

Date of birth: ____/____/____

Pre-pregnancy weight: ____ kg Height: ____
cm BMI: ____

Last menstrual period: _____

Week of pregnancy: _____

Previous pregnancies: _____

Education (highest degree completed):

- none
- primary school
- middle school
- high school
- university

Do you smoke?

- No
- Former smoker
- < 10 sig/day
- > 10 sig/day

Do you use iodized salt?

- No
- Occasionally
- Yes, regularly

If yes, how long?

- < 6 months
- 6-12 months
- 1-2 years
- > 2 years

Do you use pregnancy supplements? Which one and since when?

- No
- Occasionally
- Yes, regularly

From ____ week of pregnancy. Commercial name: _____

Do you use mouthwashes containing iodine? Which one and since when?

- No
- Yes

Commercial name: _____ Since: _____

Did you use disinfectants containing iodine recently? Which one and when?

- No
- Yes

Commercial name: _____ When: _____

EATING HABITS

Cow milk:

- I never drink milk
- Few times a week
- I drink a glass/cup of milk a day
- I drink 2 or more glasses/cups of milk a day

Yogurt:

- I never eat yogurt
- I eat a cup of yogurt at least once a week
- I eat a cup of yogurt several times a week

Cheese:

- I never eat cheese
- I eat cheese at least once a week
- I eat cheese several times a week

Beef:

- I never eat beef
- I eat beef at least once a week
- I eat beef several times a week

Chicken/turkey:

- I never eat chicken/turkey
- I eat chicken/turkey at least once a week
- I eat chicken/turkey several times a week

Eggs:

- I never eat eggs
- I eat eggs at least once a week
- I eat eggs several times a week

Fish:

- I never eat fish
- I eat fish at least once a week
- I eat fish several times a week

IODINE PROPHYLAXIS PROGRAMME AWARENESS

Was the issue of iodine prophylaxis explained to you beforehand?	Yes	No
If yes, by whom? (multiple answers possible)	Radio/TV	General practitioner
	Instagram	Newspapers
	Municipal campaigns	TikTok
	School	Regional campaigns
	Facebook	Other
Was the explanation sufficiently detailed and understandable?	Yes	No
Do you believe that iodized salt is available on the market?	Yes	No
"Are shopkeepers required to preferentially sell iodized salt?"	Yes	No
Do you think the use of iodized salt is regulated by law?	Yes	No