**Supplementary figure**

**Association of chrono-nutrition components with cardiometabolic health in a sample of Iranian adults: a cross-sectional study**

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**Figure** **S1:** Study Flow Diagram for participant data from the Iranian adults.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| |  | | --- | | Iranian adults >= 20 and < 60 years (n =889) |  |  | | --- | | Available participants with MEQ1 data = 865 |  |  | | --- | | Exclusions  Missing blood samples n = 8  Missing anthropometric data n = 7 |  |  | | --- | | Remaining after exclusions missing data n = 850  Exclusion with over-reporting n = 23  Exclusion with underreporting n = 2 |  |  | | --- | | Final participants  (**n = 825**) | |

1 MEQ, morning evening questionnaire.

Final participants

More than one measurement

**(n=208)**

Exclusions

Missing blood samples n = 8

Missing anthropometric data n = 7

Tehrani adults >= 20 and < 60 years (n =888)

Remaining after exclusions n = 850

Exclusion with over-reporting n = 23 underreporting n = 2