**Supplementary Material Table 1. Grams associated with PSEA portion-size options**

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| **Food** | **Portion-Size Set Options** |
| **3 portion sizes** | **3 portion sizes with virtual options** | **5 portion sizes** |
| **Small** | **Medium** | **Large** | **Smaller than Small** | **Small** | **Between Small and Medium** | **Medium** | **Between Medium and Large** | **Large** | **Larger than Large** | **Small** | **Small-Medium** | **Medium** | **Medium-Large** | **Large** |
| Groundnuts | 50 | 76 | 103  | 37 | 50 | 63 | 76 | 89.5 | 103 | 116.5 | 40 | 59 | 76 | 85 | 110 |
| Bananasa | 45 | 60 | 82 | 37.5 | 45 | 52.5 | 60 | 71 | 82 | 93 |  |  |  |  |  |
| Nsima | 565 | 836 | 1,088 | 429.5 | 565 | 700.5 | 836 | 962 | 1,088 | 1214 | 492 | 668 | 836 | 988 | 1,184 |
| Bean stew | 124 | 186  | 273 | 93 | 124 | 155 | 186  | 229.5 | 273 | 316.5 | 110 | 138 | 186 | 245 | 311 |
| Vegetable stew | 43  | 70 | 102 | 29.5 | 43 | 56.5  | 70  | 86  | 102 | 118 | 36 | 52 | 70 | 91 | 122 |
| Water  | 100 | 200 | 300 | 50 | 100 | 150 | 200  | 250  | 300 | 350 | 67 | 133 | 200 | 267 | 333 |

a We did not include images for bananas with five portion sizes because there was not enough variation in sizes available in the markets to include five.