

Supplemental Materials

Parameter	Coefficient	95% CI	t	p
Intercept	13.11	7.97, 18.24	4.82	<0.001
Time	-0.89	-1.15, -0.62	-6.4	<0.001
Change in proportion high-fat choices	-0.82	-2.59, -0.95	-0.88	0.380
Subtype	0.24	-0.77, 1.24	0.44	0.660
Age	0.01	-0.07, 0.09	0.25	0.801
Duration of illness	-0.01	-0.01, -0.001	-2.13	0.038
Admission BMI	0.47	0.22, 0.72	3.51	0.001
Time x choice interaction	1.08	0.19, 2.0	2.37	0.019

Parameter	Coefficient	95% CI	t	p
Intercept	12.21	7.22, 17.20	4.56	<0.001
Time	-0.97	-1.23, -0.71	-7.20	<0.001
Change in use of self-control	0.70	-1.07, 2.46	0.74	0.459
Subtype	0.21	-0.78, 1.21	0.40	0.693
Age	0.04	-0.04, 0.12	0.98	0.331
Duration of illness	-0.01	-0.02, -0.002	-2.39	0.021
Admission BMI	0.52	0.27, 0.77	3.84	<0.001
# self-control	-0.04	-0.10, 0.02	-1.23	0.226
Time x change in use of self-control	-1.57	-2.54, -0.62	-3.19	0.002

Parameter	Coefficient	95% CI	t	p
Intercept	-0.10	-1.78, 1.59	-0.11	0.916
Time	-0.13	-0.27, 0.01	-1.79	0.077
Change in proportion high-fat choices	0.12	-0.94, 1.18	0.22	0.827
Subtype	-0.21	-0.83, 0.42	-0.63	0.535
Age	-0.02	-0.07, 0.03	-0.66	0.510
Duration of illness	0.01	0.003, 0.01	3.30	0.002
Admission EDE-Q	0.65	0.40, 0.91	4.86	<0.001
Time x choice interaction	-0.21	-0.76, 0.33	-0.76	0.450

Parameter	Coefficient	95% CI	t	p
Intercept	0.41	-1.43, 2.26	0.42	0.680
Time	-0.12	-0.27, 0.04	-1.56	0.12
Change in use of self-control	0.12	-0.95, 1.019	0.20	0.840
Subtype	-0.32	-0.95, 0.31	-0.94	0.354
Age	-0.03	-0.08, 0.02	-0.96	0.343
Duration of illness	0.01	0.003, 0.01	3.03	0.004
Admission EDE-Q	0.62	0.37, 0.86	4.62	<0.001
# self-control	-0.01	-0.05, 0.03	-0.50	0.619
Time x change in use of self-control	0.22	-0.29, 0.73	0.85	0.396

	Study Participants (n=88) Mean±SD	Time 1 only (n=19) Mean±SD	P-value*
Age (yrs)	26.6±8.3	27.2±7.4	0.7
Duration of Illness (yrs)	9.1±8.1	10.9±8.3	0.3
Admission BMI	16.4±1.9	16.0±1.4	0.2
Discharge BMI	20.1±1.6	18.0±1.2	<0.001
Admission EDEQ	4.18±1.39	4.09±1.01	0.4
High-fat choices	0.33±0.26	0.43±0.24	0.09
Self-control choices	0.47±0.33	0.58±0.34	0.2
*Wilcoxon rank sum test			
	n (%)	n (%)	p-value
Female	83 (94%)	18 (95%)	>0.9*
Restricting subtype	52 (59%)	10 (53%)	0.6**
*Fisher's exact (expected cell count <5), **Pearsons Chi-square			