**Supplementary material**

**Search strategy and search terms used to identify systematic reviews or meta-analyses on food groups and stroke**

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|   |
| 1. systematic
 |
| 1. meta-analysis
 |
| 1. meta analysis
 |
| 1. systematic review\*
 |
| 1. review literature
 |
| 1. OR/1-5
 |
| 1. stroke.mh
 |
| 1. stroke.ti,ab
 |
| 1. cerebrovascular accident\*.ti,ab
 |
| 1. brain vascular accident.ti,ab
 |
| 1. CVA.ti,ab
 |
| 1. brain infarction.ti,ab
 |
| 1. brain ischemia.ti,ab
 |
| 1. cerebral infarction.ti,ab
 |
| 1. ischemic stroke.ti,ab
 |
| 1. cerebral hemorrhage.ti,ab
 |
| 1. hemorrhage stroke.ti,ab
 |
| 1. OR/7-17
 |
| 1. food.mh
 |
| 1. food\*.ti,ab
 |
| 1. diet\* ti,ab
 |
| 1. nutrition\*. ti,ab
 |
| 1. vegetable. ti,ab
 |
| 1. fruit. ti,ab
 |
| 1. nut. ti,ab
 |
| 1. soy. ti,ab
 |
| 1. legume. ti,ab
 |
| 1. grain\*. ti,ab
 |
| 1. animal product\*. ti,ab
 |
| 1. meat. ti,ab
 |
| 1. fish. ti,ab
 |
| 1. dairy. ti,ab
 |
| 1. egg. ti,ab
 |
| 1. coffee. ti,ab
 |
| 1. tea. ti,ab
 |
| 1. sugar-sweetened beverage\*. ti,ab
 |
| 1. OR/19-36
 |
| 1. 6 AND 18 AND 37
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