**Supplementary figure**

**Association of chrono-nutrition components with cardiometabolic health in a sample of Iranian adults: a cross-sectional study**

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**Figure** **S1:** Study Flow Diagram for participant data from the Iranian adults.

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| Iranian adults >= 20 and < 60 years (n =889) |

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| Available participants with MEQ1 data = 865 |

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| Exclusions Missing blood samples n = 8 Missing anthropometric data n = 7 |

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| Remaining after exclusions missing data n = 850Exclusion with over-reporting n = 23 Exclusion with underreporting n = 2 |

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| Final participants (**n = 825**) |

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 1 MEQ, morning evening questionnaire.

Final participants

More than one measurement

 **(n=208)**

Exclusions

Missing blood samples n = 8

Missing anthropometric data n = 7

Tehrani adults >= 20 and < 60 years (n =888)

Remaining after exclusions n = 850

Exclusion with over-reporting n = 23 underreporting n = 2