Supplementary Table 1

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| Group | ID | UIC, μg/L | SIC, μg/L |
| II | 6 | 102.73 | 47.11 |
| 11 | 125.55 | 47.74 |
| 41 | 66.60 | 28.63 |
| 45 | 15.16 | 24.97 |
| 56 | 69.43 | 41.81 |
| AI | 1 | 184.59 | 52.40 |
| 28 | 175.26 | 57.32 |
| 36 | 180.88 | 53.89 |
| 42 | 193.60 | 58.62 |
| 54 | 170.64 | 67.53 |
| ARI | 5 | 348.01 | 98.70 |
| 18 | 517.55 | 140.92 |
| 32 | 383.86 | 92.23 |
| 40 | 397.92 | 93.53 |
| 58 | 285.65 | 98.43 |

Insufficient intake,II); adequate intake, AI; above requirements intake, ARI; urinary iodine concentration, UIC; serum iodine concentration, SIC.