**Supplementary Appendix 1. Investigators and their affiliations**

Investigators:

Kotomi Hosokawa1,2, Mana Takeda1,3, Yasufumi Nagahama1,4, Kumiko Ogasawara1,5, Eri Sago1,6, Hiroko Homma1,6, Hiroko Abe1,7, Tsukasa Sekimoto1,8, Takashi Sakakibara1,9, Jun-ichi Miyaura1,10, Kazuyo Mizuno1,11, Minako Saegusa1,12, Aki Kouno1,12, Ayako Yazaki1,12, Gentaro Gomi1,12, Yosuke Nakayama1,13, Kazuhisa Fukuishi1,13, Hideaki Ishii1,13, Ryoji Koga1,13, Yoko Fujise1,13, Yuka Itonaga1,13, Yasuyuki Sakamoto1,14, Taku Amano15, Shuri Takahashi15, Minako Kasami1,16, Mamoru Utsunomiya1,17, Tomohito Wada1,18, Masaya Sato1,18, and Saeko Ueno1,19.

Affiliations of investigators:

1. Japanese Society of Psychiatric Pharmacy
2. Showa University Karasuyama Hospital, Tokyo, Japan.
3. Umibenomori Hospital, Seikaen Medical Corporation, Kochi, Japan.
4. Nishikumagaya Hospital, Saitama, Japan.
5. Minato Hospital, Aomori, Japan.
6. Tamiya Hospital, Niigata, Japan.
7. Meisei Hospital, Kumamoto, Japan.
8. Hasegawa Hospital, Tokyo, Japan.
9. Holy Cross Hospital, Gifu, Japan.
10. Yagoto Hospital, Aichi, Japan.
11. Wakakusa Hospital, Miyazaki, Japan.
12. Yamanashi Prefectural KITA Hospital, Yamanashi, Japan.
13. National Hospital Organization Hizen Psychiatric Center, Saga, Japan.
14. National Hospital Organization Kure Medical Center, Hiroshima, Japan.
15. Tochigi Prefectual Okamotodai Hospital, Tochigi, Japan.
16. Kurayosi Hospital, Tottori, Japan.
17. Sumiyoshi Kaiseikai Sumiyoshi Hospital, Yamanashi, Japan.
18. Hinaga General Center for Mental Care, Mie, Japan.
19. Osaka Red Cross Hospital, Osaka, Japan.