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| Supplementary Table S4. PCA scores of five food groups recorded in the 2nd trimester (mean gestational age 20.5 weeks) representing the previous week’s intake\**.*†. |
| **Food groups** | **PC-1 (30.7%)** | **PC-2 (20.1%)** |
| Fish cold-cut | 0.719 | 0.213 |
| Fish dinners | 0.674 | 0.106 |
| Egg | 0.590 | -0.109 |
| Cheese | -0.115 | 0.809 |
| Dairy products | -0.255 | 0.649 |
| \*The PCA is based on Eigenvalues >1 and Varimax rotation.†Highlighted scores (also called) loadings indicate that the variance in the corresponding element item contributes substantially to the variance summarised by the principal component (PC).  |