### Suplementary Table 1: Completion demographics by Indigenous status

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| --- | --- | --- | --- |
|  | **Completed**  n/N (%) | **Non-completed**  n/N (%) | p |
| **Indigenous** |  |  |  |
| % Males | 166/360 (46.1) | 35/66 (53.0) | 0.30 |
| % employed | 96/358 (26.8) | 22/66 (33.3) | 0.28 |
| % in a relationship | 231/359 (64.3) | 38/66 (57.6) | 0.29 |
| % attended year 10 | 303/359 (84.4) | 51/64 (79.7) | 0.35 |
| % attended year 12 | 97/359 (27.0) | 15/64 (23.4) | 0.55 |
| % with children | 221/335 (66.0) | 41/58 (70.7) | 0.48 |
| Mean age (SD) | 25.31 (±1.12) | 25.55 (±1.34) | 0.12 |
| **Non-Indigenous** |  |  |  |
| % Males | 41/111 (36.9) | 2/6 (33.3) | 0.86 |
| % employed | 101/111 (91.0) | 4/6 (66.7) | 0.06 |
| % in a relationship | 42/111 (37.8) | 4/6 (66.7) | 0.16 |
| % attended year 10 | 108/109 (99.1) | 6/6 (100) | 0.81 |
| % attended year 12 | 103/109 (94.8) | 6/6 (100) | 0.56 |
| % with children | 8/109 (7.3) | 1/6 (16.7) | 0.41 |
| Mean age (SD) | 23.83 (±1.48) | 23.33 (±0.82) | 0.48 |
|  | **ESA with life events** | **ESA without life events** |  |
| **Indigenous** |  |  |  |
| % Males | 143/299 (47.8) | 23/61 (37.7) | 0.15 |
| % Psychological distress | 104/299 (34.8) | 13/61 (21.3) | 0.041 |
| % Risk of self-harm | 100/299 (33.4) | 15/61 (24.6) | 0.18 |
| Mean (SD) |  |  |  |
| Kessler-5 score | 10.39 (±4.13) | 9.16 (±4.11) | 0.041 |
| Perceived Stress | 4.63 (±2.93) | 4.52 (3.06) | 0.72 |
| Positive wellbeing | 27.66 (±4.62) | 26.64 (±5.61) | 0.33 |
| **Non-Indigenous** |  |  |  |
| % Males | 39/101 (38.6) | 2/10 (20.0) | 0.25 |
| % Psychological distress | 36/101 (35.6) | 2/10 (20.0) | 0.32 |
| % Risk of self-harm | 15/101 (14.9) | 2/10 (11.8) | 0.67 |
| Mean (SD) |  |  |  |
| Kessler-5 score | 10.96 (±3.73) | 10.20 (±3.36) | 0.32 |
| Perceived Stress | 4.92 (±3.12) | 4.60 (±2.76) | 0.85 |
| Positive wellbeing | 25.45 (±4.64) | 23.40 (±4.79) | 0.19 |

SD, Standard Deviation

ESA, Emotional Status Assessment (includes Kessler-5, Short Perceived Stress Scale, Shortened Warwick-Edinburgh Mental Well-being Scale and Strong Souls suicidal ideation)