Supplement 1. Paired samples t-test between the BMI discordant MZ twin pairs

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Mean Inverse Simpson | N | SD | |  | |  | |
| Leaner Twin | 25.517 | 15 | | 11.258 | | t | | p-value | |
| Heavier Twin | 22.66 | 15 | | 11.396 | | 1.08 | | 0.298 | |