

Supplementary Materials for Elemental psychopathology: Distilling constituent symptoms and patterns of repetition in the diagnostic criteria of the DSM-5

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Table S1. List of all primary disorders not directly represented in analyses.

DSM-5 Disorder	Reason not included
Intellectual Disability	No new symptoms - relies on medical or specialised testing
Global Developmental Delay	Child specific symptoms
Unspecified Intellectual Disability	No new symptoms
Unspecified Communication Disorder	No new symptoms
Other Specified Attention-Deficit/ Hyperactivity Disorder	No new symptoms
Unspecified Attention-Deficit/ Hyperactivity Disorder	No new symptoms
Other Specified Tic Disorder	No new symptoms
Unspecified Tic Disorder	No new symptoms
Other Specified Neurodevelopmental Disorder	No new symptoms
Unspecified Neurodevelopmental Disorder	No new symptoms
Substance/Medication-Induced Psychotic Disorder	No new symptoms
Psychotic Disorder Due to Another Medical Condition	No new symptoms
Catatonic Disorder Due to Another Medical Condition	No new symptoms
Unspecified Catatonia	No new symptoms
Other Specified Schizophrenia Spectrum and Other Psychotic Disorder	No new symptoms
Unspecified Schizophrenia Spectrum and Other Psychotic Disorder	No new symptoms
Substance/Medication-Induced Bipolar and Related Disorder	No new symptoms
Bipolar and Related Disorder Due to Another Medical Condition	No new symptoms
Other Specified Bipolar and Related Disorder	No new symptoms
Unspecified Bipolar and Related Disorder	No new symptoms
Substance/Medication-Induced Depressive Disorder	No new symptoms
Depressive Disorder Due to Another Medical Condition	No new symptoms
Other Specified Depressive Disorder	No new symptoms
Unspecified Depressive Disorder	No new symptoms
Substance/Medication-Induced Anxiety Disorder	No new symptoms
Anxiety Disorder Due to Another Medical Condition	No new symptoms
Other Specified Anxiety Disorder	No new symptoms
Unspecified Anxiety Disorder	No new symptoms
Substance/Medication-Induced Obsessive-Compulsive and Related Disorder	No new symptoms
Obsessive-Compulsive and Related Disorder Due to Another Medical Condition	No new symptoms
Unspecified Obsessive-Compulsive and Related Disorder	No new symptoms
Reactive Attachment Disorder	Child specific symptoms
Disinhibited Social Engagement Disorder	Child specific symptoms
Other Specified Trauma- and Stressor-Related Disorder	No new symptoms
Unspecified Trauma- and Stressor-Related Disorder	No new symptoms
Unspecified Dissociative Disorder	No new symptoms
Psychological Factors Affecting Other Medical Conditions	No new symptoms
Unspecified Somatic Symptom and Related Disorder	No new symptoms
Unspecified Feeding or Eating Disorder	No new symptoms

DSM-5 Disorder	Reason not included
Other Specified Elimination Disorder	No new symptoms
Unspecified Elimination Disorder	No new symptoms
Central Sleep Apnea	No new symptoms - relies on medical or specialised testing
Sleep-Related Hypoventilation	No new symptoms - relies on medical or specialised testing
Substance/Medication-Induced Sleep Disorder	No new symptoms
Other Specified Insomnia Disorder	No new symptoms
Unspecified Insomnia Disorder	No new symptoms
Other Specified Hypersomnolence Disorder	No new symptoms
Unspecified Hypersomnolence Disorder	No new symptoms
Other Specified Sleep-Wake Disorder	No new symptoms
Unspecified Sleep-Wake Disorder	No new symptoms
Substance/Medication-Induced Sexual Dysfunction	No new symptoms
Other Specified Sexual Dysfunction	No new symptoms
Unspecified Sexual Dysfunction	No new symptoms
Other Specified Gender Dysphoria	No new symptoms
Unspecified Gender Dysphoria	No new symptoms
Other Specified Disruptive, Impulse-Control, and Conduct Disorder	No new symptoms
Unspecified Disruptive, Impulse-Control, and Conduct Disorder	No new symptoms
Unspecified Alcohol-Related Disorder	No new symptoms
Unspecified Caffeine-Related Disorder	No new symptoms
Unspecified Cannabis-Related Disorder	No new symptoms
Unspecified Phencyclidine-Related Disorder	No new symptoms
Unspecified Hallucinogen-Related Disorder	No new symptoms
Unspecified Inhalant-Related Disorder	No new symptoms
Unspecified Opioid-Related Disorder	No new symptoms
Unspecified Sedative-, Hypnotic-, or Anxiolytic-Related Disorder	No new symptoms
Unspecified Stimulant-Related Disorder	No new symptoms
Unspecified Tobacco-Related Disorder	No new symptoms
Other (or Unknown) Substance Withdrawal	No new symptoms
Unspecified Other (or Unknown) Substance-Related Disorder	No new symptoms
Other Specified Delirium	No new symptoms
Unspecified Delirium	No new symptoms
Major or Mild Neurocognitive Disorder Due to Alzheimer's Disease	No new symptoms
Major or Mild Vascular Neurocognitive Disorder	No new symptoms
Major or Mild Neurocognitive Disorder Due to Traumatic Brain Injury	No new symptoms
Substance/Medication-Induced Major or Mild Neurocognitive Disorder	No new symptoms
Major or Mild Neurocognitive Disorder Due to HIV Infection	No new symptoms
Major or Mild Neurocognitive Disorder Due to Parkinson's Disease	No new symptoms
Major or Mild Neurocognitive Disorder Due to Huntington's Disease	No new symptoms
Major or Mild Neurocognitive Disorder Due to Another Medical Condition	No new symptoms

DSM-5 Disorder	Reason not included
Major or Mild Neurocognitive Disorder Due to Multiple Etiologies	No new symptoms
Unspecified Neurocognitive Disorder	No new symptoms
Personality Change Due to Another Medical Condition	No new symptoms
Other Specified Personality Disorder	No new symptoms
Unspecified Personality Disorder	No new symptoms
Unspecified Paraphilic Disorder	No new symptoms

More detail on the NLP approach (including Table S2)

The goal here is to identify when two descriptive texts from the DSM have the same semantics; to this end, we build a computational model to do this prediction, using techniques from Natural Language Processing (NLP). Modern NLP uses deep learning, where words (and collections of words like sentences or documents) are represented as high-dimensional real-valued vectors, known as embeddings. A key property of these embeddings is that semantically similar texts have embeddings that are close together in this high-dimensional space [<https://dblp.org/rec/journals/corr/abs-1301-3781.html>], and that specific embeddings can be learned in order to maximise performance on a specific task. Related to the present work, we learn embeddings that perform well at distinguishing texts deemed semantically equivalent from those that are not, which is an established task in NLP (e.g. the QQP task in the GLUE benchmark [<https://aclanthology.org/W18-5446/>]).

For this, we use a Siamese architecture that pairs BERT embeddings representing texts [<https://aclanthology.org/D19-1410/>], with cosine similarity as the metric that assesses the similarity between the texts' embeddings. A model using this architecture will produce a score for a pair of texts that ranges from 0 (very dissimilar) to 1 (semantically identical), and learn a threshold within this range such that pairs above that threshold are labelled semantically the same, and below semantically different. To train a Siamese model in general, pairs of texts that are labelled as being semantically identical or not by a human are provided. To train the model for the DSM, which has a relatively small amount of data, we use pre-trained BERT embeddings (which are standardly used as a basis for many tasks) that have been fine-tuned on the QQP task (so that the embeddings are suited to a general semantic similarity task) and fine-tuned further on DSM pairs of descriptions. To fine-tune on the DSM pairs of descriptions, one co-author annotated 1067 pairs as being semantically identical. We then trained the Siamese architecture under a five-fold cross-validation framework, to allow us to assess how well it performed on this task.

Averaged across the five test folds, and using standard evaluation metrics in machine learning (see Table S2), the precision (positive predictive value) was 0.7723, the recall (sensitivity) was 0.7718, the F1 score (harmonic mean of precision and recall) was 0.7658, and the area under the curve (AUC; a single combined measure of performance across all possible classification thresholds) was .8585. This indicates that the model is quite good at identifying semantically identical DSM descriptions, and while not perfect, is a solid approach to scoring and ranking pairs of texts so that the highest-scoring ones (i.e. the ones most likely to be semantically the same) can be checked manually.

Table S2. Summary of five-fold cross-validation results

Fold	F1	Recall	Precision	AUC
1	60.5%	73.4%	51.5%	79.9%
2	87.9%	83.2%	93.1%	90.8%
3	83.3%	76.3%	91.7%	87.2%
4	62.0%	60.0%	64.1%	76.4%
5	89.2%	93.0%	85.8%	95.0%
Mean	76.58%	77.18%	77.23%	85.85%
Std. Deviation	14.17%	12.21%	18.50%	7.65%

After filtering out exact duplicate descriptions, we were left with 1065 candidate DSM descriptions. We then applied our Siamese model to all 566580 (=1065 * 1064/2) pairs. When manually checking the most semantically similar pairs, it became clear that the content coding had identified the very large majority of matching pairs. The top 1000 pairs were checked manually for potential matches, and using slightly less stringent criteria for

redundancy tailored to the aims of the present study (e.g., collapsing some descriptions of depressed mood, and varied descriptions of sleepiness), 26 matching symptoms pairs among 36 symptoms were identified. Stopping at 1000 pairs was supported by the rapidly decreasing rate of matches with declining semantic similarity scores (i.e., 6% of the top 100 pairs were new matches; 2.7% of the pairs ranked 101-800 were new matches (range of 2-3 pairs per block of 100); 1% of the pairs ranked 801-900; and 0% of the pairs ranked 901-1000).

Table S3. All symptoms that repeat across chapters

Symptom	Number of diagnoses	Number of chapters
Insomnia	22	8
Difficulty concentrating	17	7
Hypersomnia/sleepiness	17	6
Irritable mood	16	8
Psychomotor agitation	16	5
Depressed mood	15	6
Psychomotor retardation	14	5
Hallucinations	14	5
Fatigue	12	6
Increased appetite	12	5
Anxiety	12	4
Restlessness	10	7
Weight loss	10	5
Euphoria	10	4
Decreased appetite	10	4
Stereotypy	9	7
Stupor	9	7
Clumsiness or incoordination	9	3
Diminished pleasure in activities	8	4
Tremor	8	4
Delusions	8	4
Weight gain	8	3
Racing heart	8	2
Mutism	7	5
Aggression	7	4
Distractibility	7	4
Diminished interest in activities	7	4
Angry mood	7	4
Difficulty making decisions without excessive advice and reassurance	7	4
Nausea	7	3
Feelings of inappropriate or excessive guilt	7	3
Sweating	7	2
Echolalia	6	5
Depersonalization	6	5
Agitation	6	5
Reckless behavior	6	4
Mood lability	6	4
Suicidal behavior	6	4
Derealization while awake and alert	6	4
Diminished emotional expression	6	3
Impulsiveness	6	3
Slurred speech	6	2
Initiates physical fights	5	4
Muscle pain, tension, or stiffness	5	4
Expansive mood	5	3
Suicidal ideation without a specific plan	5	3
Feelings of worthlessness	5	3
Thoughts of death	5	3
Loses temper	5	3
Grandiosity	5	3
Inflated self-esteem	5	3
Specific plan for committing suicide	5	3
Dissatisfaction with sleep quantity or quality	5	3

Symptom	Number of diagnoses	Number of chapters
Periods of inexhaustibility	5	3
Odd speech	5	2
Apathy	5	2
Seizures	5	2
Waxy flexibility	4	4
Grimacing	4	4
Catalepsy/posturing	4	4
Fear of "losing one's mind"	4	4
Echopraxia	4	4
Negativism	4	4
Mannerism	4	4
Worry	4	4
Feeling keyed up or tense	4	3
Paranoid ideation	4	3
Fire setting with the intention of causing serious damage	4	3
More talkative than usual	4	2
Impairment in attention	4	2
Pressure to keep talking	4	2
Flight of ideas	4	2
Feeling that thoughts are racing	4	2
Alterations in sensory-motor functioning	4	2
Unsteady gait	4	2
Inability to remember an important aspect of traumatic event(s)	4	2
Decreased need for sleep	4	2
Increase in goal-directed activity	4	2
Hoarding	3	3
Stealing without confrontation of a victim	3	3
Increased introversion	3	3
Ritualized patterns of nonverbal behavior	3	3
Abdominal pain	3	3
Used a weapon that can cause serious physical harm	3	3
Physically cruel to animals	3	3
Stealing while confronting a victim	3	3
Breaking into a house, building, or car	3	3
Lies to obtain goods or favors	3	3
Forced someone into sexual activity	3	3
Deliberately destroyed others' property	3	3
Behavioral outbursts involving damage or destruction of property	3	3
Compulsive behavior	3	2
An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times	3	2
Reduced interest in sexual activity	3	2
Inappropriate sexual behaviour	3	2
Difficulty with verbal communication of messages	3	2
Difficulty waiting his or her turn (eg, while waiting in line)	3	2
Interrupts others	3	2
Intrudes on others	3	2
Feelings of hopelessness	3	2
Fear of or preoccupation with criticism, disapproval, or rejection, being shamed or ridiculed	3	2
Chills	3	2
Generalized muscle weakness	3	2
Headache	3	2
Hypervigilance	3	2
Stereotypy of speech	3	2

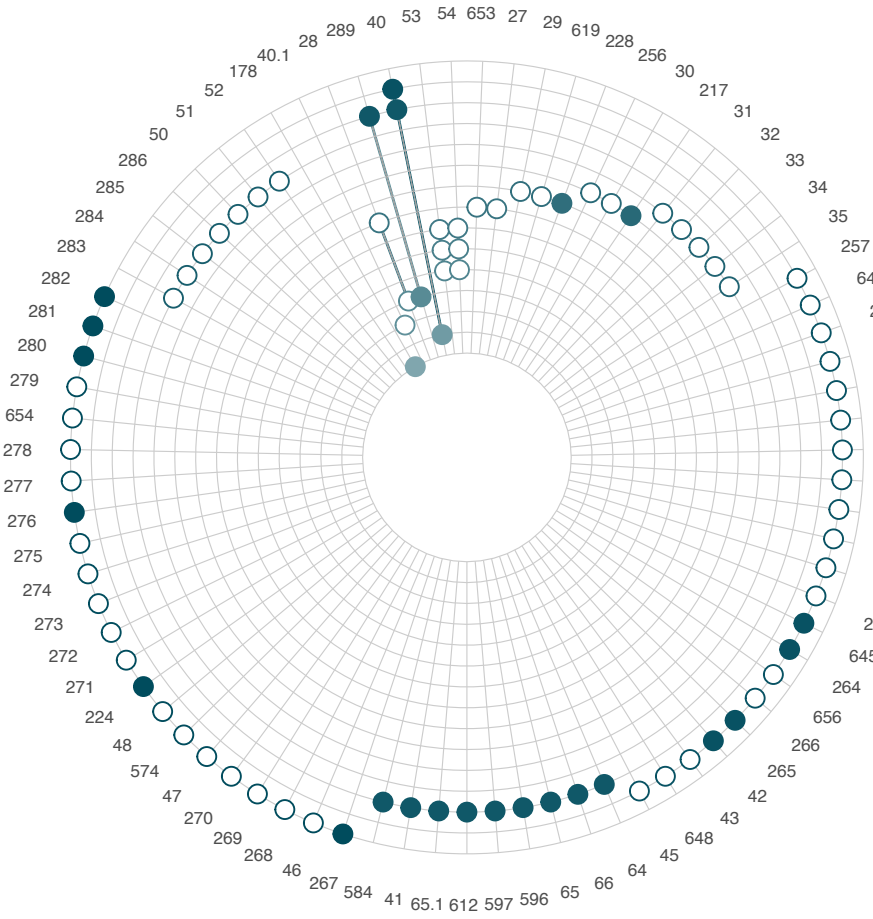
Symptom	Number of diagnoses	Number of chapters
Social withdrawal	3	2
Reduced awareness of immediate surroundings	3	2
Perseverative behavior	2	2
Grandiose delusions	2	2
Delusion that spouse or lover is unfaithful	2	2
Separation anxiety	2	2
Wandering	2	2
A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period	2	2
Repeated episodes of arousal during sleep associated with vocalization	2	2
Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert	2	2
Spiteful or vindictive	2	2
Sensation of slowed time	2	2
Ideas of reference	2	2
Anxiety about speaking	2	2
Increased extraversion	2	2
Rigidity	2	2
Fails to give close attention to details or makes careless mistakes	2	2
Confusion	2	2
Fear that something awful may happen	2	2
Mood reactivity	2	2
Leadens paralysis	2	2
Views self as inferior or inadequate	2	2
Tension	2	2
Feels uncomfortable or helpless when alone	2	2
Palpitations	2	2
Chest pain	2	2
Dizziness	2	2
Emotional detachment	2	2
Transient paralysis	2	2
A consistent daily drift of sleep onset and wake times	2	2
A pattern of advanced sleep onset and awakening times	2	2
Bullies, threatens, or intimidates others	2	2
Physically cruel to people	2	2
Lies to avoid obligations	2	2
Does not feel bad or guilty after doing something wrong	2	2
The individual is described as cold and uncaring	2	2
Only expresses emotions in ways that seem superficial	2	2
Unusual perceptual experiences	2	2
Myoclonus	2	2
Social anxiety	2	2
Disregards and is unconcerned about feelings of others	2	2
Avoids social situations	2	2
Dystonias	2	2
Interpersonal rejection sensitivity	2	2
Frustration	2	2
Episodes of arousal during sleep associated with complex motor behaviors	2	2
Persecutory delusion	2	2
A pattern of delayed sleep onset and awakening times	2	2
Relies on others for major areas of life	2	2

Neurodevelopmental Disorders

Diagnoses (from the inside ring out)

- Developmental Coordination Disorder
- Stereotypic Movement Disorder
- Stereotypic Movement Disorder – With self-injurious behavior
- Autism Spectrum Disorder – With language impairment
- Tourette's Disorder
- Persistent (Chronic) Motor or Vocal Tic Disorder
- Provisional Tic Disorder
- Language Disorder
- Speech Sound Disorder
- Childhood–Onset Fluency Disorder (Stuttering)
- Social (Pragmatic) Communication Disorder
- Specific Learning Disorder
- Autism Spectrum Disorder – With catatonia
- Autism Spectrum Disorder
- Attention–Deficit/Hyperactivity Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

- 27 Limited sentence structure
- 28 Impairment in discourse or phrase speech
- 29 Difficulty with speech sound production
- 30 Circumlocutions
- 31 Deficits in social communication
- 32 Impairment matching communication to context
- 33 Difficulty following rules for conversation and storytelling
- 34 Difficulties understanding what is not explicitly stated
- 35 Difficulties understanding nonliteral meanings of language
- 36 Poorly integrated non-/verbal communication
- 37 Deficits in understanding/use of gestures
- 38 A total lack of nonverbal communication
- 39 Difficulties adjusting behavior to suit social contexts
- 40 Stereotypy
- 40.1 Behavior that could result in an injury
- 41 Echolalia
- 42 Perseverative behavior
- 43 Hyperreactivity to sensory input
- 45 Unusual interest in sensory aspects of the environment
- 46 Difficulty sustaining attention in tasks
- 47 Often has difficulty organizing tasks and activities
- 48 Often loses things necessary for tasks or activities
- 50 Difficulties with written expression
- 51 Difficulties mastering number sense, number facts, or calculation
- 52 Difficulties with mathematical reasoning
- 53 Motor tics
- 54 Vocal tics
- 64 Stupor
- 65 Waxy flexibility
- 65.1 Grimacing
- 66 Catalepsy/posturing
- 178 Clumsiness or incoordination
- 217 Anxiety about speaking
- 224 Distractibility
- 228 Difficulty with verbal communication of messages
- 256 Stuttering
- 257 Abnormal social approach
- 258 Reduced sharing of interests, emotions, or affect
- 259 Failure to initiate or respond to social interactions
- 260 Abnormalities in eye contact and body language
- 261 Difficulties in making friends
- 262 Absence of interest in peers
- 263 Stereotyped or repetitive use of objects
- 264 Rigidity
- 265 Ritualized patterns of nonverbal behavior
- 266 Ritualized patterns of verbal behavior
- 267 Fails to give close attention to details or makes careless mistakes
- 268 Does not seem to listen when spoken to directly
- 269 Does not follow through on instructions
- 270 Fails to finish tasks
- 271 Forgetful in daily activities
- 272 Fidgets with or taps hands or feet
- 273 Squirms in seat
- 274 Leaves seat in situations when remaining seated is expected
- 275 Runs about or climbs in situations where it is inappropriate
- 276 Restlessness
- 277 Unable to engage in leisure activities quietly
- 278 "On the go," acting as if "driven by a motor"
- 279 Blurts out an answer before a question has been completed
- 280 Difficulty waiting his or her turn (e.g., while waiting in line)
- 281 Interrupts others
- 282 Intrudes on others
- 283 Inaccurate word reading
- 284 Slow and effortful word reading
- 285 Difficulty understanding the meaning of what is read
- 286 Difficulties with spelling
- 289 Mutism
- 574 Reluctant to engage in tasks that require sustained mental effort
- 584 Echopraxia
- 596 Negativism
- 597 Mannerism
- 612 Agitation
- 619 Difficulty with speech intelligibility
- 641 Failure of normal back-and-forth conversation
- 645 Stereotypy of speech
- 648 Hyporeactivity to sensory input
- 653 Reduced vocabulary
- 654 Talks excessively
- 656 Inflexible adherence to routines

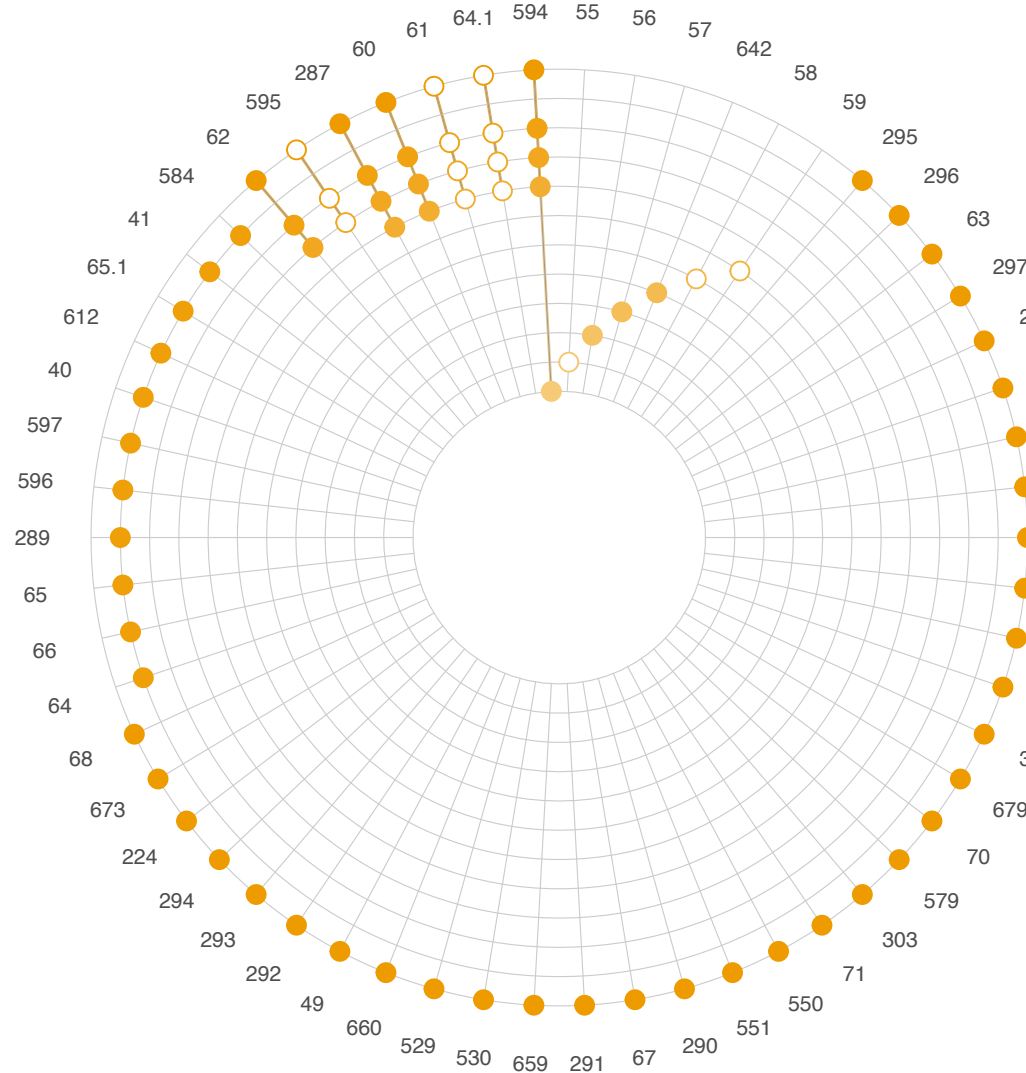
Figure S1

Schizophrenia Spectrum and Other Psychotic Disorders

Diagnoses (from the inside ring out)

- Delusional Disorder
- Delusional Disorder – Erotomaniac type
- Delusional Disorder – Grandiose type
- Delusional Disorder – Jealous type
- Delusional Disorder – Persecutory type
- Delusional Disorder – Somatic type
- Delusional Disorder – With bizarre content
- Brief Psychotic Disorder
- Schizophreniform Disorder
- Schizophrenia
- Catatonia Specifier
- Schizoaffective Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

- 40 Stereotypy
- 41 Echolalia
- 49 More talkative than usual
- 55 Delusion that another person is in love with the individual
- 56 Grandiose delusions
- 57 Delusion that spouse or lover is unfaithful
- 58 Delusion involving bodily functions or sensations
- 59 Delusions contain bizarre content
- 60 Odd speech
- 61 Grossly disorganized behavior
- 62 Diminished emotional expression
- 63 Diminished pleasure in activities
- 64 Stupor
- 64.1 Catatonic behaviour
- 65 Waxy flexibility
- 65.1 Grimacing
- 66 Catalepsy/posturing
- 67 Expansive mood
- 68 Reckless behavior
- 69 Psychomotor retardation
- 70 Difficulty concentrating
- 71 Suicidal ideation without a specific plan
- 224 Distractibility
- 287 Hallucinations
- 289 Mutism
- 290 Euphoria
- 291 Irritable mood
- 292 Pressure to keep talking
- 293 Flight of ideas
- 294 Feeling that thoughts are racing
- 295 Depressed mood
- 296 Diminished interest in activities
- 297 Weight loss
- 298 Weight gain
- 299 Decreased appetite
- 300 Increased appetite
- 301 Insomnia
- 302 Feelings of worthlessness
- 303 Thoughts of death
- 529 Grandiosity
- 530 Inflated self-esteem
- 550 Suicidal behavior
- 551 Specific plan for committing suicide
- 579 Difficulty making decisions without excessive reassurance
- 584 Echopraxia
- 594 Delusions
- 595 Avolition
- 596 Negativism
- 597 Mannerism
- 598 Psychomotor agitation
- 612 Agitation
- 630 Hypersomnia/sleepiness
- 642 Persecutory delusion
- 659 Periods of inexhaustibility
- 660 Decreased need for sleep
- 662 Fatigue
- 673 Increase in goal-directed activity
- 679 Feelings of inappropriate or excessive guilt

Figure S2

Bipolar and Related Disorders

Symptoms

- 40 Stereotypy
- 41 Echolalia
- 49 More talkative than usual
- 56 Grandiose delusions
- 63 Diminished pleasure in activities
- 64 Stupor
- 65 Waxy flexibility
- 65.1 Grimacing
- 66 Catalepsy/posturing
- 67 Expansive mood
- 68 Reckless behavior
- 69 Psychomotor retardation
- 70 Difficulty concentrating
- 71 Suicidal ideation without a specific plan
- 224 Distractibility
- 276 Restlessness
- 287 Hallucinations
- 289 Mutism
- 290 Euphoria
- 291 Irritable mood
- 292 Pressure to keep talking
- 293 Flight of ideas
- 294 Feeling that thoughts are racing
- 295 Depressed mood
- 296 Diminished interest in activities
- 297 Weight loss
- 298 Weight gain
- 299 Decreased appetite
- 300 Increased appetite
- 301 Insomnia
- 302 Feelings of worthlessness
- 303 Thoughts of death
- 304 Feeling keyed up or tense
- 305 Fear that something awful may happen
- 306 Fear of "losing one's mind"
- 307 Mood reactivity
- 314 Leaden paralysis
- 529 Grandiosity
- 530 Inflated self-esteem
- 550 Suicidal behavior
- 551 Specific plan for committing suicide
- 579 Difficulty making decisions without excessive advice and reassurance
- 584 Echopraxia
- 594 Delusions
- 596 Negativism
- 597 Mannerism
- 598 Psychomotor agitation
- 612 Agitation
- 624 Interpersonal rejection sensitivity
- 630 Hypersomnia/sleepiness
- 633 Worry
- 642 Persecutory delusion
- 659 Periods of inexhaustibility
- 660 Decreased need for sleep
- 662 Fatigue
- 673 Increase in goal-directed activity
- 679 Feelings of inappropriate or excessive guilt

Diagnoses (from the inside ring out)

- Specifier – With psychotic features
- Specifier – With psychotic features; mood-congruent psychotic features
- Specifier – With anxious distress
- Specifier – With atypical features
- Specifier – With melancholic features
- Specifier – With catatonia
- Bipolar I Disorder
- Bipolar II Disorder
- Cyclothymic Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters

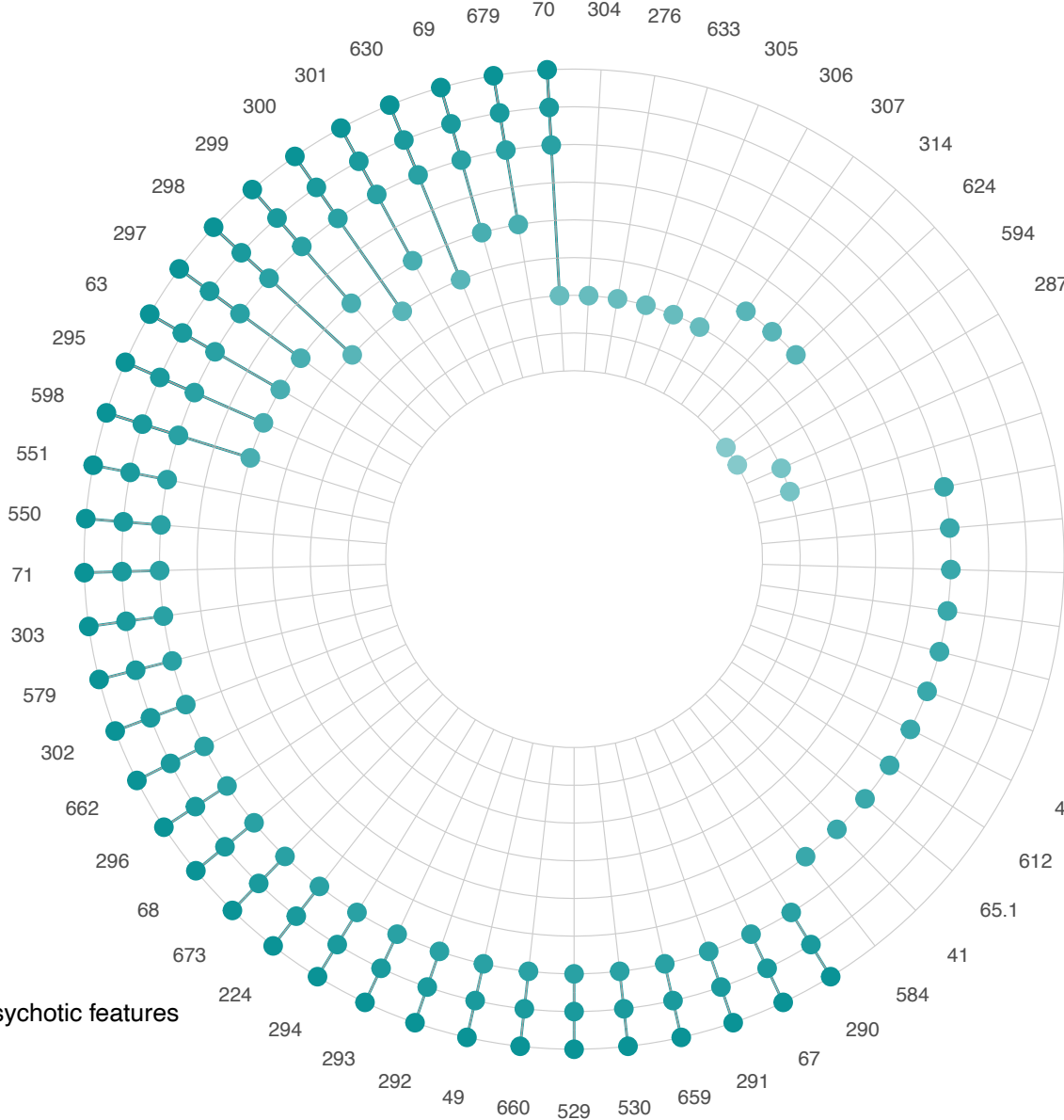
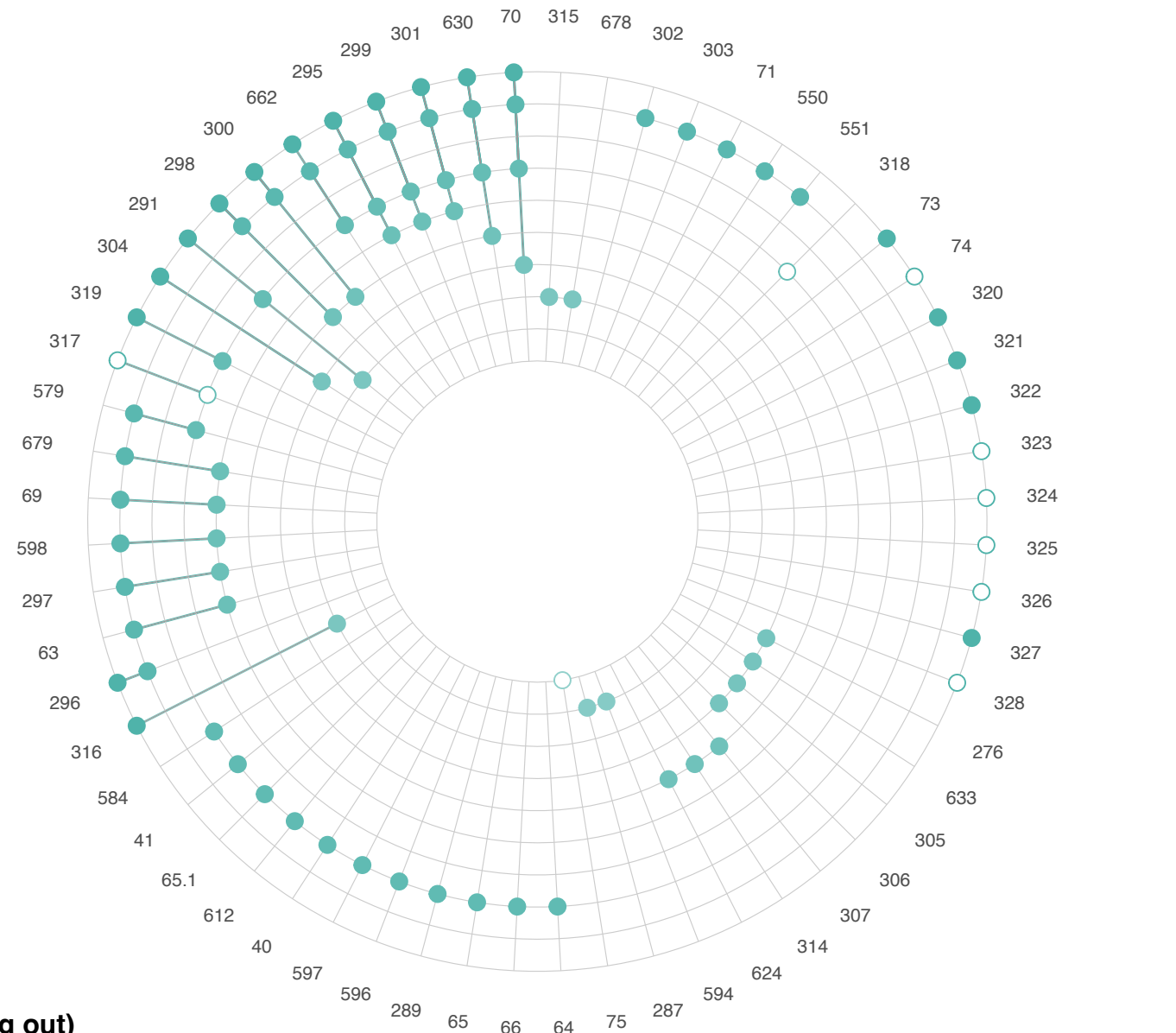


Figure S3

Depressive Disorders



Symptoms

- 40 Stereotypy
- 41 Echolalia
- 63 Diminished pleasure in activities
- 64 Stupor
- 65 Waxy flexibility
- 65.1 Grimacing
- 66 Catalepsy/posturing
- 69 Psychomotor retardation
- 70 Difficulty concentrating
- 71 Suicidal ideation without a specific plan
- 73 Mood lability
- 74 Increased interpersonal conflict
- 75 Delusions and hallucinations with depressive themes
- 276 Restlessness
- 287 Hallucinations
- 289 Mutism
- 291 Irritable mood
- 295 Depressed mood
- 296 Diminished interest in activities
- 297 Weight loss
- 298 Weight gain
- 299 Decreased appetite
- 300 Increased appetite
- 301 Insomnia
- 302 Feelings of worthlessness
- 303 Thoughts of death
- 304 Feeling keyed up or tense
- 305 Fear that something awful may happen
- 306 Fear of "losing one's mind"
- 307 Mood reactivity
- 314 Leaden paralysis
- 315 Loses temper
- 316 Angry mood
- 317 Overeating
- 318 Low self-esteem
- 319 Feelings of hopelessness
- 320 Views self as inferior or inadequate
- 321 Anxiety
- 322 Tension
- 323 Specific food cravings
- 324 Feeling overwhelmed
- 325 Feeling out of control
- 326 Breast tenderness or swelling
- 327 Muscle pain, tension, or stiffness
- 328 A sensation of "bloating"
- 550 Suicidal behavior
- 551 Specific plan for committing suicide
- 579 Difficulty making decisions without excessive advice and reassurance
- 584 Echopraxia
- 594 Delusions
- 596 Negativism
- 597 Mannerism
- 598 Psychomotor agitation
- 612 Agitation
- 624 Interpersonal rejection sensitivity
- 630 Hypersomnia/sleepiness
- 633 Worry
- 662 Fatigue
- 678 Behavioral outbursts involving damage or destruction of property
- 679 Feelings of inappropriate or excessive guilt

Diagnoses (from the inside ring out)

- Specifier – With psychotic feature; mood-congruent psychotic features
- Specifier – With psychotic features
- Disruptive Mood Dysregulation Disorder
- Specifier – With anxious distress
- Specifier – With atypical features
- Specifier – With melancholic features
- Persistent Depressive Disorder (Dysthymia)
- Specifier – With catatonia
- Major Depressive Disorder
- Premenstrual Dysphoric Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters

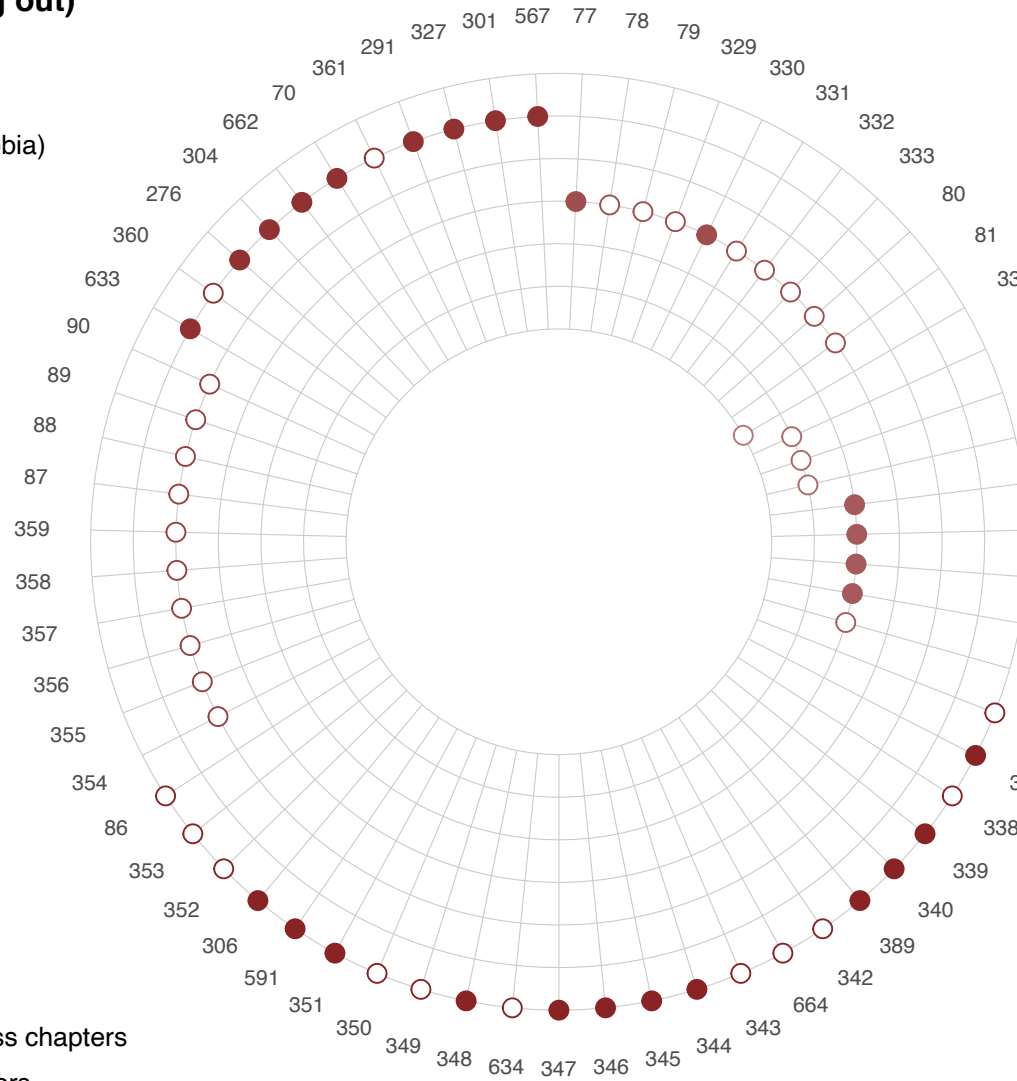
Figure S4

Anxiety Disorders

Diagnoses (from the inside ring out)

- Selective Mutism
- Specific Phobia
- Social Anxiety Disorder (Social Phobia)
- Separation Anxiety Disorder
- Agoraphobia
- Generalized Anxiety Disorder
- Panic Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

- | | | |
|-----|---|-----|
| 70 | Difficulty concentrating | |
| 77 | Separation anxiety | |
| 78 | Worry about losing major attachment figures or about possible harm to them | 335 |
| 79 | Worry about experiencing an untoward event that causes separation from a major attachment figure | 336 |
| 80 | Nightmares involving the theme of separation | 337 |
| 81 | Physical symptoms when separation from major attachment figures occurs/is anticipated | 338 |
| 82 | Marked fear or anxiety about a specific object or situation | 339 |
| 83 | Phobic object or situation is actively avoided | 340 |
| 84 | Phobic object or situation is endured with intense fear or anxiety | 342 |
| 85 | Social situations are endured with intense fear or anxiety | 343 |
| 86 | Maladaptive change in behavior related to panic attacks | 344 |
| 87 | The individual has thoughts that escape might be difficult or help might not be available in the event of developing paniclike symptoms | 345 |
| 88 | Agoraphobic situations are feared or actively avoided | 346 |
| 89 | Agoraphobic situations require the presence of a companion | 347 |
| 90 | Agoraphobic situations are endured with intense fear or anxiety | 348 |
| 217 | Anxiety about speaking | 349 |
| 276 | Restlessness | 350 |
| 291 | Irritable mood | 351 |
| 301 | Insomnia | 352 |
| 304 | Feeling keyed up or tense | 353 |
| 306 | Fear of "losing one's mind" | 354 |
| 327 | Muscle pain, tension, or stiffness | 355 |
| 329 | Reluctance or refusal to go out because of fear of separation | 356 |
| 330 | Feels uncomfortable or helpless when alone | 357 |
| 331 | Fear of or reluctance about being without major attachment figures | 358 |
| 332 | Reluctance or refusal to sleep away from home | 359 |
| 333 | Reluctance or refusal to go to sleep without being near a major attachment figure | 360 |
| 334 | Selective mutism | 361 |
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Figure S5

Obsessive–Compulsive and Related Disorders

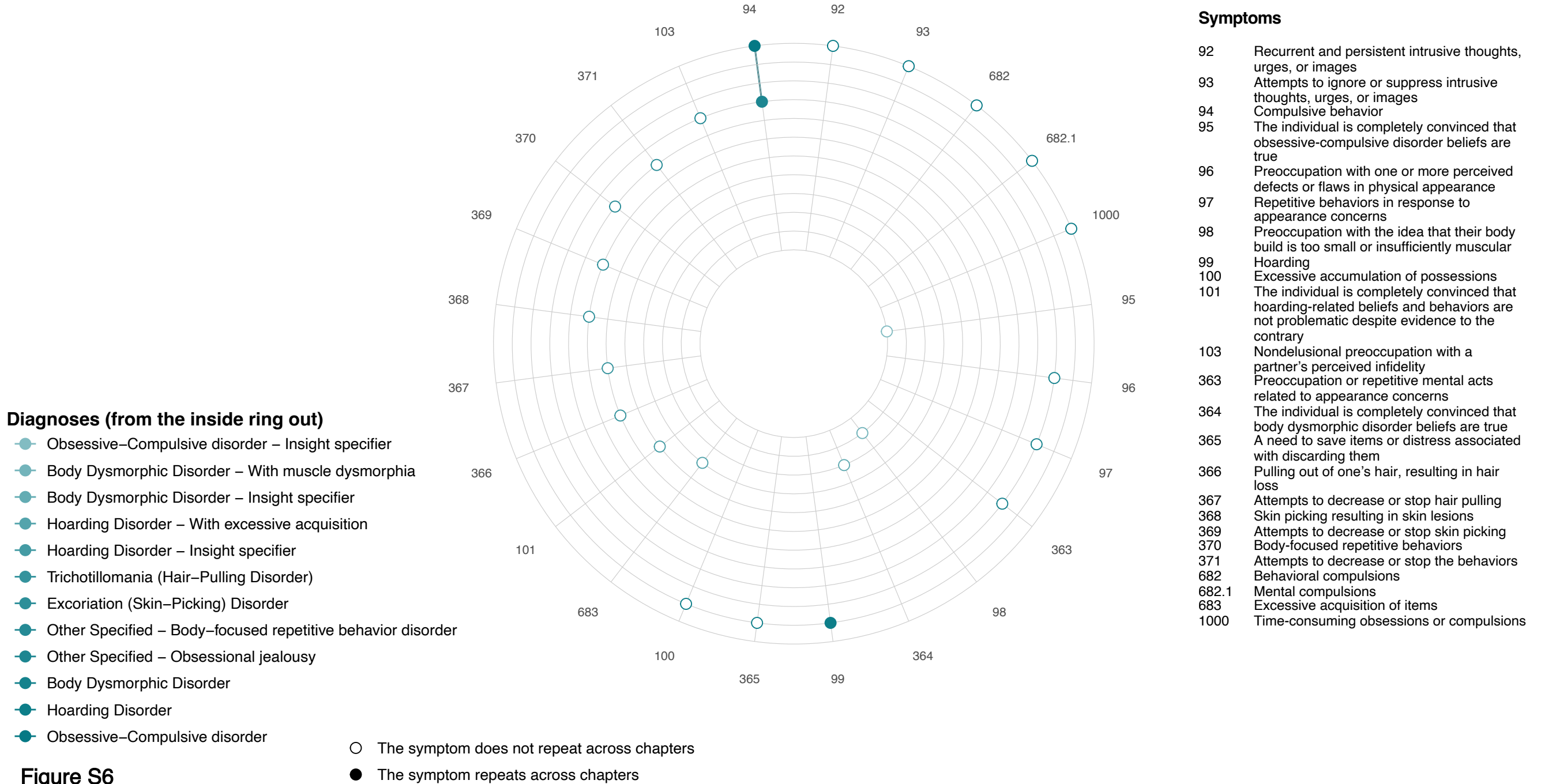
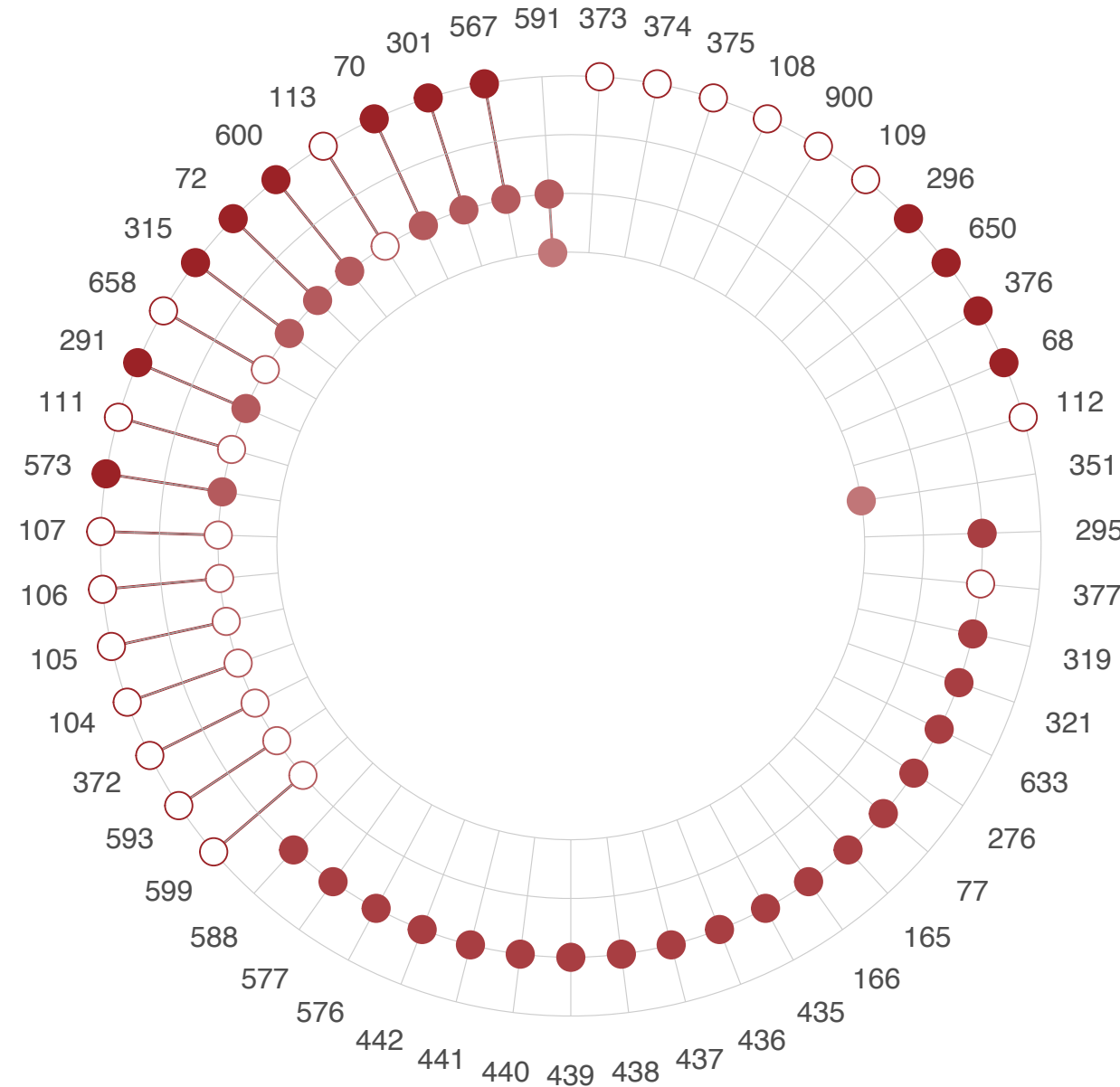


Figure S6

Trauma- and Stressor-Related Disorders

Symptoms



Diagnoses (from the inside ring out)

- Posttraumatic Stress Disorder – With dissociative symptoms
- Acute Stress Disorder
- Adjustment Disorders
- Posttraumatic Stress Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters

Figure S7

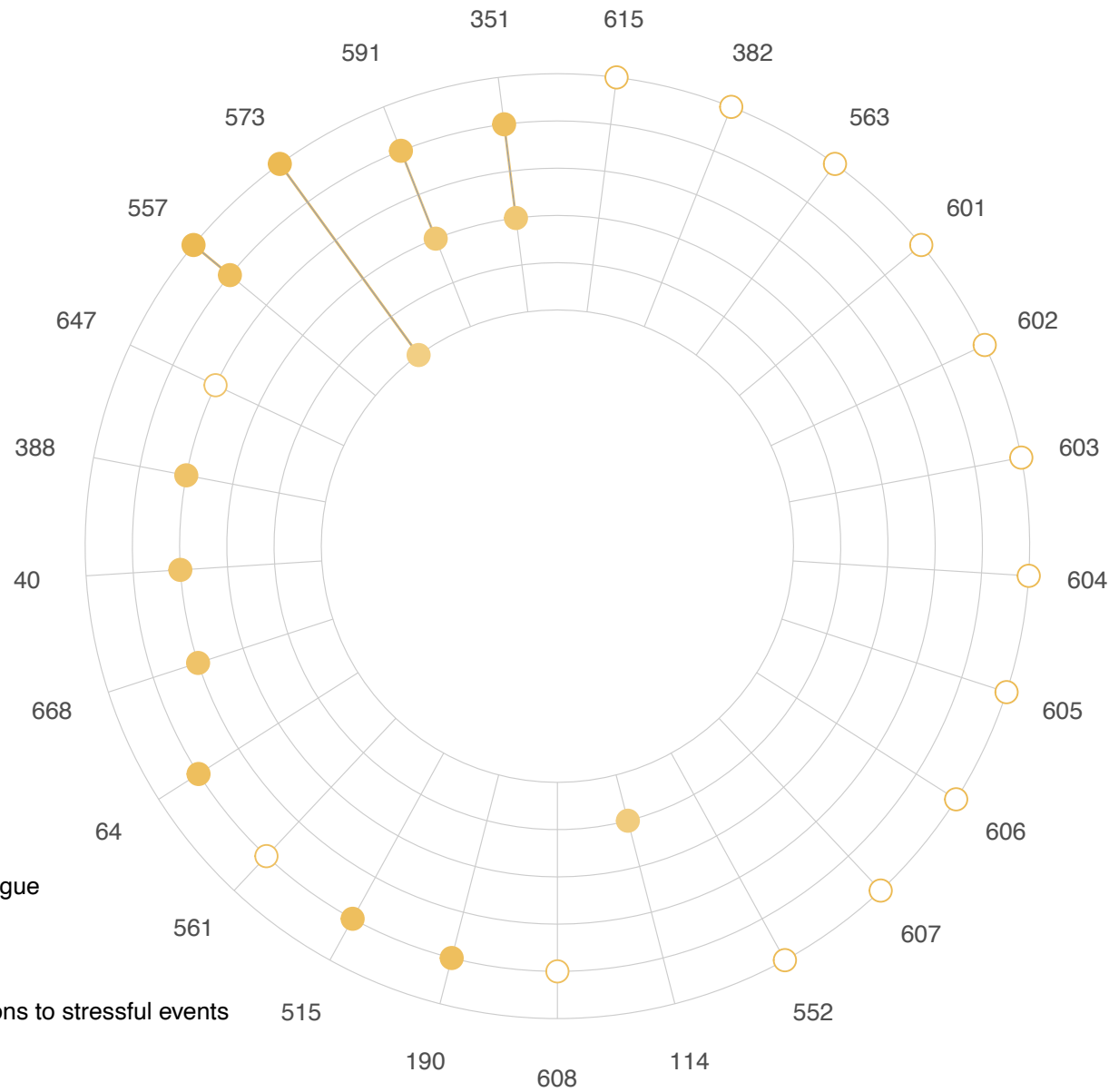
- 68 Reckless behavior
- 70 Difficulty concentrating
- 72 Aggression
- 77 Separation anxiety
- 104 Distressed by exposure to cues related to traumatic event(s)
- 105 Physiological reactions to cues related to traumatic event(s)
- 106 Avoidance of internal cues associated with traumatic event(s)
- 107 Avoidance of external cues associated with traumatic event(s)
- 108 Distorted cognitions about the cause or consequences of traumatic event(s)
- 109 Persistent negative emotional state
- 111 Inability to experience positive emotions
- 112 Self-destructive behavior
- 113 Exaggerated startle response
- 165 Initiates physical fights
- 166 Stealing without confrontation of a victim
- 276 Restlessness
- 291 Irritable mood
- 295 Depressed mood
- 296 Diminished interest in activities
- 301 Insomnia
- 315 Loses temper
- 319 Feelings of hopelessness
- 321 Anxiety
- 351 Depersonalization
- 372 Dissociative reactions (eg, flashbacks) related to a traumatic event
- 373 Exaggerated negative beliefs about oneself
- 374 Exaggerated negative beliefs about others
- 375 Exaggerated negative beliefs about the world
- 376 Emotional detachment
- 377 Tearfulness
- 435 Bullies, threatens, or intimidates others
- 436 Used a weapon that can cause serious physical harm
- 437 Physically cruel to people
- 438 Physically cruel to animals
- 439 Stealing while confronting a victim
- 440 Breaking into a house, building, or car
- 441 Lies to avoid obligations
- 442 Lies to obtain goods or favors
- 567 Dissatisfaction with sleep quantity or quality
- 573 Inability to remember an important aspect of traumatic event(s)
- 576 Forced someone into sexual activity
- 577 Fire setting with the intention of causing serious damage
- 588 Deliberately destroyed others' property
- 591 Derealization while awake and alert
- 593 Distressing dreams related to traumatic event(s)
- 599 Intrusive distressing memories of traumatic event(s)
- 600 Hypervigilance
- 633 Worry
- 650 Social withdrawal
- 658 Angry outbursts without provocation
- 900 Blames self or others for the causes or consequences of traumatic event(s)

Dissociative Disorders

Diagnoses (from the inside ring out)

- Dissociative Amnesia
- Dissociative Amnesia – With dissociative fugue
- Depersonalization/Derealization Disorder
- Other Specified – Dissociative trance
- Other Specified – Acute dissociative reactions to stressful events
- Dissociative Identity Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters

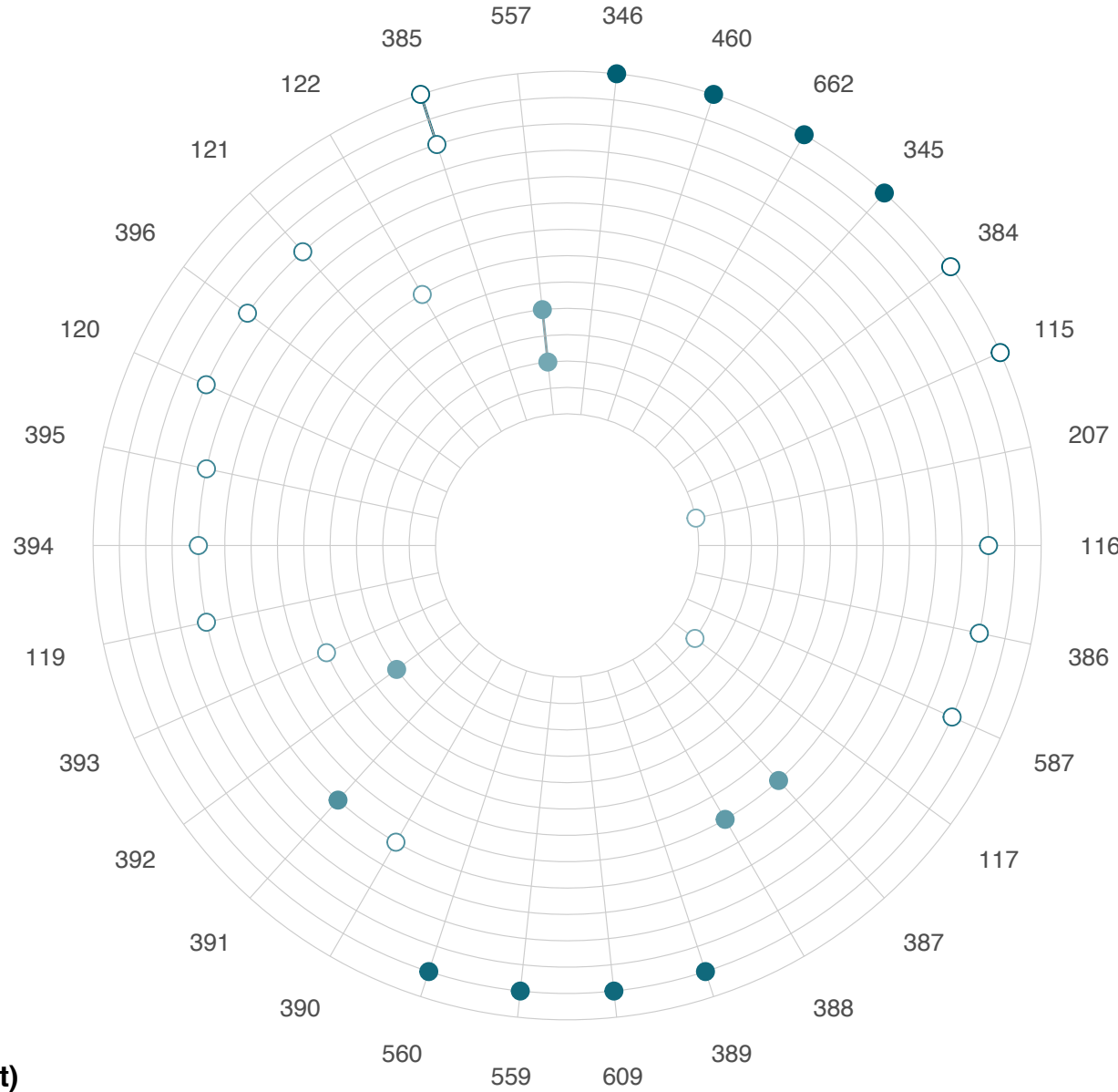


Symptoms

- 40 Stereotypy
- 64 Stupor
- 114 Wandering
- 190 Sensation of slowed time
- 351 Depersonalization
- 382 Discontinuity in sense of self
- 388 Transient paralysis
- 515 Unusual perceptual experiences
- 552 Gaps in the recall of personal information
- 557 Alterations in sensory motor functioning
- 561 Micro-amnesias
- 563 Discontinuity in sense of agency
- 573 Inability to remember an important aspect of traumatic event(s)
- 591 Derealization while awake and alert
- 601 Alterations in affect
- 602 Alterations in behavior
- 603 Alterations in consciousness
- 604 Alterations in memory
- 605 Alterations in perception
- 606 Alterations in cognition
- 607 Gaps in the recall of everyday events
- 608 Constriction of consciousness
- 615 Two or more distinct personality states
- 647 Loss of consciousness
- 668 Reduced awareness of immediate surroundings

Figure S8

Somatic Symptom and Related Disorders



Symptoms

- 115 Excessive time and energy devoted to physical symptoms or health concerns
- 116 Preoccupation with having or acquiring a serious illness
- 117 Medical care is frequently used
- 119 Falsification of physical or psychological signs or symptoms
- 120 Falsification of physical or psychological signs or symptoms in another
- 121 The individual presents another individual to others as ill, impaired, or injured
- 122 A false belief of being pregnant associated with objective signs and reported symptoms of pregnancy
- 207 Predominant pain
- 345 Nausea
- 346 Abdominal pain
- 384 Disproportionate and persistent thoughts about the seriousness of physical symptoms
- 385 High level of anxiety about health or symptoms
- 386 Excessive health-related behaviors performed by the individual
- 387 Generalized muscle weakness
- 388 Transient paralysis
- 389 Tremor
- 390 Dysphonia
- 391 Slurred speech
- 392 Seizures
- 393 Visual, olfactory, or hearing disturbance
- 394 Induction of injury or disease in self
- 395 Presents self to others as ill, injured or impaired
- 396 Induction of injury or disease in another
- 460 Headache
- 557 Alterations in sensory-motor functioning
- 559 Myoclonus
- 560 Unsteady gait
- 587 Maladaptive avoidance of medical care
- 609 Dystonias
- 662 Fatigue

Diagnoses (from the inside ring out)

- Somatic Symptom Disorder – With predominant pain
- Illness Anxiety Disorder – Care-seeking type
- Conversion Disorder
- Conversion Disorder – With attacks or seizures
- Conversion Disorder – With anesthesia or sensory loss
- Conversion Disorder – With special sensory symptom
- Other Specified – Pseudocycsis
- Conversion Disorder – With weakness or paralysis
- Conversion Disorder – With speech symptoms
- Conversion Disorder – With abnormal movement
- Somatic Symptom Disorder
- Conversion Disorder
- Conversion Disorder – With weakness or paralysis
- Conversion Disorder – With speech symptoms
- Factitious Disorder – Imposed on Self
- Factitious Disorder – Imposed on Another
- Illness Anxiety Disorder
- Conversion Disorder – With abnormal movement

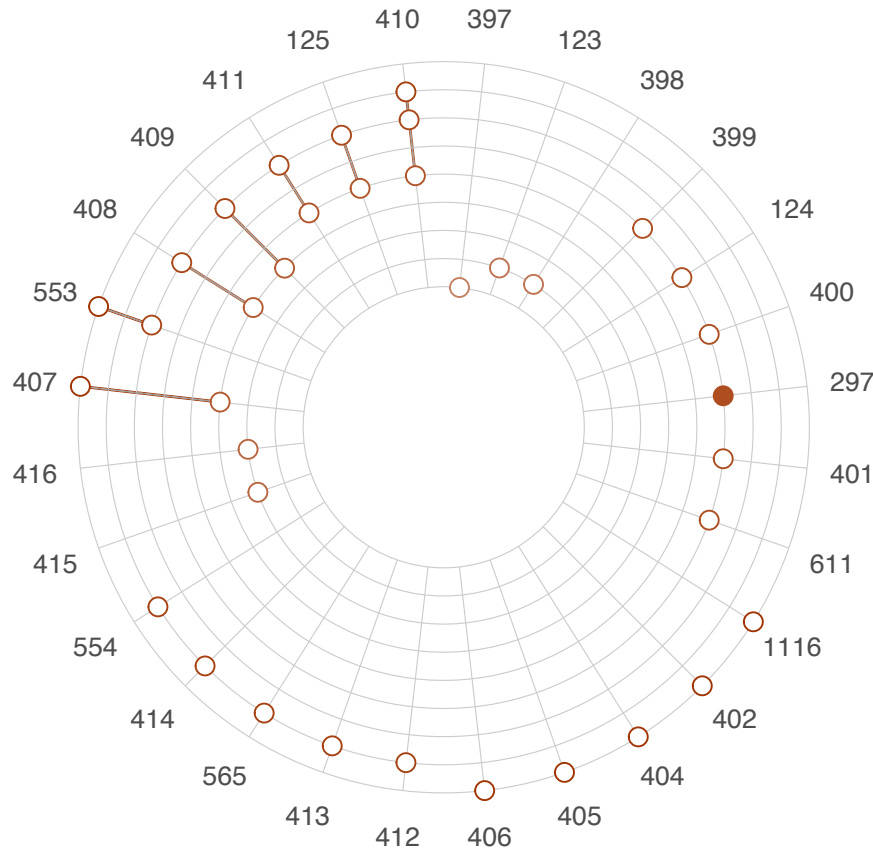
- The symptom does not repeat across chapters
- The symptom repeats across chapters

Figure S9

Feeding and Eating Disorders

Symptoms

- 123 Repeated regurgitation of food
- 124 Avoidance based on the sensory characteristics of food
- 125 Misuse of laxatives, diuretics, or enemas (as purging behaviour)
- 297 Weight loss
- 397 Eating of nonnutritive, nonfood substances
- 398 Regurgitated food may be re-chewed, re-swallowed, or spit out
- 399 Apparent lack of interest in eating or food
- 400 Concern about aversive consequences of eating
- 401 Dependence on enteral feeding
- 402 Fear of gaining weight or becoming fat
- 404 Behavior that interferes with weight gain
- 405 Disturbance in the way body weight or shape is experienced
- 406 Lack of recognition of the seriousness of current low body weight
- 407 Dieting
- 408 Fasting
- 409 Excessive exercise
- 410 Binge eating
- 411 Self-induced vomiting (as purging behaviour)
- 412 Eating much more rapidly than normal during binge eating
- 413 Eating until feeling uncomfortably full during binge eating
- 414 Eating alone because of feeling embarrassed by how much one is eating during binge eating
- 415 Eating after awakening from sleep
- 416 Excessive food consumption after the evening meal
- 553 Undue influence of body weight or shape on self-evaluation
- 554 Feeling disgusted, depressed, or very guilty about binge eating
- 565 Eating large amounts of food when not hungry during binge eating
- 611 Dependence on oral nutritional supplements
- 1116 Significantly low body weight



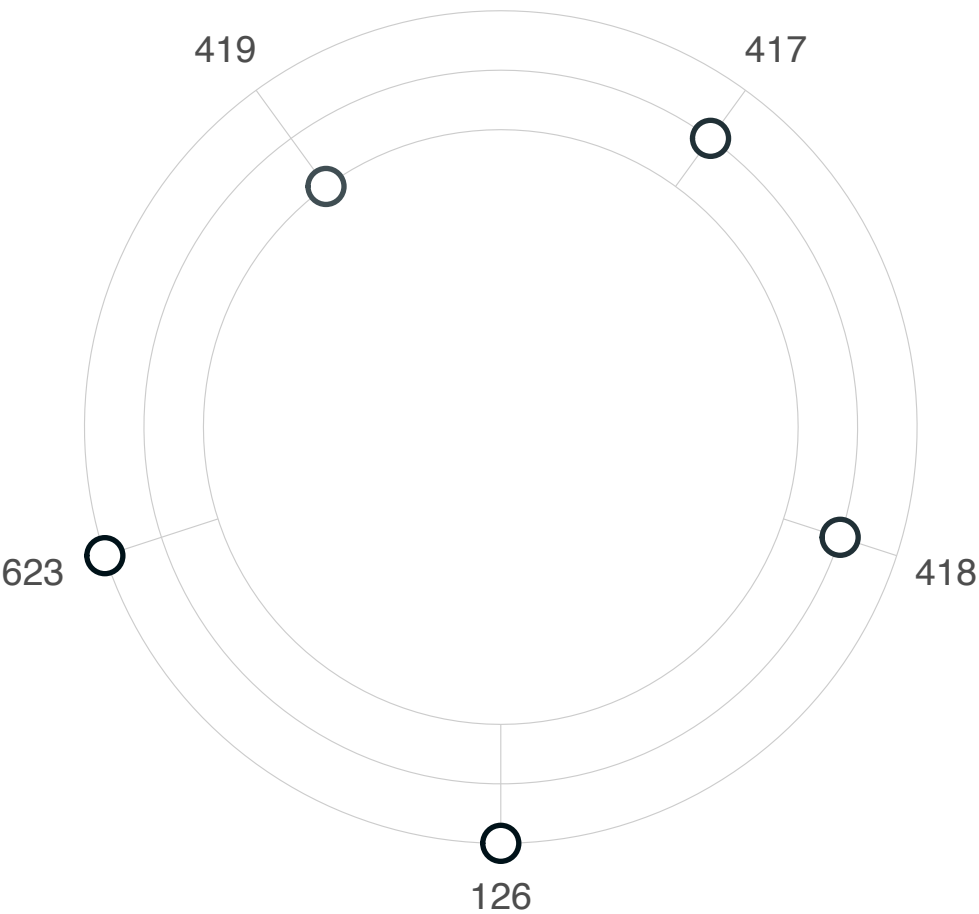
Diagnoses (from the inside ring out)

- Pica
- Rumination Disorder
- Other Specified – Night eating syndrome
- Anorexia Nervosa – Restricting type
- Anorexia Nervosa – Binge–eating/purging type
- Avoidant/Restrictive Food Intake Disorder
- Bulimia Nervosa
- Binge–Eating Disorder
- Anorexia Nervosa

- The symptom does not repeat across chapters
- The symptom repeats across chapters

Figure S10

Elimination Disorders



Symptoms

- 126 Accidental pooping in inappropriate places
- 417 Accidental peeing in bed or clothes
- 418 Deliberate peeing in bed or clothes
- 419 Constipation
- 623 Deliberate pooping in inappropriate places

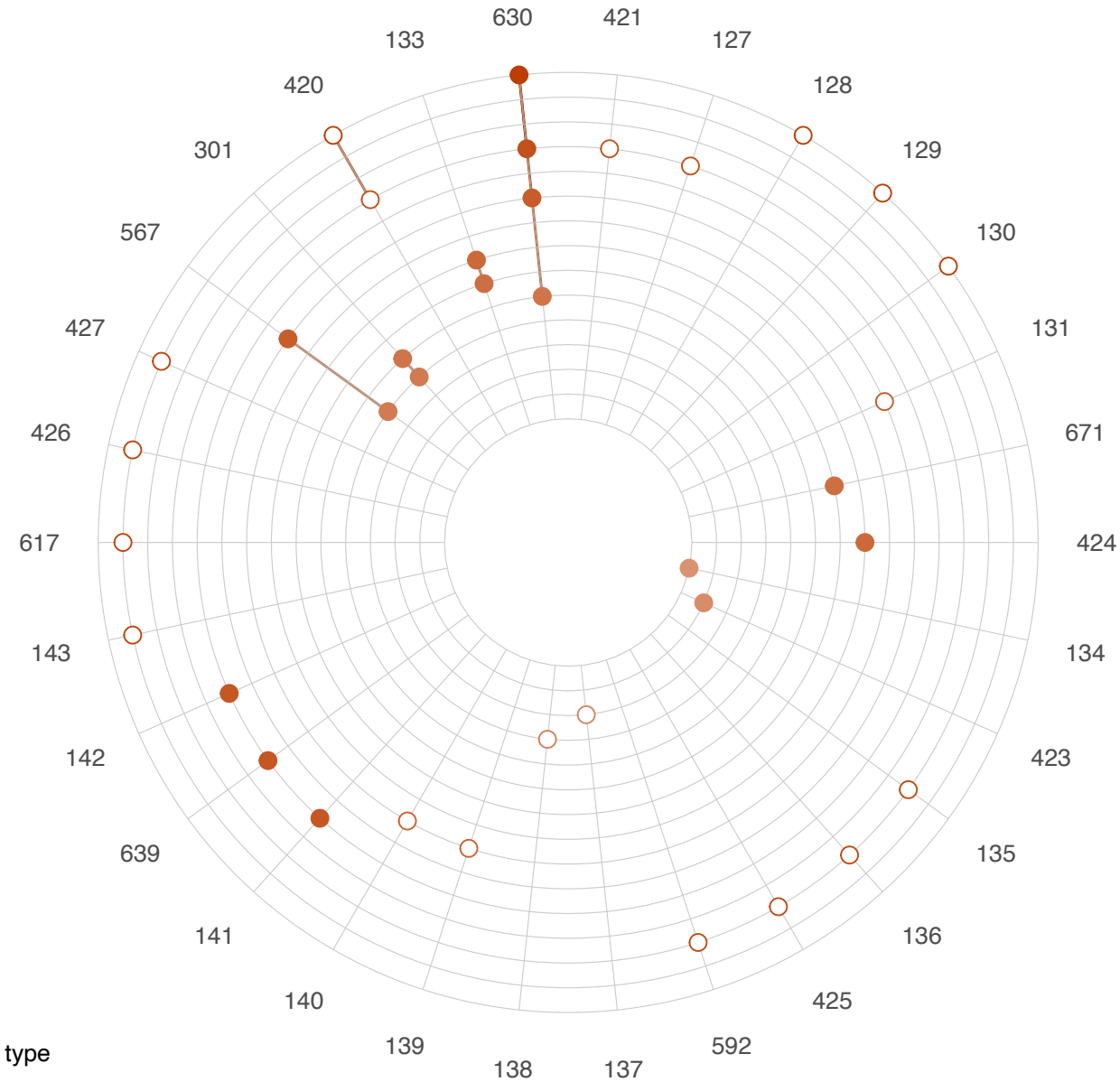
Diagnoses (from the inside ring out)

- Encopresis – With constipation and overflow incontinence
- Enuresis
- Encopresis

Figure S11

Sleep–Wake Disorders

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

- 127 Difficulty being fully awake after abrupt awakening
- 128 Sudden bilateral loss of muscle tone with maintained consciousness that are precipitated by laughter or joking
- 129 Spontaneous grimaces or jaw-opening episodes with tongue thrusting
- 130 Global hypotonia
- 131 Nocturnal breathing disturbances
- 133 An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times
- 134 A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period
- 135 Rising from bed during sleep and walking about
- 136 Abrupt terror arousals from sleep with intense fear, signs of autonomic arousal, and relative unresponsiveness to comforting
- 137 Sleep-related eating
- 138 Sleep-related sexual behavior
- 139 Extended, extremely dysphoric, and well-remembered dreams
- 140 The individual rapidly becomes oriented and alert on waking from dysphoric dreams
- 141 Repeated episodes of arousal during sleep associated with vocalization
- 142 Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert
- 143 An urge to move the legs
- 301 Insomnia
- 420 Lapsing into sleep or napping throughout the day
- 421 Sleep of more than 9 hours per day that is unrefreshing
- 423 A consistent daily drift of sleep onset and wake times
- 424 A pattern of advanced sleep onset and awakening times
- 425 No or little dream imagery is recalled Urge to move legs begins or worsens during periods of rest or inactivity
- 426 To move legs begins or worsens during periods of rest or inactivity
- 427 Urge to move legs is worse in the evening
- 567 Dissatisfaction with sleep quantity or quality
- 592 Amnesia for episodes of incomplete awakening from sleep
- 617 Uncomfortable and unpleasant sensations in the legs
- 630 Hypersomnia/sleepiness
- 639 Episodes of arousal during sleep associated with complex motor behaviors
- 671 A pattern of delayed sleep onset and awakening times

Diagnoses (from the inside ring out)

- Circadian Rhythm Sleep–Wake Disorders – Irregular sleep–wake type
- Circadian Rhythm Sleep–Wake Disorders – Non–24–hour sleep–wake type
- Non-Rapid Eye Movement Sleep Arousal Disorders – With sleep–related eating
- Non-Rapid Eye Movement Sleep Arousal Disorders – With sleep–related sexual behavior
- Insomnia Disorder
- Circadian Rhythm Sleep–Wake Disorders
- Circadian Rhythm Sleep–Wake Disorders – Delayed sleep phase type
- Circadian Rhythm Sleep–Wake Disorders – Advanced sleep phase type
- Nightmare Disorder
- Obstructive Sleep Apnea Hypopnea
- Rapid Eye Movement Sleep Behavior Disorder
- Hypersomnolence Disorder
- Non-Rapid Eye Movement Sleep Arousal Disorders
- Restless Legs Syndrome
- Narcolepsy

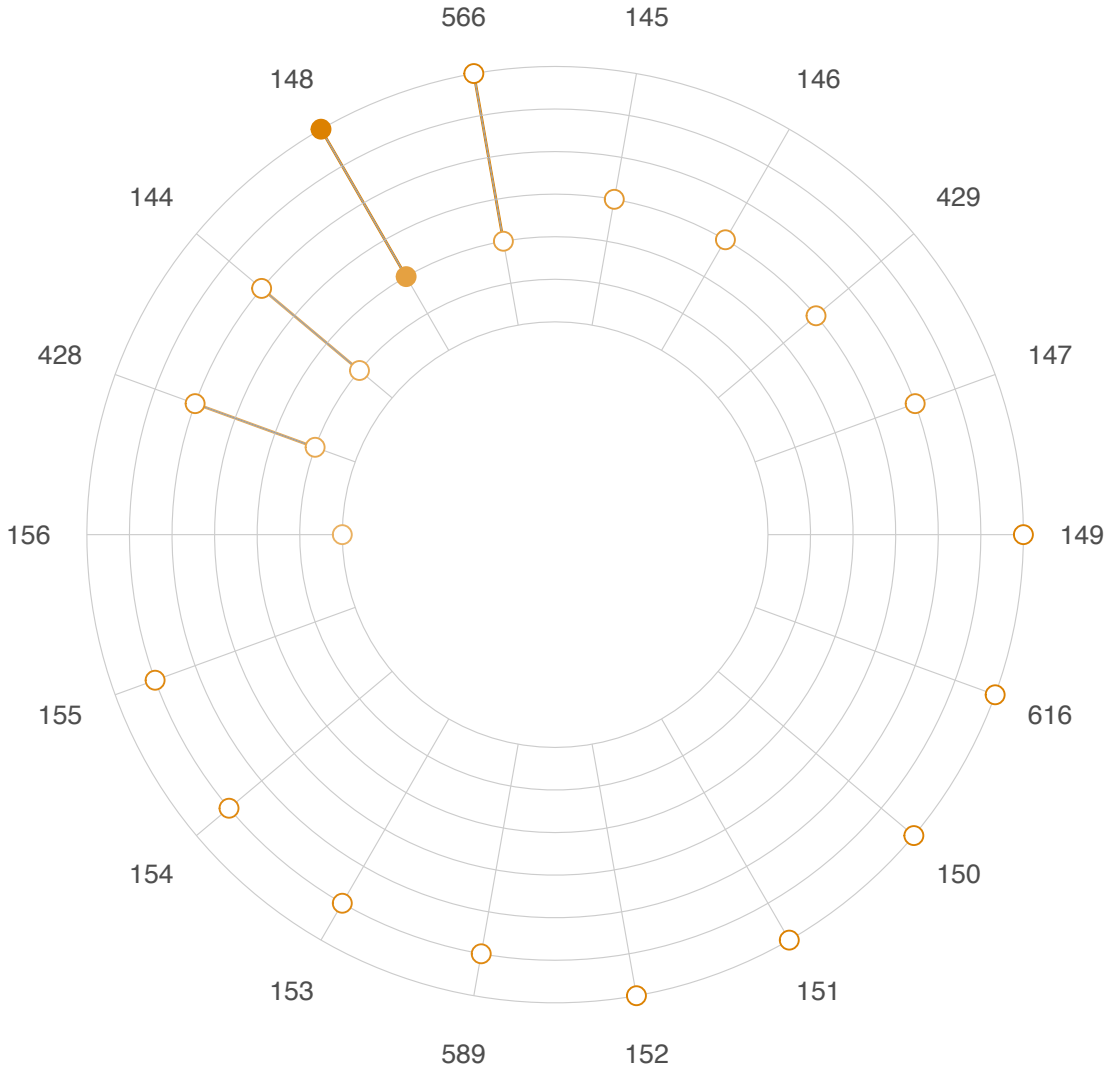
Figure S12

Sexual Dysfunctions

- The symptom does not repeat across chapters
- The symptom repeats across chapters

Diagnoses (from the inside ring out)

- Premature (Early) Ejaculation
- Delayed Ejaculation
- Male Hypoactive Sexual Desire Disorder
- Erectile Disorder
- Female Orgasmic Disorder
- Genito-Pelvic Pain/Penetration Disorder
- Female Sexual Interest/Arousal Disorder



Symptoms

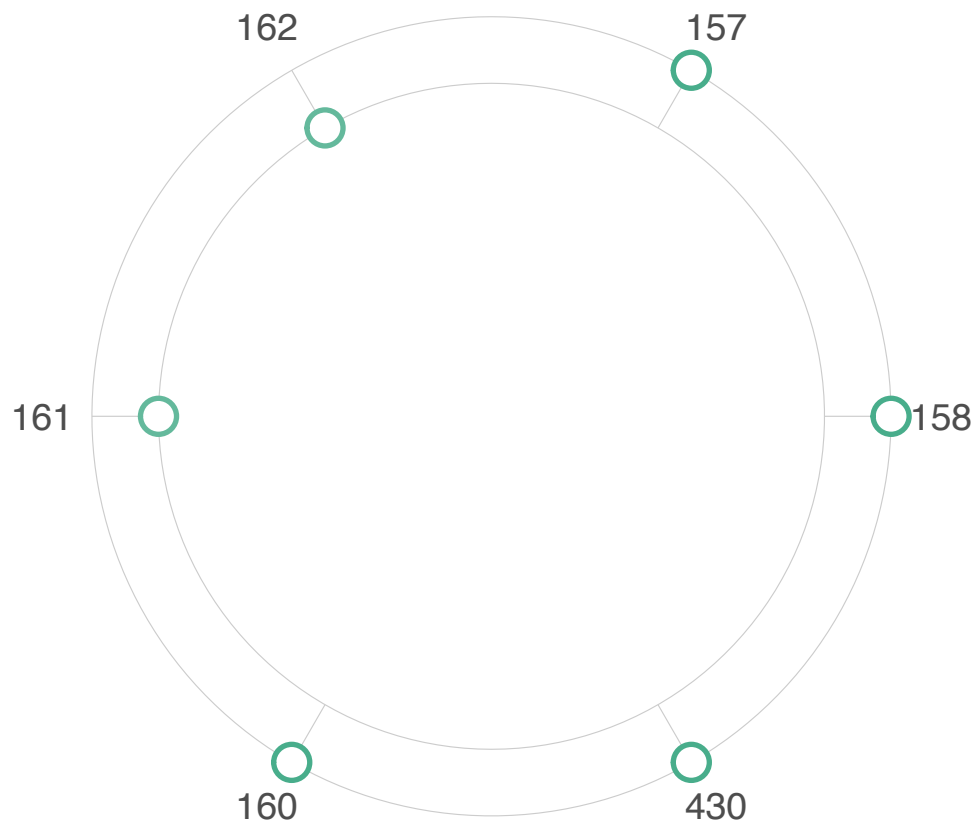
- 144 Anorgasmia
- 145 Difficulty obtaining an erection
- 146 Difficulty maintaining an erection
- 147 Reduced orgasmic intensity
- 148 Reduced interest in sexual activity
- 149 Reduced initiation of sexual activity
- 150 Reduced sexual pleasure during sexual activity
- 151 Reduced sexual interest or arousal in response to internal and external sexual/erotic cues
- 152 Reduced sensations during sexual activity
- 153 Pain during vaginal intercourse or penetration attempts
- 154 Anxiety about sexual pain
- 155 Tensing or tightening of the pelvic floor during attempted vaginal penetration
- 156 Ejaculation during partnered sexual activity within approximately 1 minute
- 428 Delay in orgasm
- 429 Decrease in erectile rigidity
- 566 Absent/reduced sexual thoughts or fantasies
- 589 Difficulties with vaginal penetration during intercourse
- 616 Unreceptive to a partner's attempts to initiate sexual activity

Figure S13

Gender Dysphoria

Symptoms

- 157 Incongruence between one's experienced/expressed gender and primary and/or secondary sex characteristics
- 158 Desire to be rid of one's primary and/or secondary sex characteristics
- 160 Conviction that one has the typical feelings and reactions of another gender
- 161 The individual has transitioned to full-time living in the desired gender
- 162 Cross-sex medical procedure or treatment
- 430 Desire to be a different gender/for the sex characteristics of another gender



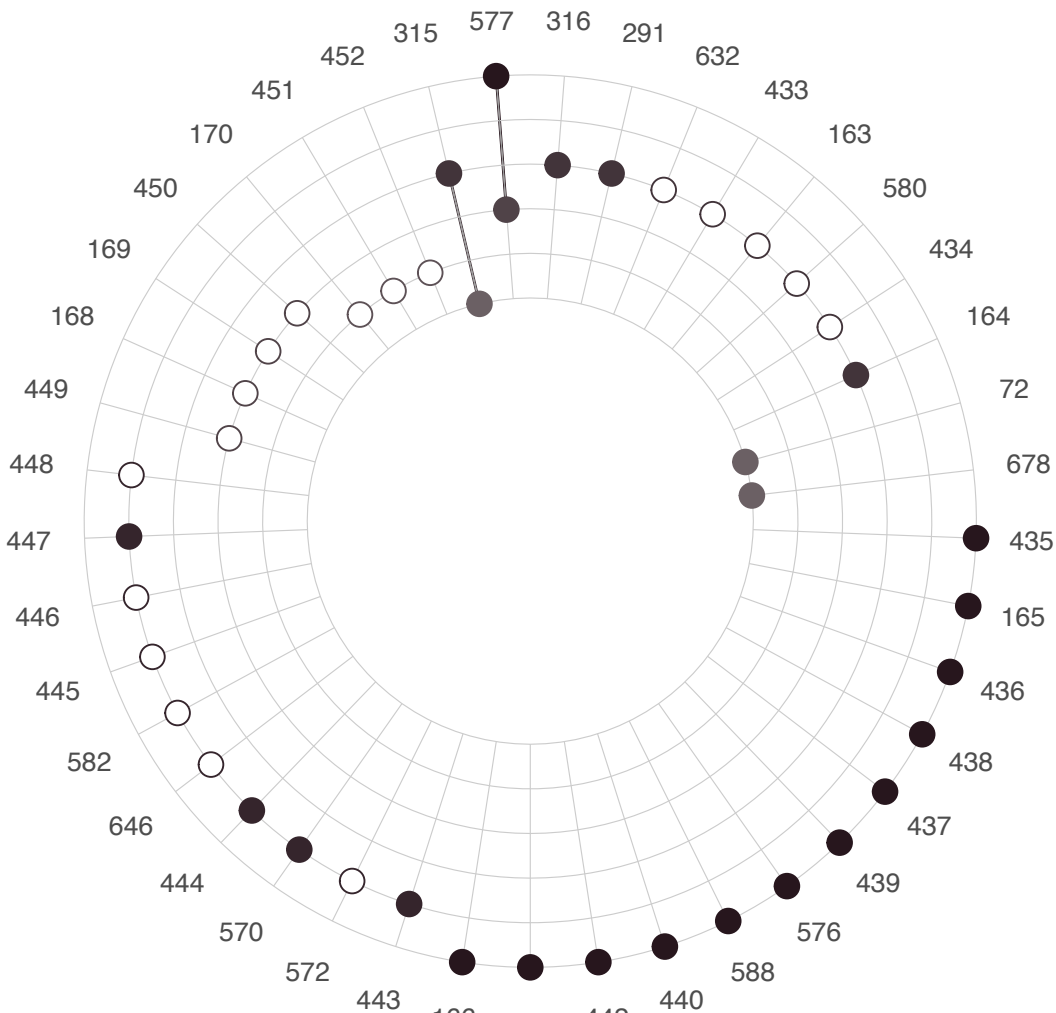
Diagnoses (from the inside ring out)

- Gender Dysphoria in Adolescents and Adults – Posttransition
- Gender Dysphoria in Adolescents and Adults

Figure S14

Disruptive, Impulse–Control, and Conduct Disorders

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Diagnoses (from the inside ring out)

- Intermittent Explosive Disorder
- Kleptomania
- Pyromania
- Oppositional Defiant Disorder
- Conduct Disorder – With limited prosocial emotions
- Conduct Disorder

Symptoms

- 72 Aggression
- 163 Refuses to comply with requests from authority figures
- 164 Spiteful or vindictive
- 165 Initiates physical fights
- 166 Stealing without confrontation of a victim
- 168 Fascination with fire
- 169 Pleasure, gratification, or relief from the aftermath of fires
- 170 Failure to resist impulses to steal objects
- 291 Irritable mood
- 315 Loses temper
- 316 Angry mood
- 433 Argues with authority figures
- 434 Blames others for mistakes or misbehavior
- 435 Bullies, threatens, or intimidates others
- 436 Used a weapon that can cause serious physical harm
- 437 Physically cruel to people
- 438 Physically cruel to animals
- 439 Stealing while confronting a victim
- 440 Breaking into a house, building, or car
- 441 Lies to avoid obligations
- 442 Lies to obtain goods or favors
- 443 Does not feel bad or guilty after doing something wrong
- 444 The individual is described as cold and uncaring
- 445 Does not put in effort to perform well, even with clear expectations
- 446 Blames others for poor performance
- 447 Only expresses emotions in ways that seem superficial
- 448 Emotions expressed only for personal gain
- 449 Tension or affective arousal before setting a fire
- 450 Pleasure, gratification, or relief when setting fires
- 451 Increasing tension before committing theft
- 452 Pleasure, gratification, or relief when committing theft
- 570 Disregards and is unconcerned about feelings of others
- 572 Lack of concern about the consequences of actions
- 576 Forced someone into sexual activity
- 577 Fire setting with the intention of causing serious damage
- 580 Deliberately annoys others
- 582 Does not show concern about poor performance in important activities
- 588 Deliberately destroyed others' property
- 632 Resentment
- 646 More concerned about self than others, even when actions substantially harm others
- 678 Behavioral outbursts involving damage or destruction of property

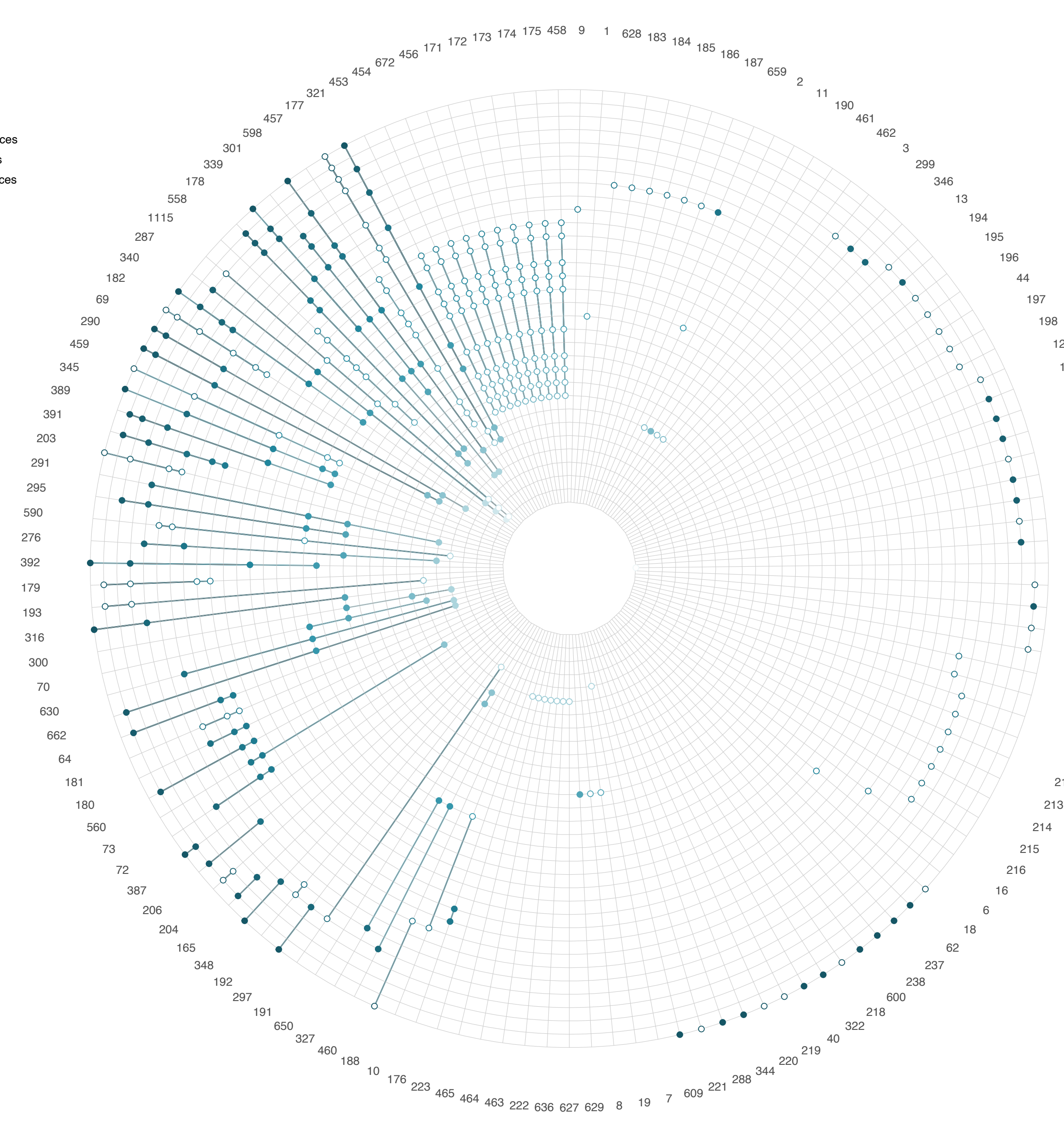
Figure S15

Substance-Related and Addictive Disorders

Diagnoses (from the inside ring out)

- Hallucinogen Persisting Perception Disorder
- Cannabis Intoxication – With perceptual disturbances
- Opioid Intoxication – With perceptual disturbances
- Stimulant Intoxication – With perceptual disturbances
- Stimulant Withdrawal
- Gambling Disorder
- Other (or Unknown) Substance Intoxication
- Cannabis Intoxication
- Phencyclidine Use Disorder
- Other Hallucinogen Use Disorder
- Inhalant Use Disorder
- Tobacco Use Disorder
- Tobacco Withdrawal
- Alcohol Use Disorder
- Alcohol Withdrawal
- Caffeine Withdrawal
- Cannabis Use Disorder
- Opioid Use Disorder
- Sedative, Hypnotic, or Anxiolytic Use Disorder
- Sedative, Hypnotic, or Anxiolytic Withdrawal
- Stimulant Use Disorder
- Other (or Unknown) Substance Use Disorder
- Alcohol Intoxication
- Sedative, Hypnotic, or Anxiolytic Intoxication
- Caffeine Intoxication
- Opioid Intoxication
- Opioid Withdrawal
- Cannabis Withdrawal
- Phencyclidine Intoxication
- Other Hallucinogen Intoxication
- Inhalant Intoxication
- Stimulant Intoxication

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

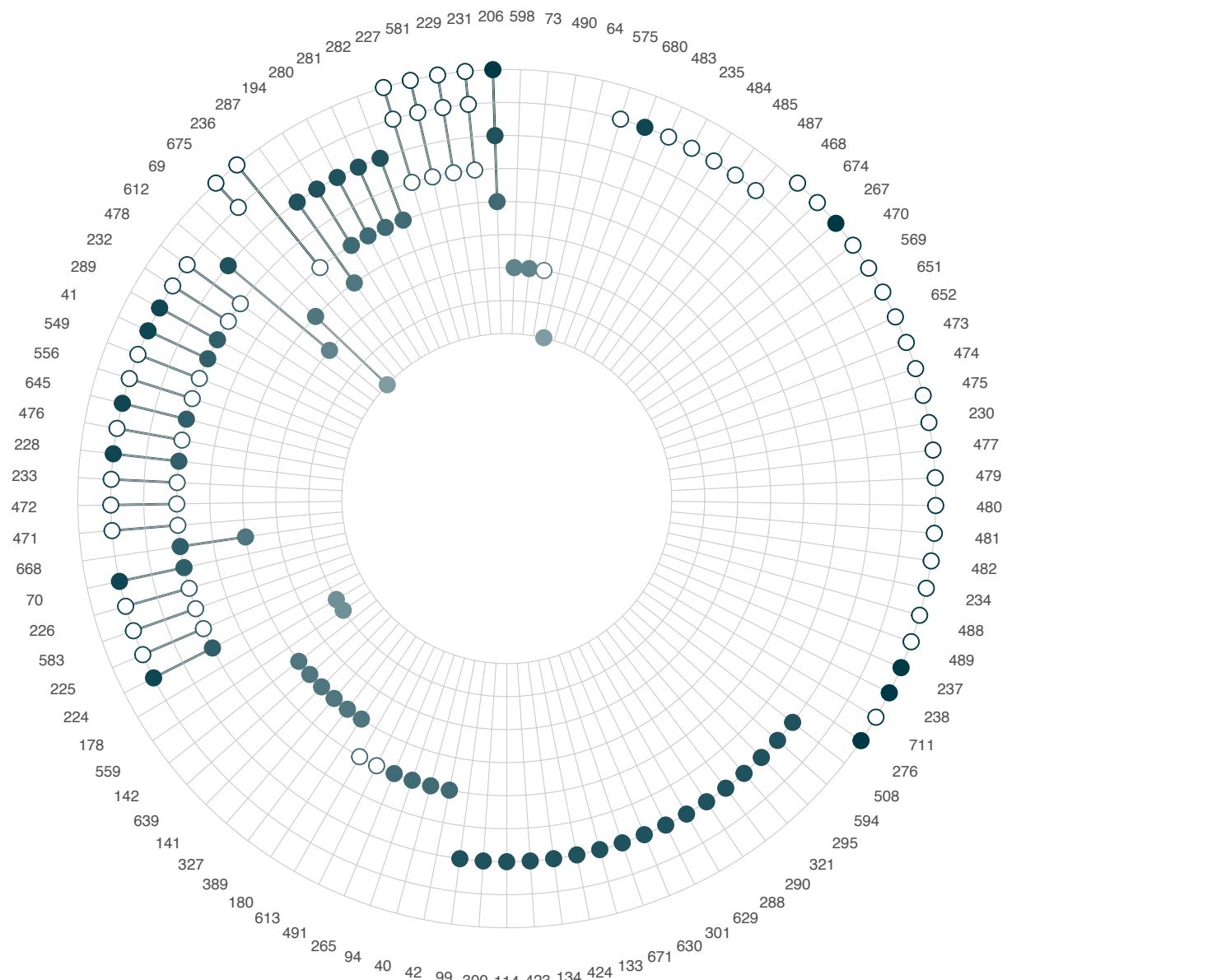
- | | | | |
|-----|---|------|--|
| 1 | Stopping heavy or prolonged alcohol use | 216 | Yawning |
| 2 | Abrupt cessation of caffeine use | 218 | Interpersonal sensitivity |
| 3 | Stopping heavy or prolonged cannabis use | 219 | Bradycardia |
| 4 | Stopping heavy or prolonged opioid use | 220 | Respiratory depression |
| 6 | Stopping heavy or prolonged sedative, hypnotic, or anxiolytic use | 221 | Dyskinesias |
| 7 | Stopping heavy or prolonged stimulant use | 222 | Preoccupation with gambling |
| 8 | Abrupt cessation of tobacco use | 223 | Relies on others' money to relieve desperate financial situations caused by gambling |
| 9 | Alcohol use | | Increased extraversion |
| 10 | Caffeine consumption | 237 | Increased introversion |
| 11 | Cannabis use | 238 | Restlessness |
| 12 | Hallucinogen use | 276 | Hallucinations |
| 13 | Phencyclidine use | 287 | Confusion |
| 14 | Inhalant use | 290 | Euphoria |
| 15 | Opioid use | 291 | Irritable mood |
| 16 | Sedative, hypnotic, or anxiolytic use | 295 | Depressed mood |
| 18 | Stimulant use | 297 | Weight loss |
| 19 | Tobacco use | 299 | Decreased appetite |
| 20 | Opioid antagonist use | 300 | Increased appetite |
| 40 | Stereotypy | 301 | Insomnia |
| 44 | Diminished responsiveness to pain | 306 | Fear of "losing one's mind" |
| 62 | Diminished emotional expression | 316 | Angry mood |
| 64 | Stupor | 321 | Anxiety |
| 69 | Psychomotor retardation | 322 | Tension |
| 70 | Difficulty concentrating | 327 | Muscle pain, tension, or stiffness |
| 72 | Aggression | 327 | Palpitations |
| 73 | Mood lability | 337 | Racing heart |
| 165 | Initiates physical fights | 339 | Sweating |
| 171 | Craving a substance | 340 | Chest pain |
| 172 | Continued substance use despite interpersonal problems caused by it | 344 | Nausea |
| 173 | Substance use in hazardous situations | 346 | Abdominal pain |
| 174 | Continued substance use despite physical or psychological problems caused by it | 347 | Dizziness |
| 175 | Need for more of a substance to achieve desired effect | 348 | Chills |
| 176 | Inappropriate sexual behaviour | 351 | Depersonalization |
| 177 | Impaired judgement | 387 | Generalized muscle weakness |
| 178 | Clumsiness or incoordination | 389 | Tremor |
| 179 | Nystagmus | 391 | Slurred speech |
| 180 | Impairment in attention | 392 | Seizures |
| 181 | Impairment in memory | 453 | Substance used in larger amounts than intended |
| 182 | Coma | 454 | Substance used for longer than intended |
| 183 | Flushed face | 456 | Spending a lot of time to obtain or use a substance |
| 184 | Diuresis | 457 | Spending a lot of time recovering from a substance |
| 185 | Gastrointestinal disturbance | 458 | Diminished effect from same amount of a substance |
| 186 | Muscle twitching | 459 | Vomiting |
| 187 | Rambling flow of thought and speech during | 460 | Headache |
| 188 | Cardiac arrhythmia | 461 | Blood shot eyes |
| 190 | Sensation of slowed time | 462 | Dry mouth |
| 191 | Disturbing dreams | 463 | Gambles when feeling distressed |
| 192 | Fever | 464 | After losing money gambling, returns to get even |
| 193 | Belligerence | 465 | Lies to conceal extent of gambling |
| 194 | Impulsiveness | 508 | Paranoid ideation |
| 195 | Unpredictability | 558 | Substance is taken to relieve or avoid withdrawal symptoms |
| 196 | Numbness | 560 | Unsteady gait |
| 197 | Muscle rigidity | 590 | Dysphoric mood |
| 198 | Hyperacusis | 591 | Derealization while awake and alert |
| 199 | Ideas of reference | 598 | Psychomotor agitation |
| 201 | Intensification of perceptions while awake and alert | 600 | Hypervigilance |
| 202 | Synesthesias while awake and alert | 609 | Dystonias |
| 203 | Pupillary dilation | 627 | Needs to gamble with increasing amounts of money to achieve desired excitement |
| 204 | Blurring of vision | 628 | Excitement |
| 205 | Reexperiencing hallucinogen effects after cessation of use | 629 | Frustration |
| 206 | Apathy | 630 | Hypersomnia/sleepiness |
| 208 | Depressed reflexes | 636 | Unsuccessful efforts to cut back gambling |
| 209 | Diplopia | 650 | Social withdrawal |
| 210 | Pupillary constriction | 659 | Periods of inexhaustibility |
| 212 | Lacrimation | 662 | Fatigue |
| 213 | Rhinorrhea | 672 | Trying to cut down substance use |
| 214 | Piloerection | 1115 | Illusions |
| 215 | Diarrhea | | |

Figure S16

Neurocognitive Disorders

Diagnoses (from the inside ring out)

- Delirium – Hypoactive
- Major or Mild Neurocognitive Disorder Due to Prion Disease
- Delirium – Hyperactive
- Major or Mild Neurocognitive Disorder With Lewy Bodies
- Major or Mild Frontotemporal Neurocognitive Disorder – behavioral variant
- Delirium
- Major or Mild Neurocognitive Disorder – With behavioural disturbance
- Major Neurocognitive Disorder
- Mild Neurocognitive Disorder
- The symptom does not repeat across chapters
- The symptom repeats across chapters

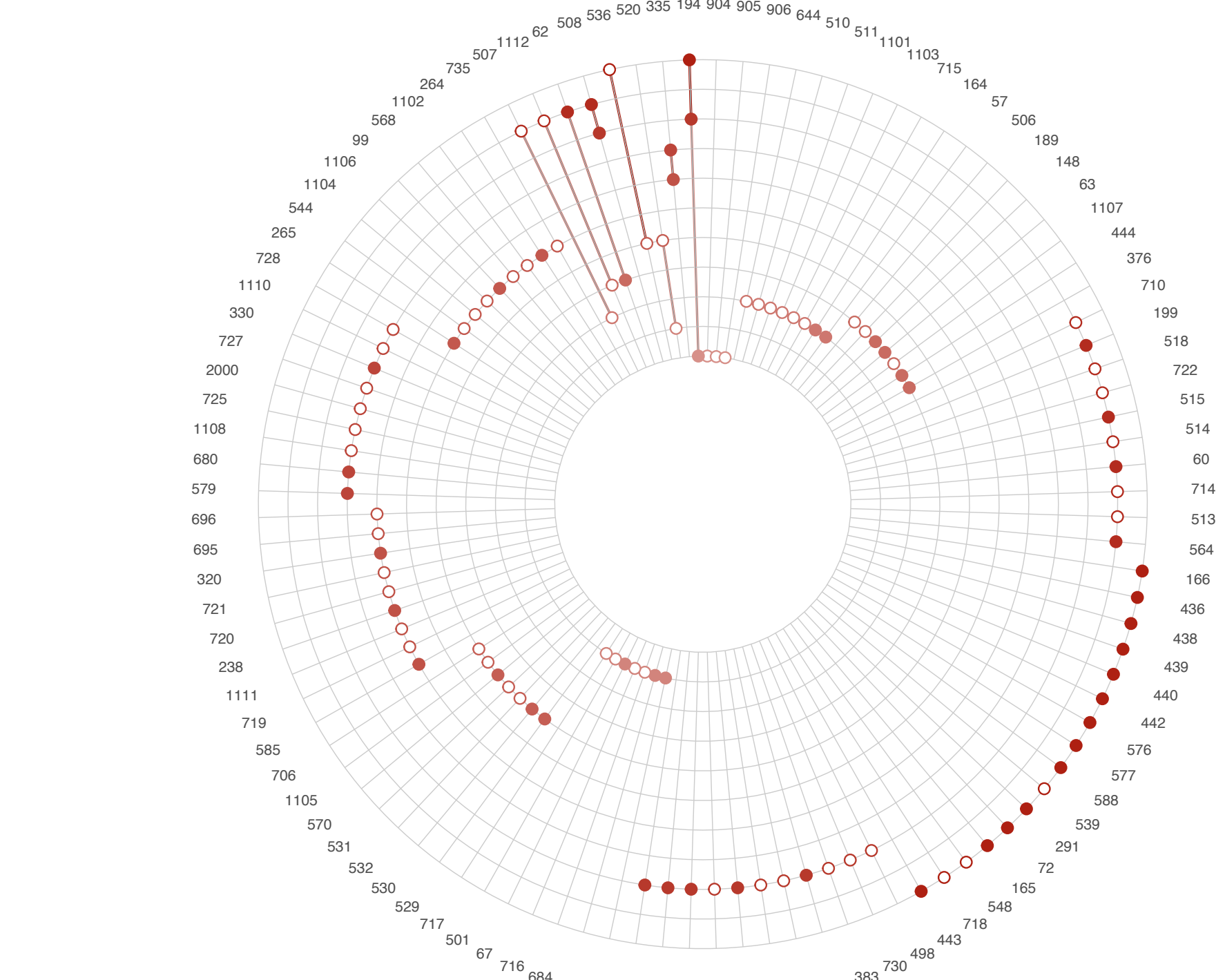


Symptoms

- 40 Stereotypy
- 41 Echolalia
- 42 Perseverative behavior
- 64 Stupor
- 69 Psychomotor retardation
- 70 Difficulty concentrating
- 73 Mood lability
- 94 Compulsive behavior
- 99 Hoarding
- 114 Wandering
- 133 An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times
- 134 A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period
- 141 Repeated episodes of arousal during sleep associated with vocalization
- 142 Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert
- 178 Clumsiness or incoordination
- 180 Impairment in attention
- 194 Impulsiveness
- 206 Apathy
- 224 Distractibility
- 225 Unable to attend unless input is restricted and simplified
- 226 Unable to perform mental calculations
- 227 Difficulty in environments with multiple stimuli
- 228 Difficulty with verbal communication of messages
- 229 Often uses general-use phrases and pronouns
- 230 Noticeable word-finding difficulty
- 231 Grammatical errors
- 232 Difficulties with previously familiar activities
- 233 Difficulties navigating familiar environments
- 234 Needs to expend greater effort for spatial tasks
- 235 Insensitivity to social standards
- 236 Decreased empathy
- 237 Increased extraversion
- 238 Increased introversion
- 265 Ritualized patterns of nonverbal behavior
- 267 Fails to give close attention to details or makes careless mistakes
- 276 Restlessness
- 280 Difficulty waiting his or her turn (eg, while waiting in line)
- 281 Interrupts others
- 282 Intrudes on others
- 287 Hallucinations
- 288 Confusion
- 289 Mutism
- 290 Euphoria
- 295 Depressed mood
- 300 Increased appetite
- 301 Insomnia
- 321 Anxiety
- 327 Muscle pain, tension, or stiffness
- 389 Tremor
- 423 A consistent daily drift of sleep onset and wake times
- 424 A pattern of advanced sleep onset and awakening times
- 468 Normal tasks take longer than previously
- 470 More effort required to complete multistage projects
- 471 Cannot keep track of short list of items
- 472 Requires frequent reminders to orient to task at hand
- 473 Difficulty recalling recent events; relies on lists or calendars
- 474 Needs reminders or re-reading to keep track of characters in a movie or novel
- 475 Loses track of whether bills have been paid
- 476 Does not recall names of close friends and family
- 477 Avoids use of specific names of acquaintances
- 478 More confused at dusk, when shadows and lowering levels of light change perceptions
- 479 Relies more on maps or others for directions
- 480 Uses notes and follows others to get to a new place
- 481 Finds self lost or turned around when not concentrating on task
- 482 Is less precise in parking
- 483 Behavior clearly out of acceptable social range
- 484 Focuses excessively on a topic despite group's disinterest or direct feedback
- 485 Behavioral intention without regard to family or friends
- 487 Has little insight into social cognition changes
- 488 Less ability to recognize social cues
- 489 Less ability to read facial expressions
- 490 Refusal to cooperate with medical care
- 491 Hyperorality
- 508 Paranoid ideation
- 549 Economy of utterances
- 556 Spontaneity of output
- 559 Myoclonus
- 569 Difficulty resuming a task interrupted
- 575 Abandons complex projects
- 581 Repeats self, often within the same conversation
- 583 Difficulty holding new information in mind
- 594 Delusions
- 598 Psychomotor agitation
- 612 Agitation
- 613 Dietary changes
- 629 Frustration
- 630 Hypersomnia/sleepiness
- 639 Episodes of arousal during sleep associated with complex motor behaviors
- 645 Stereotypy of speech
- 651 Increased fatigue from the effort to organize, plan, and make decisions
- 652 Large social gatherings are less enjoyable because of effort to follow shifting conversations
- 668 Reduced awareness of immediate surroundings
- 671 A pattern of delayed sleep onset and awakening times
- 674 Begins to find errors in routine tasks
- 675 Needs to focus on one task at a time
- 680 Relies on others for major areas of life
- 711 Decreased inhibition

Figure S17

Personality Disorders



Diagnoses (from the inside ring out)

- General Personality Disorder
- Histrionic Personality Disorder
- Paranoid Personality Disorder
- Schizoid Personality Disorder
- Narcissistic Personality Disorder
- Obsessive–Compulsive Personality Disorder
- Avoidant Personality Disorder
- Dependent Personality Disorder
- Borderline Personality Disorder
- Schizotypal Personality Disorder
- Antisocial Personality Disorder
- The symptom does not repeat across chapters
- The symptom repeats across chapters

Figure S18

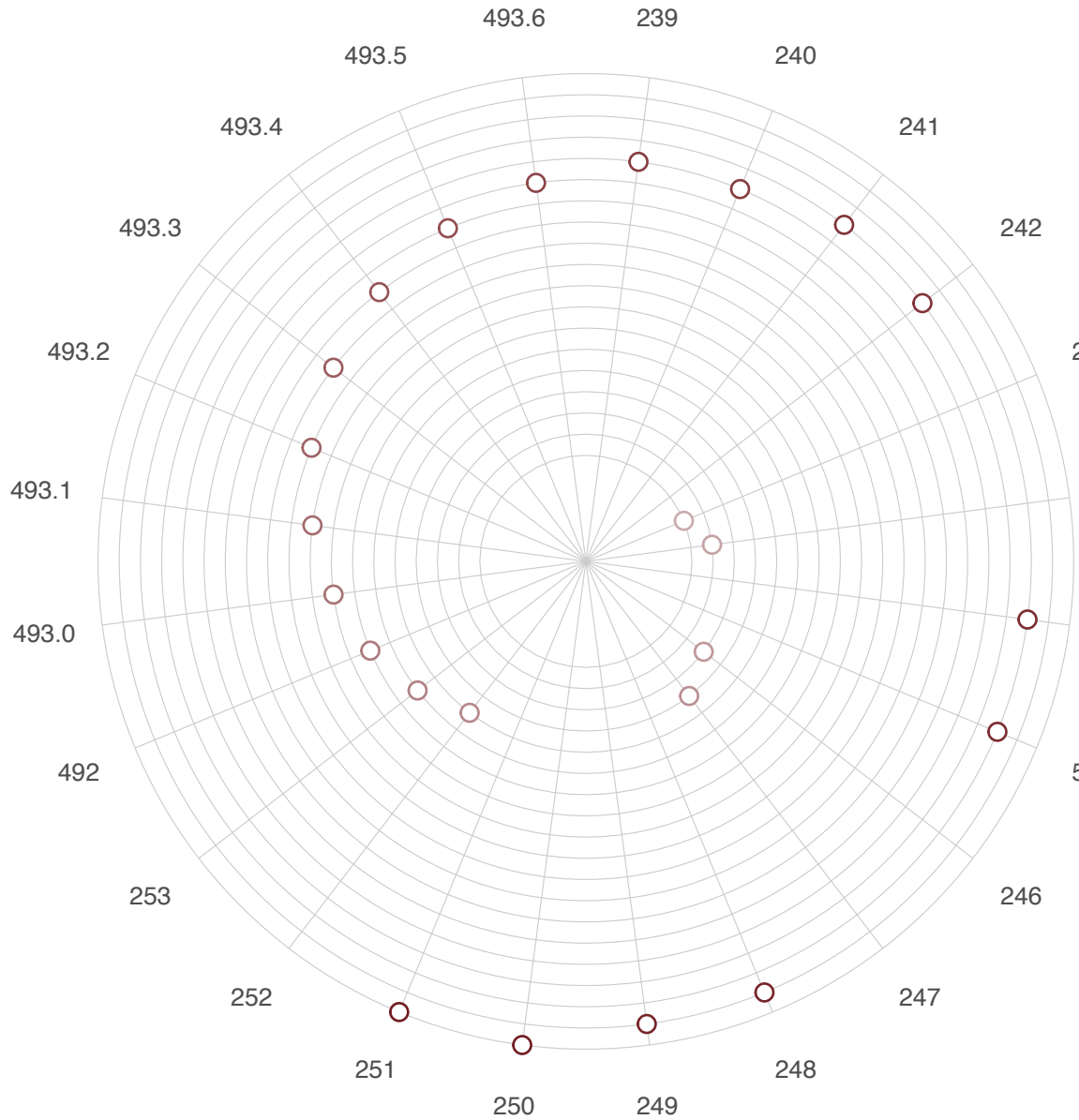
Symptoms

57	Delusion that spouse or lover is unfaithful	570	Disregards and is unconcerned about feelings of others
60	Odd speech	576	Forced someone into sexual activity
62	Diminished emotional expression	577	Fire setting with the intention of causing serious damage
63	Diminished pleasure in activities	579	Difficulty making decisions without excessive advice and reassurance
67	Expansive mood	585	Avoids social situations
72	Aggression	588	Deliberately destroyed others' property
73	Mood lability	644	Suspects, without sufficient basis, that others are exploiting, harming, or deceiving them
99	Hoarding	678	Behavioral outbursts involving damage or destruction of property
148	Reduced interest in sexual activity	680	Relies on others for major areas of life
164	Spiteful or vindictive	684	Uses physical appearance to draw attention to self
165	Initiates physical fights	695	Unusually reluctant to take personal risks
166	Stealing without confrontation of a victim	696	Unusually reluctant to engage in any new activities
176	Inappropriate sexual behaviour	706	Believes that others are envious of him or her
189	Chooses solitary activities	708	Recurrent suicidal threats
194	Impulsiveness	709	Recurrent self-mutilating behavior
199	Ideas of reference	710	Acute discomfort with, and reduced capacity for, close relationships
238	Increased introversion	714	Inappropriate affect
264	Rigidity	715	Perceives attacks on character that are not apparent to others
265	Ritualized patterns of nonverbal behavior	716	Speech that is excessively impressionistic and lacking in detail
291	Irritable mood	717	Considers relationships to be more intimate than they are
311	Feelings of emptiness	718	Consistent irresponsibility
316	Angry mood	719	Unwilling to get involved with people unless certain of being liked
320	Views self as inferior or inadequate	720	Views self as socially inept
330	Feels uncomfortable or helpless when alone	721	Views self as personally unappealing to others
335	Fear of or preoccupation with criticism, disapproval, or rejection, being shamed or ridiculed	722	Bizarre fantasies or preoccupations
		725	Difficulty initiating projects or doing things on his or her own
351	Depersonalization	727	Goes to excessive lengths to obtain nurturance and support to the point of volunteering to do things that are unpleasant
376	Emotional detachment	728	Preoccupied with fears of being left to take care of self
383	Persistently unstable self-image or sense of self	730	Unstable and intense interpersonal relationships with alternating extremes of idealization and devaluation
436	Used a weapon that can cause serious physical harm	735	Stubbornness
438	Physically cruel to animals	904	Inner experience and behavior that deviates markedly from expectations in cognition
439	Stealing while confronting a victim	905	Inner experience and behavior that deviates markedly from expectations in affectivity
440	Breaking into a house, building, or car	906	Inner experience and behavior that deviates markedly from expectations in interpersonal functioning
442	Lies to obtain goods or favors	1101	Reads hidden demeaning or threatening meanings into benign remarks or events
443	Does not feel bad or guilty after doing something wrong	1102	Miserly spending style; money is viewed as something to be hoarded
444	The individual is described as cold and uncaring	1103	Persistently bears grudges
447	Only expresses emotions in ways that seem superficial	1104	Excessive devotion to work and productivity
498	Frantic efforts to avoid abandonment	1105	Envious of others
501	Is suggestible	1106	Overconscientious, scrupulous, and inflexible about ethics
506	Neither desires nor enjoys close relationships, including family	1107	Appears indifferent to praise or criticism of others
507	A pervasive distrust and suspiciousness of others	1108	Difficulty expressing disagreement because of fear of loss of approval
508	Paranoid ideation	1110	Urgently seeks another relationship when a close relationship ends
510	Preoccupied with unjustified doubts about the loyalty or trustworthiness of others	1111	Shows restraint within intimate relationships
511	Reluctant to confide in others because of fear the information will be used against them	1112	Lacks close friends or confidants other than first-degree relatives
513	Behavior or appearance that is odd, eccentric, or peculiar	2000	Lack of self-confidence in judgment or abilities
514	Odd thinking		
515	Unusual perceptual experiences		
518	Odd beliefs or magical thinking that influences behavior.		
520	Uncomfortable in situations where not the center of attention		
529	Grandiosity		
530	Inflated self-esteem		
531	Sense of entitlement		
532	Believes they are "special" and can only be understood by other special or high-status people (or institutions); Arrogance		
536	Deceitfulness		
539	Failure to plan ahead		
544	Rigid perfectionism		
548	Reckless disregard for safety of self or others		
550	Suicidal behavior		
564	Social anxiety		
568	Reluctant to delegate tasks unless done exactly their way		

Paraphilic Disorders

Diagnoses (from the inside ring out)

- Exhibitionistic Disorder – prepubertal children
- Exhibitionistic Disorder – physically mature individuals
- Sexual Masochism Disorder
- Sexual Masochism Disorder – With asphyxiophilia
- Fetishistic Disorder
- Transvestic Disorder
- Transvestic Disorder – With fetishism
- Transvestic Disorder – With autogynephilia
- Other Specified Paraphilic Disorder – telephone scatologia
- Other Specified Paraphilic Disorder – necrophilia
- Other Specified Paraphilic Disorder – zoophilia
- Other Specified Paraphilic Disorder – coprophilia
- Other Specified Paraphilic Disorder – klismaphilia
- Other Specified Paraphilic Disorder – urophilia
- Voyeuristic Disorder
- Exhibitionistic Disorder
- Frotteuristic Disorder
- Sexual Sadism Disorder
- Pedophilic Disorder



Symptoms

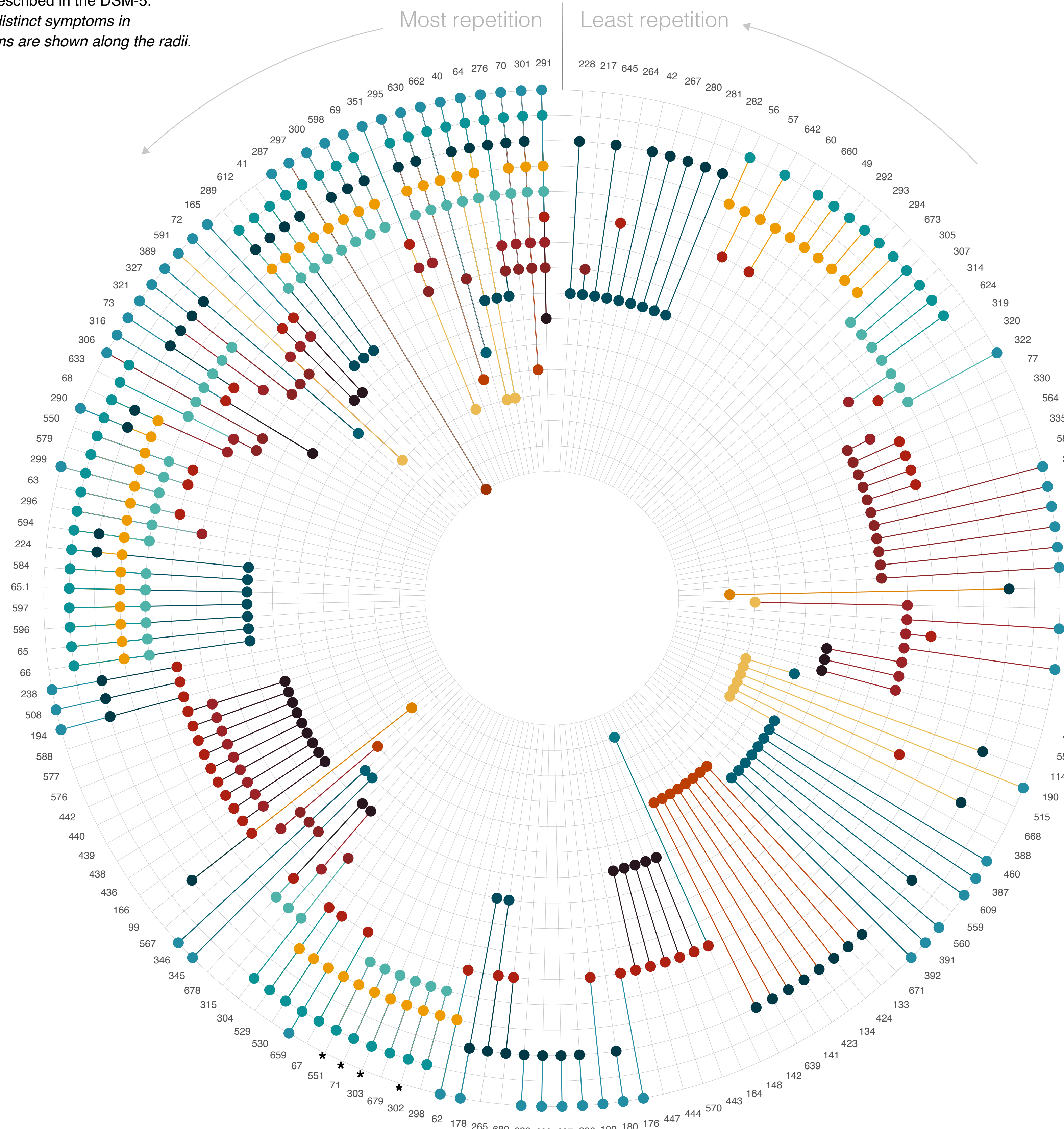
- 239 Sexual voyeurism
- 240 Acting on voyeuristic urges with a nonconsenting person
- 241 Sexual exhibitionism
- 242 Acting on exhibitionistic urges with a nonconsenting person
- 243 Sexually aroused by exposing genitals to prepubertal children
- 244 Sexually aroused by exposing genitals to physically mature individuals
- 245 Frotteurism
- 246 Sexual masochism
- 247 Sexual arousal related to restriction of breathing
- 248 Sexual sadism
- 249 Acting on sadistic with a nonconsenting person
- 250 Pedophilia
- 251 The individual has acted on pedophilic urges
- 252 Sexual fetishism
- 253 Sexual arousal related to cross-dressing
- 492 Sexually aroused by fabrics, materials, or garments
- 493.0 Sexually aroused by thoughts or images of self as female
- 493.1 Sexual arousal involving obscene phone calls
- 493.2 Sexual arousal involving corpses
- 493.3 Sexual arousal involving animals
- 493.4 Sexual arousal involving feces
- 493.5 Sexual arousal involving enemas
- 493.6 Sexual arousal involving urine
- 555 The individual has acted on frotteuristic urges with a nonconsenting person

Figure S19

Subset of symptoms that repeat across chapters

These 156 symptoms make up 52% of all psychopathology described in the DSM-5.

Each ring represents a chapter, and the dots on the ring are distinct symptoms in that chapter that repeat in other chapters. Repeating symptoms are shown along the radii.



From the inside ring out

- Ch10 – Feeding and Eating Disorders
- Ch6 – Obsessive–Compulsive and Related Disorders
- Ch13 – Sexual Dysfunctions
- Ch8 – Dissociative Disorders
- Ch12 – Sleep–Wake Disorders
- Ch9 – Somatic Symptom and Related Disorders
- Ch15 – Disruptive, Impulse–Control, and Conduct Disorders
- Ch1 – Neurodevelopmental Disorders
- Ch5 – Anxiety Disorders
- Ch7 – Trauma– and Stressor–Related Disorders
- Ch18 – Personality Disorders
- Ch4 – Depressive Disorders
- Ch2 – Schizophrenia Spectrum and Other Psychotic Disorders
- Ch17 – Neurocognitive Disorders
- Ch3 – Bipolar and Related Disorders
- Ch16 – Substance–Related and Addictive Disorders

Elimination Disorders, Gender Dysphoria, and Paraphilic Disorders are not shown (none of their symptoms repeat in other chapters)

Symptoms

- | | | |
|--|---|--|
| 40 Stereotypy | 291 Irritable mood | 508 Paranoid ideation |
| 41 Echolalia | 292 Pressure to keep talking | 515 Unusual perceptual experiences |
| 42 Perseverative behavior | 293 Flight of ideas | 529 Grandiosity |
| 49 More talkative than usual | 294 Feeling that thoughts are racing | 530 Inflated self-esteem |
| 56 Grandiose delusions | 295 Depressed mood | 550 Suicidal behavior |
| 57 Delusion that spouse or lover is unfaithful | 296 Diminished interest in activities | 551 Specific plan for committing suicide |
| 60 Odd speech | 297 Weight loss | 557 Alterations in sensory-motor functioning |
| 62 Diminished emotional expression | 298 Weight gain | 559 Myoclonus |
| 63 Diminished pleasure in activities | 299 Decreased appetite | 560 Unsteady gait |
| 64 Stupor | 300 Increased appetite | 564 Social anxiety that does not diminish with familiarity and is associated with paranoid fears |
| 65 Waxy flexibility | 301 Insomnia | |
| 65.1 Grimacing | 302 Feelings of worthlessness | |
| 66 Catalepsy/posturing | 303 Thoughts of death | 567 Dissatisfaction with sleep quantity or quality |
| 67 Expansive mood | 304 Feeling keyed up or tense | |
| 68 Reckless behavior | 305 Fear that something awful may happen | 570 Disregards and is unconcerned about feelings of others |
| 69 Psychomotor retardation | 306 Fear of "losing one's mind" | 573 Inability to remember an important aspect of traumatic event(s) |
| 70 Difficulty concentrating | 307 Mood reactivity | |
| 71 Suicidal ideation without a specific plan | 314 Leaden paralysis | |
| 72 Aggression | 315 Loses temper | 576 Forced someone into sexual activity |
| 73 Mood lability | 316 Angry mood | 577 Fire setting with the intention of causing serious damage |
| 77 Separation anxiety | 319 Feelings of hopelessness | |
| 94 Compulsive behavior | 320 Views self as inferior or inadequate | 579 Difficulty making decisions without excessive advice and reassurance |
| 99 Hoarding | 321 Anxiety | |
| 114 Wandering | 322 Tension | 584 Echopraxia |
| 133 An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times | 327 Muscle pain, tension, or stiffness | 585 Avoids social situations |
| | 330 Feels uncomfortable or helpless when alone | 588 Deliberately destroyed others' property |
| 134 A temporarily disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period | 335 Fear of or preoccupation with criticism, disapproval, or rejection, being shamed or ridiculed | 591 Derealization while awake and alert |
| | | 594 Delusions |
| 141 Repeated episodes of arousal during sleep associated with vocalization | 337 Palpitations | 596 Negativism |
| | 339 Racing heart | 597 Mannerism |
| 142 Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert | 340 Sweating | 598 Psychomotor agitation |
| | 344 Chest pain | 600 Hypervigilance |
| 148 Reduced interest in sexual activity | 345 Nausea | 609 Dystonias |
| 164 Spiteful or vindictive | 346 Abdominal pain | 612 Agitation |
| 165 Initiates physical fights | 347 Dizziness | 624 Interpersonal rejection sensitivity |
| 166 Stealing without confrontation of a victim | 348 Chills | 629 Frustration |
| 176 Inappropriate sexual behaviour | 351 Depersonalization | 630 Hypersomnia/sleepiness |
| 178 Clumsiness or incoordination | 376 Emotional detachment | 633 Worry |
| 180 Impairment in attention | 387 Generalized muscle weakness | 639 Episodes of arousal during sleep associated with complex motor behaviors |
| 190 Sensation of slowed time | 388 Transient paralysis | 642 Persecutory delusion |
| 194 Impulsiveness | 389 Tremor | 645 Stereotypy of speech |
| 199 Ideas of reference | 391 Slurred speech | 650 Social withdrawal |
| 206 Apathy | 392 Seizures | 659 Periods of inexhaustibility |
| 217 Anxiety about speaking | 423 A consistent daily drift of sleep onset and wake times | 660 Decreased need for sleep |
| 224 Distractibility | | 662 Fatigue |
| 228 Difficulty with verbal communication of messages | 424 A pattern of advanced sleep onset and awakening times | 668 Reduced awareness of immediate surroundings |
| 237 Increased extraversion | 435 Bullies, threatens, or intimidates others | 671 A pattern of delayed sleep onset and awakening times |
| 238 Increased introversion | 436 Used a weapon that can cause serious physical harm | 673 Increase in goal-directed activity |
| 264 Rigidity | 437 Physically cruel to people | 678 Behavioral outbursts involving damage or destruction of property |
| 265 Ritualized patterns of nonverbal behavior | 438 Physically cruel to animals | 679 Feelings of inappropriate or excessive guilt |
| 267 Fails to give close attention to details or makes careless mistakes | 439 Stealing while confronting a victim | 680 Relies on others for major areas of life |
| 276 Restlessness | 440 Breaking into a house, building, or car | |
| 280 Difficulty waiting his or her turn (eg, while waiting in line) | 441 Lies to avoid obligations | |
| 281 Interrupts others | 442 Lies to obtain goods or favors | |
| 282 Intrudes on others | 443 Does not feel bad or guilty after doing something wrong | |
| 287 Hallucinations | 444 The individual is described as cold and uncaring | |
| 288 Confusion | | |
| 289 Mutism | 447 Only expresses emotions in ways that seem superficial | |
| 290 Euphoria | 460 Headache | |

Figure S20

All Symptoms and Chapters

Symptoms that repeat across chapters, shown in the main figure



From the inside ring out

- Ch11 – Elimination Disorders
- Ch14 – Gender Dysphoria
- Ch13 – Sexual Dysfunctions
- Ch6 – Obsessive–Compulsive and Related Disorders
- Ch19 – Paraphilic Disorders
- Ch8 – Dissociative Disorders
- Ch10 – Feeding and Eating Disorders
- Ch9 – Somatic Symptom and Related Disorders
- Ch12 – Sleep–Wake Disorders
- Ch15 – Disruptive, Impulse–Control, and Conduct Disorders
- Ch7 – Trauma– and Stressor–Related Disorders
- Ch3 – Bipolar and Related Disorders
- Ch2 – Schizophrenia Spectrum and Other Psychotic Disorders
- Ch4 – Depressive Disorders
- Ch5 – Anxiety Disorders
- Ch1 – Neurodevelopmental Disorders
- Ch17 – Neurocognitive Disorders
- Ch18 – Personality Disorders
- Ch16 – Substance–Related and Addictive Disorders

- The symptom does not repeat across chapters
- The symptom repeats across chapters