**Supplemental Table 1: Prevalence Ratio of consuming ≥5 Servings of FV per day predicted by women’s fruit and vegetable-related awareness and perceptions and food security (n=279)\***

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| **Exposures** | **PR** | **95% CI** |
| Awareness: Correctly responded that eating 5 or more FV  servings/day is recommended | 1.28 | 0.83-1.97 |
| Self-efficacy: How sure are you that you can eat 5 or more FV  servings on most days over the next year | 1.13 | 0.74-1.73 |
| Physical barrier: Drive own vehicle to the store for major grocery  shopping | 1.50 | 1.00-2.24 |
| Physical barrier: It is easy to buy FV in my neighborhood | 1.00 | 0.63-1.61 |
| Physical barrier: Miles from the grocery store where most shopping  is done | 0.94 | 0.88-1.01 |
| Cost barrier: Eating 5 FV servings a day is difficult because they cost  too much | 0.94 | 0.59-1.50 |
| Waste barrier: I waste too much food when I serve fruits and  vegetables | 0.71 | 0.39-1.30 |
| Time barrier: I don’t have time to fix vegetables | 0.44 | 0.07-2.89 |
| Low/very low food security | 1.04 | 0.68-1.60 |
| Tried to eat fewer calories in the last month to try to lose or keep  from gaining weight | 1.32 | 0.87-1.99 |

FV, fruit and vegetable; PR, prevalence ratio. \*All variables were added into the single model simultaneously, unadjusted for confounders.