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| **Supplemental Table S1.** Characteristics of respondents to the 2003-2004 and 2015-2016 waves of the Project EAT study, weighted to reflect the original sample of cohort participants enrolled at Minneapolis-St. Paul, MN public schools in 1998-1999 |
|  | Responders in 2003-04 & 2015-16 (n=1620),% |
| Sex |  |
|  Male | 51.0 |
|  Female | 49.0 |
| Race |  |
|  White | 48.0 |
|  African American | 19.3 |
|  Asian | 19.3 |
|  Other | 13.4 |
| Age group |  |
|  25-29 years | 26.4 |
|  30-36 years | 73.6 |
| Education (degree) |  |
|  High school  | 29.3 |
|  2-year post-secondary  | 27.5 |
|  4-year post-secondary | 29.8 |
|  Graduate/professional | 13.4 |
| Household income |  |
|  Less than $20K | 10.0 |
|  $20K to <$50K | 34.1 |
|  $50K to <$75K | 21.8 |
|  $75K or higher | 34.0 |
| Parental status |  |
|  No children | 45.7 |
|  One or more child | 54.3 |
| Vegetarian status |  |
|  Non-vegetarian | 97.1 |
|  Vegetarian | 2.9 |