**Table S2:** Correlations between Haijen’s IPPS items and relevant outcomes in the Ceremony dataset

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| --- | --- | --- | --- |
| **Items** | **MEQ** | **CEQ** | **EBI** |
| I feel ready to surrender to whatever will be | **0.16** | **-0.16** | **0.10** |
| I am preoccupied with my work and or life duties | -0.02 | **0.10** | 0.01 |
| I feel open to the upcoming experience | **0.15** | **-0.16** | 0.07 |
| I feel well prepared for the upcoming experience | **0.18** | **-0.12** | **0.10** |
| I have a clear intention for the upcoming experience | **0.10** | **-0.08** | **0.10** |
| I feel comfortable about the upcoming experience | **0.14** | **-0.22** | 0.06 |
| I have strong expectations for the upcoming experience | 0.07 | -0.03 | 0.05 |
| I am in a good mood | **0.18** | **-0.18** | 0.04 |
| I feel anxious | -0.07 | **0.25** | 0.02 |
| The environment setting feels good for my upcoming experience | **0.13** | -0.03 | 0.06 |
| I have a good feeling about my relationship with the group/people who will be with me during my experience | **0.11** | -0.06 | **0.09** |
| I have a good relationship with the main person/people who will look after me during the upcoming experience | **0.15** | -0.04 | **0.15** |
| Table displays correlations between original items and relevant acute outcomes. Bold numbers indicate significant correlations (p<0.05). | | | |