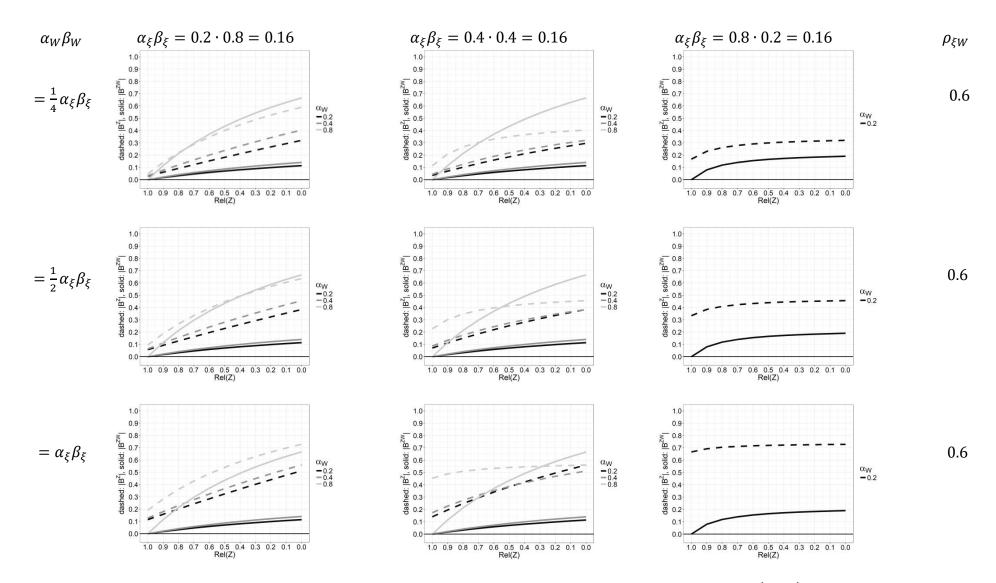


Figure B3. Bias when adjusting only for  $Z(|B^{Z}| \text{ dashed lines})$  or for Z and  $W(|B^{ZW}| \text{ solid lines})$  in 2b when  $sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\beta_{W}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})$ .

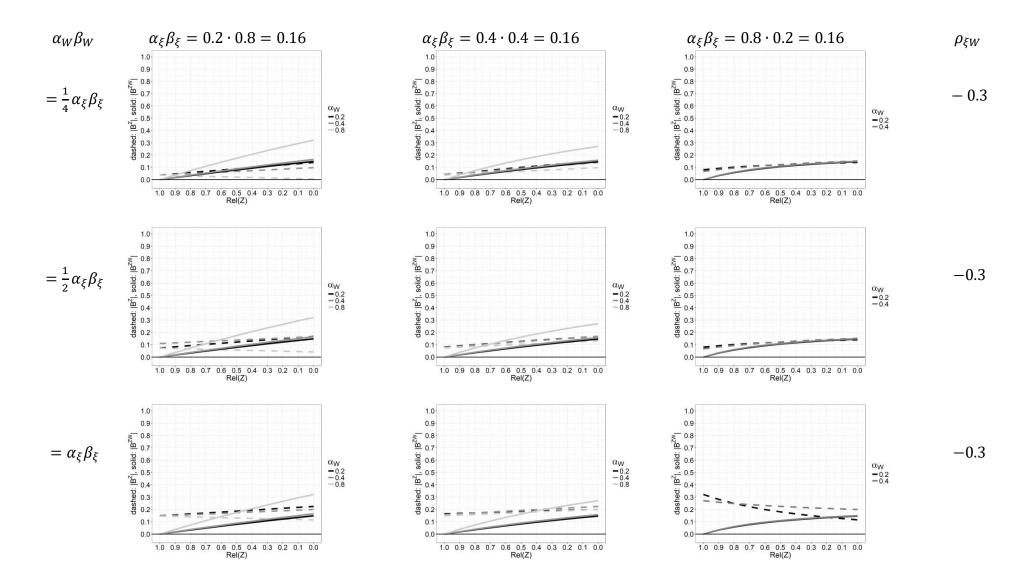


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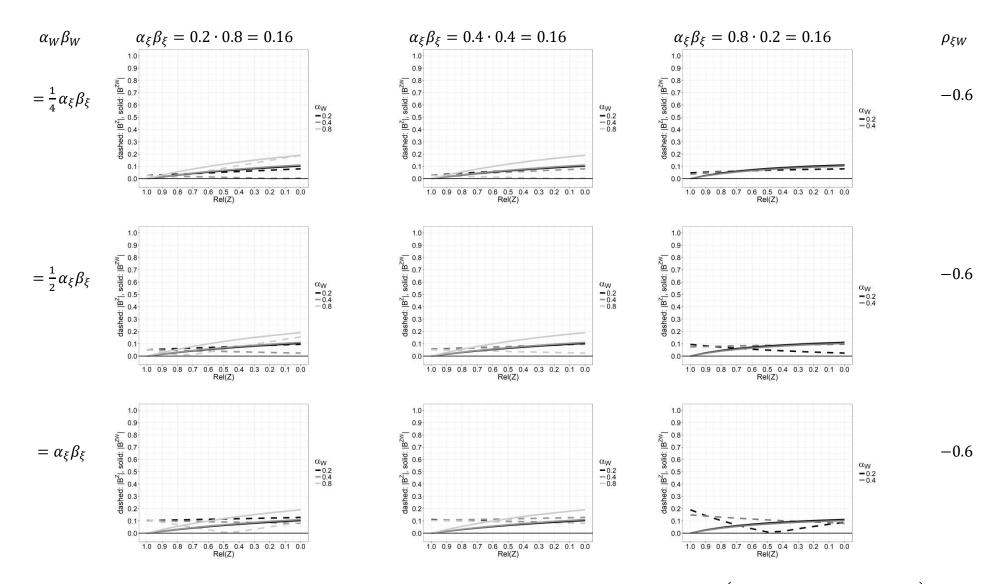


Figure B4. Bias when adjusting only for  $Z(|B^Z| \text{ dashed lines})$  or for Z and  $W(|B^{ZW}| \text{ solid lines})$  in 2b when  $\left(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_W\beta_W)\right) \neq \left(sign(\alpha_{\xi}\rho_{\xi W}\beta_W) = sign(\alpha_W\rho_{\xi W}\beta_{\xi})\right).$ 

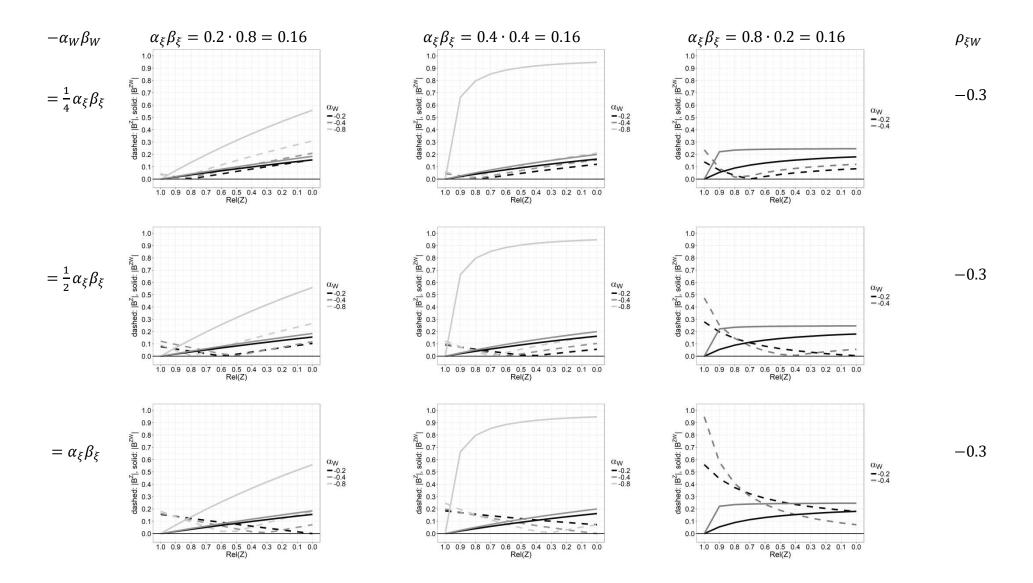


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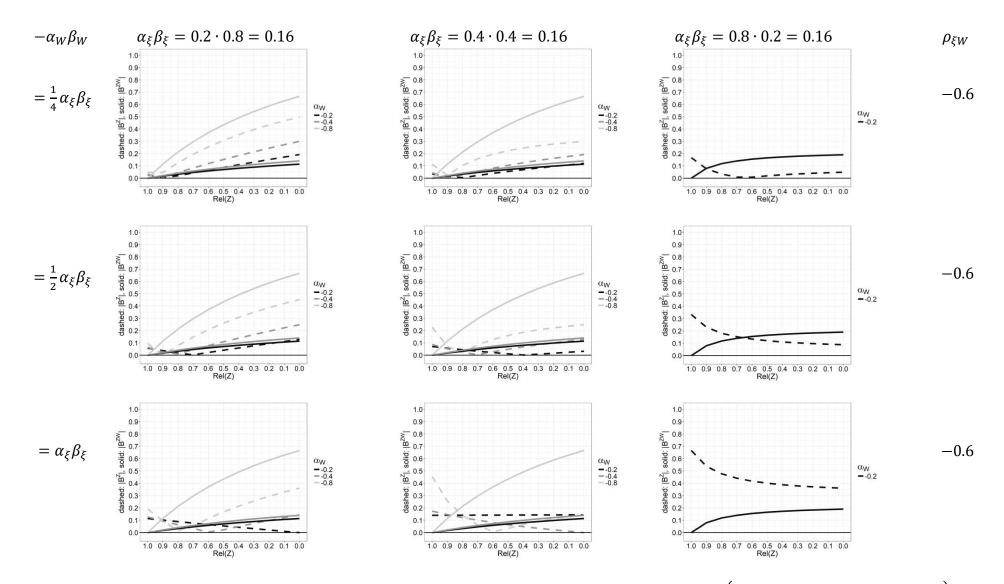


Figure B5. Bias when adjusting only for  $Z(|B^Z| \text{ dashed lines})$  or for Z and  $W(|B^{ZW}| \text{ solid lines})$  in 2b when  $\left(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})\right) \neq \left(sign(\alpha_{W}\beta_{W}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W})\right)$ 

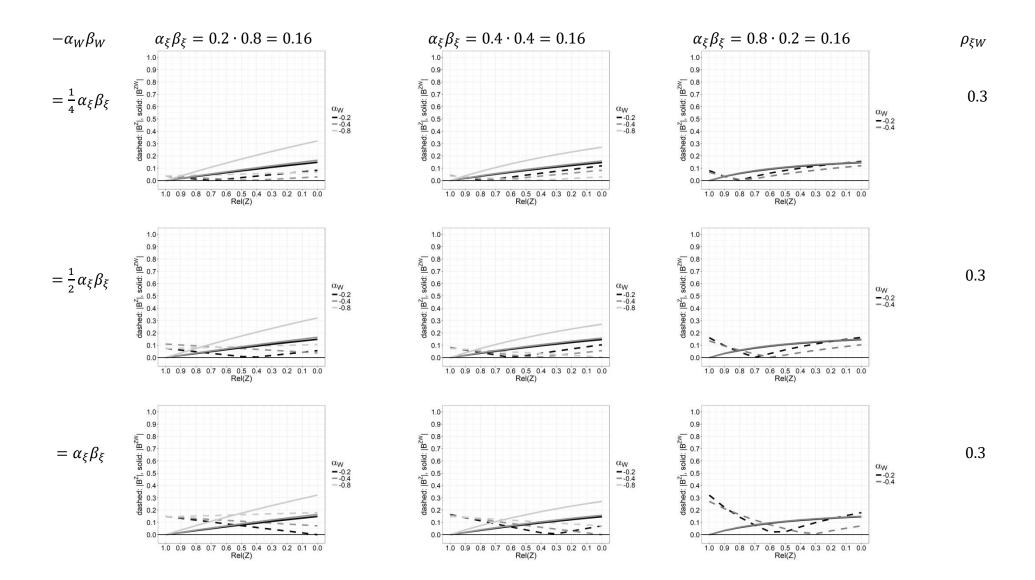


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12

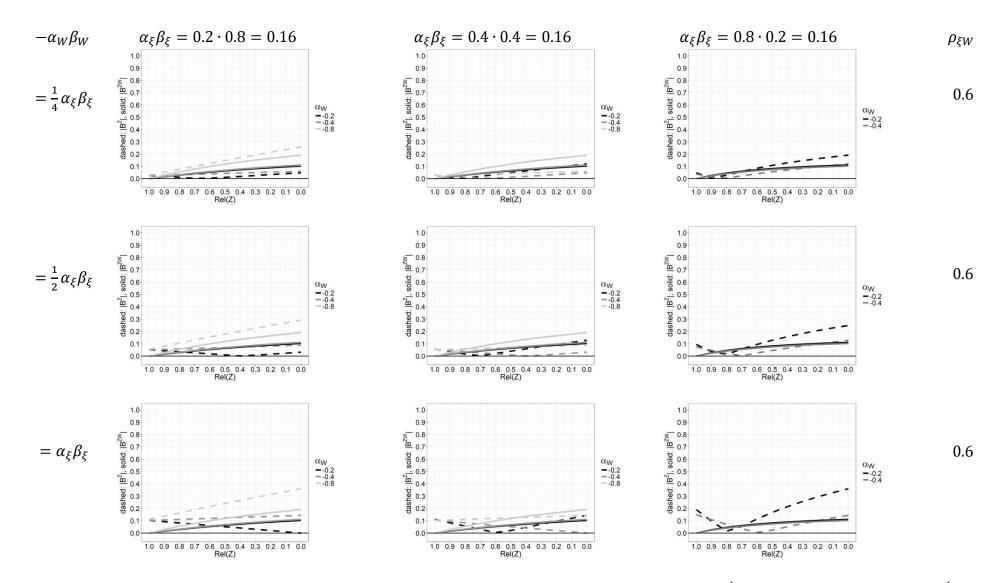


Figure B6. Bias when adjusting only for  $Z(|B^{Z}| \text{ dashed lines})$  or for Z and  $W(|B^{ZW}| \text{ solid lines})$  in 2b when  $\left(sign(\alpha_{\xi}\beta_{\xi}) = sign(\alpha_{\xi}\rho_{\xi W}\beta_{W})\right) \neq \left(sign(\alpha_{W}\beta_{W}) = sign(\alpha_{W}\rho_{\xi W}\beta_{\xi})\right)$