**Appenidx**

Search strategy used for MEDLINE and EMBASE. The same search terms were used for other database searches.

1. Photobiomodulation.ab. or Photobiomodulation.ti.

2. PBM\*.ab. or PBM\*.ti.

3. Low-Level Light Therapy/

4. "Low level laser therap\*".ab. or "Low level laser therap\*".ti.

5. "low level light laser therap\*".ab. or "low level light laser therap\*".ti.

6. LLLT.ab. or LLLT.ti.

7. "Red light therap\*".ab. or "Red light therap\*".ti.

8. "near infrared".ab. or "near infrared".ti.

9. "cold laser therap\*".ab. or "cold laser therap\*".ti.

10. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9

11. Tinnitus.ab. or Tinnitus.ti.

12. Tinnitus/

13. Meniere\*.ab. or Meniere\*.ti.

14. ringing.ab. or ringing.ti.

15. 11 or 12 or 13 or 14

16. 10 and 15