Movie 1: Positions and gestures of an FTP swimmer (blue body surface) and a VTP swimmer (red body surface) at various instants, starting with initial conditions of $r\_{tip,0}=8L$ and $θ\_{tip,0}=10^{∘}$.

Movie 2: Positions and gestures of an FTP swimmer (blue body surface) and a VTP swimmer (red body surface) at various instants, starting with initial conditions of $r\_{tip,0}=8L$ and $θ\_{tip,0}=90^{∘}$.

Movie 3: Positions and gestures of an FTP swimmer (blue body surface) and a VTP swimmer (red body surface) at various instants, starting with initial conditions of $r\_{tip,0}=3L$ and $θ\_{tip,0}=170^{∘}$.

Movie 4: The vortical wake shed by an FTP swimmer during swimming, starting with an initial condition of $r\_{tip,0}=8L$ and $θ\_{tip,0}=90^{∘}$.

Movie 5: The vortical wake shed by a VTP swimmer during swimming, starting with an initial condition of $r\_{tip,0}=8L$ and $θ\_{tip,0}=90^{∘}$.